

Swimming pool timetable.

5 JANUARY TO 2 APRIL 2026

Mon	Tues	Wed	Thu	Fri	Sat	Sun
07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	07:30 - 09:00 Lane swim (6)	08:00 - 09:00 Lane swim (4)	
					Swim School	09:00 - 10:00 Lane swim (5) <small>S.School</small>
						10:05 - 11:00 Casual swim
11:00 - 11:55 Casual swim	11:00 - 11:55 Community exercise	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim	11:00 - 11:55 Casual swim		10:30 - 12:30 Lane swim (4)
12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)	12:00 - 13:30 Lane swim (6)		12:00 - 13:00 Lane swim (5) <small>S.School</small>
					14:00 - 15:00 Private hire	
15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 15:55 Casual swim	15:00 - 16:00 Private hire	
16:00 - 17:30 Lane swim (4) <small>Swim School</small>	16:00 - 17:30 Lane swim (4) <small>Swim School</small>	16:00 - 17:00 Lane Swim (4) <small>S.School</small>	16:00 - 17:00 Lane swim (4) <small>Swim School</small>	16:00 - 17:00 Lane swim (4) <small>Swim School</small>		
17:30 - 19:00 Lane swim (4) <small>Swim School</small>	17:30 - 19:00 Lane swim (4) <small>Swim School</small>		17:00 - 18:00 Lane swim (4) <small>Swim School</small>	17:00 - 18:00 Lane swim (4) <small>Swim School</small>		
	20:00 - 21:00 Swim for Women+					

Mission Inflatable

Available for private hire!



To enquire about Mission Inflatable private hire availability, please complete our online enquiry form.

Swim School bookings

Manage bookings, check swim stage progress + more via the **HomePortal!** Access it via the  **University of Bristol Active app.**

BOOK A
SWIM
SESSION

(UOB Active app)



MAKE A
GENERAL
ENQUIRY



During Swim School, the teaching pool is unavailable for use. Casual swim sessions have 2 lanes (morning) or 3 lanes (afternoon).

*Swim for women & those who identify as women. Available for over 16's only.