

# Swimming pool timetable.

20 APRIL TO 19 JULY 2026

Mon	Tues	Wed	Thu	Fri	Sat	Sun
07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	08:00 - 09:00 Lane swim (4)	
						Swim School
11:00 - 11:55 Casual swim	11:00 - 11:55 Community exercise	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim	10:30 - 12:30 Lane swim (4)	
12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)		12:00 - 13:00 Lane swim (5) <small>S.School</small>
						13:30 - 14:25** Mission Inflatable
		14:30 - 15:55 Casual swim			14:00 - 15:00 Private hire	
15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim		15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 16:00 Private hire	
16:00 - 17:30 Lane swim (4) <small>Swim School</small>	16:00 - 17:30 Lane swim (4) <small>Swim School</small>	16:00 - 17:00 Lane Swim (4) <small>S.School</small>	16:00 - 17:00 Lane swim (4) <small>Swim School</small>	16:00 - 17:00 Lane swim (4) <small>Swim School</small>		
17:30 - 19:00 Lane swim (4) <small>Swim School</small>	17:30 - 19:00 Lane swim (4) <small>Swim School</small>		17:00 - 18:00 Lane swim (4) <small>Swim School</small>	17:00 - 18:00 Lane swim (4) <small>Swim School</small>		
	20:00 - 21:00* Swim for Women+					

## Open Water Swim event

Saturday 3 October 2026



Join us for 750m | 1.5K | 2.5K, in the crystal-clear waters of The Lake at Cromhall Quarry! Enter via [bristol.ac.uk/sport/events](http://bristol.ac.uk/sport/events).

## Swim School bookings

Manage bookings, check swim stage progress + more via the **HomePortal!** Access it via the **University of Bristol Active app.**

BOOK A  
SWIM  
SESSION

(UOB Active app)



MAKE A  
GENERAL  
ENQUIRY



During Swim School, the teaching pool is unavailable for use. Casual swim sessions have 2 lanes (morning) or 3 lanes (afternoon).

\*Swim for women & those who identify as women. Available for over 16's only.

\*\*Mission Inflatable public sessions commence 10 May 2026.