



On Thursday 6 June we celebrated the outstanding achievements of our student athletes at the annual REDS Awards ceremony. The event took place at Goldney Hall and was attended by 80 students, alumni and staff – including the University's Vice Chancellor, Evelyn Welch.

Ceremony

The event featured a light Olympic theme with VIP guest speakers including former Rugby 7s Olympian (Tokyo 2020, Rio 2016 – silver medalist) and alumnus Tom Mitchell, and 'Spennylympics' fundraiser and medical student Charlotte Nichols MBE, joining us for a panel discussion with Performance Sport Manager Matt Paine.

The dining tables set up in the Orangery at Goldney were aptly named after several other Olympic alumni, including James Peters (Sailing) and Dan Bethell (Para-badminton), who are set to compete in Paris this summer, and the welcome sunshine allowed for drinks and mingling in the stunning venue gardens.

Award winners

This year, eight students won a Bristol RED, including a World para-triathlon athlete who is hoping to represent Team GB at the Paris 2024 Paralympic Games. The Bristol RED was first introduced in 1979 and has since been received by more than 400 students who have performed in their chosen sport with great distinction.

Other honourable awards presented on the night include the Director's Award, Inclusivity Award, Wellbeing Award and the Ben Dudley Coach of the Year.

Director of Sport, Exercise and Health Matt Birch said: "The REDS Awards ceremony offers a memorable occasion to honour our student athletes, and the talent demonstrated this year has been exceptional. This year is the first time we've presented the Wellbeing Award and we're proud to see sporting achievements extending beyond the court or pitch, as our students make efforts to reduce stigma around mental health and bring about positive change in club culture".

Bristol RED Award winners

Ava Duis – Boxing | Eleanor Green – Gymnastics | Bella Penny – Lacrosse | Jonathan Chin – Weightlifting | Matthew Kaminer – Triathlon | Michael Taylor – Paratriathlon | Olivia Hardingham – Weightlifting | Phoebe Maslen – Netball.

Director's Award winners

Charlotte Nichols – Rugby | Jack Bilbruck – Football | Nicola Vizer – Trampoline | Tadhg Kelly-Morgan – Boxing | Torin Reedman – Tennis.

Honourable award winners

The **Inclusivity Award** went to the University of Bristol Ladies' Hockey Club (UBLHC) who were pivotal in a recent campaign to change the Bristol SU Code of Conduct and the **Wellbeing Award** was presented to University of Bristol Men's Football Club (UBAFC) who have developed a supportive club community, including sober socials and a partnership with the Oli Leigh Trust – a charity for suicide prevention and mental wellbeing.

Head Coach for Tennis Ali Blackett scooped the **Ben Dudley Coach of the Year Award**, following a fantastic season which saw both men's and women's teams reach the [BUCS Playoffs](#), and a subsequent promotion for the men's first team to the Premier South league.

All of the winners were nominated by coaches, sporting staff and club captains.

[Read more](#) about Charlotte Nichols MBE and her £155k Olympic fundraising challenge, the Spennylympics

[Read more](#) about Tom Mitchell and the University's Tokyo 2020 Olympic alumni



Images:

- 1 – Event table display at Goldney Hall
- 2 – Guest speakers Tom Mitchell and Charlotte Nichols MBE on stage with Performance Sport Manager Matt Paine
- 3 – RED Award winner Matt Kaminer with Vice Chancellor Evelyn Welch
- 4 – 2024 REDS Award winners