

Swimming pool timetable

1 October to 20 December 2026

Mon	Tues	Wed	Thu	Fri	Sat	Sun
07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	08:00 - 09:00 Lane swim (4)	
					09:00 - 10:30 Lane swim (4)	09:00 - 10:00 Lane swim (5) S.School
						10:05 - 11:00 Casual swim
11:00 - 11:55 Casual swim	11:00 - 11:55 Community Exercise	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim	10:30 - 12:15 Lane swim (4)	11:05 - 12:00 Lane swim (4) S.School
12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)		
						13:30 - 14:30 Mission Inflatable
14:45 - 15:30 Casual swim		14:30 - 15:25 Casual swim			14:00 - 15:00 Private hire	
15:35 - 17:00 Lane Swim (4) Swim School	15:00 - 15:55 Casual swim	15:30 - 17:00 Lane Swim (4) Swim School	15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 16:00 Private hire	
17:00 - 18:00 Lane swim (4) Swim School	16:00 - 17:00 Lane swim (4) Swim School			17:00 - 18:00 Lane swim (4) S.School		
			19:00 - 20:30 Lane swim (4) S.School			
	20:00 - 21:00 Women-only swim* (6)					

Active memberships



Choose the access you need, for the activities you want. As a member, you'll get discounted rates on merch, court hire & some 1:1 services (e.g. physiotherapy)!

Swim School bookings

Manage bookings, check swim stage progress + more via the **HomePortal!** Access it via the **University of Bristol Active app.** 

Book a
swim
session

(UOB Active app)



Make a
general
enquiry



During Swim School, the teaching pool is unavailable for use. Casual swim sessions have 2 lanes (morning) or 3 lanes (afternoon).

*Swim for women and those who identify as women. Available for over 16s only.