

Gowning



Disclaimer

A series of booklets has been developed by the Clinical Skills Lab team (staff, recent graduates and students) from the School of Veterinary Sciences, University of Bristol, UK.

Please note:

- Each booklet illustrates one way to perform a skill and it is acknowledged that there are often other approaches. Before using the booklets students should check with their university or college whether the approach illustrated is acceptable in their context or whether an alternative method should be used.
- The booklets are made available in good faith and may be subject to changes.
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Year Group: BVSc3 +



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Equipment list: Gowning

Equipment for this station:

- Gown
- An assistant (to help with your gown)

Considerations for this station:

- Please re-pack the gown as you found it for use by other students – see ‘Resetting the gowning station’ at the end of the booklet
- The booklet demonstrates the use of a re-usable material gown; in practice disposable gowns are also used.

Anyone working in the Clinical Skills Lab must read the ‘CSL_I01 Induction’ and agree to abide by the ‘CSL_I00 House Rules’ & ‘CSL_I02 Lab Area Rules’

Please inform a member of staff if equipment is damaged or about to run out.



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Clinical Skills: Gowning

1



Pick up the gown and stand in a clear space where people aren't going to brush past you and contaminate you or the gown.

2



Locate the sleeve holes and hold the gown by the shoulders. This should ensure that the gown is the correct way round.

3



Keeping hold of the sleeve holes and shoulders and, keeping your hands high enough that the gown won't touch the floor, let the gown fall and unfold.

4



5



Insert your hands into the sleeves and work your arms into and along the sleeves.

6



Stop when the gown sleeve cannot be advanced any further along your arms and locate an assistant. Don't let your hands exit the sleeves if you are going to be 'closed gloving.'



Clinical Skills: Gowning

7



The assistant takes hold of the inside of the gown at each shoulder and pulls it on fully. The assistant then ties the neck tie (tapes).

8



9



The assistant then ties the back of the gown. Some gowns have a tie (tapes) that extends round your waist. With such gowns you must hand the sterile tie to the assistant who will then draw the tie around your waist. Disposable gowns also have a tie at the front which is supplied attached to a piece of card. With these gowns you hold one end of the card, detach the other end from the tie then hand it to an assistant. Turn around fully (i.e. through 360°) and then take hold of the tie at the level of the card, pull it free and tie securely.



How to stand in readiness for gloving:

Hands up and clasped together

← For **open gloving** your hands will protrude from the gown sleeves

For **closed gloving** your hands will be within the gown sleeves →





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Resetting the Gowning Station

1



Pick the gown up by the collar, with the sleeves the right way out and the outside surface of the gown facing towards you.

2



Lay the gown on a flat surface with the gown inside surface facing down.

3



Fold the sleeves into the middle of the gown.

4



Fold one edge of the gown into the middle.

5



Fold the other edge of the gown into the middle.

6



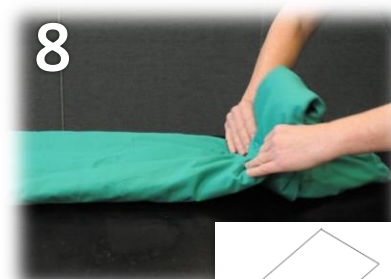
Tuck all the ties (tapes) inside the gown.

7

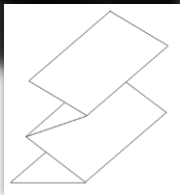


Fold both edges (marked 'A' in 6) so that the gown is just the width of the collar

8



Starting at the collar, 'concertina' the gown to fold it.



9



Station ready for the next person.

Please inform a member of staff if equipment is damaged or about to run out.



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I wish I'd known: Gowning

- Give yourself plenty of space, beware of corners of tables, other people i.e. anything that you could touch accidentally.
- Hold the gown up high , gowns are longer than you think!