

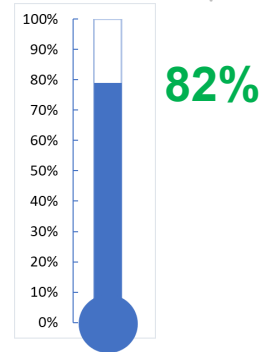
## Prepare for Kidney Care Participant Newsletter

GOAL

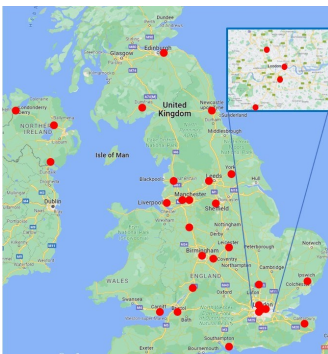
Welcome to our first participant newsletter for the Prepare for Kidney Care study created to keep you up-to-date on our progress. We will be sending these out to you at the same time as your questionnaires.

The Prepare for Kidney Care study has now been running for 7 years, and we would like to say a huge thank you for taking part in this vital work.

New patients are still being recruited into the study, and we are delighted to now have 421 patients taking part, which is 82% of our final target of 512!



## Across the UK

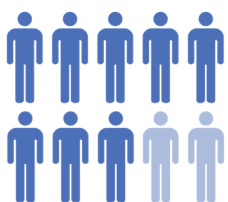


The Prepare for Kidney Care study aims to help people over the age of 65 with kidney disease make the right decision for them when their kidney function is getting very low.

In the study, patients are randomly allocated to either a pathway where they will plan to have renal dialysis, or a pathway where they will plan to have supportive treatment and care without dialysis, should their symptoms progress. The study will then compare the health and quality of life of the patients in the two pathways.

The study is being run in 31 NHS Trusts across the UK, with Dundee, 3 sites in Northern Ireland, and Salford recently coming on board!

Please visit our website [www.bristol.ac.uk/prepare-kc-trial](http://www.bristol.ac.uk/prepare-kc-trial) for more information about the study including videos answering [frequently asked questions](#). Or use your smart phone / tablet to scan this QR code!



## Study questionnaires - quality of life matters

8 in 10 participants are returning their completed quality of life questionnaires. Thank you!

These questionnaires are so important for the research and assessing the quality of the treatment.



## What happens next?

**May 2024** — we will finish recruiting new patients into the study

**May 2025** — all patients will finish their time in the study

**Mid 2026** — we will have results and share them with you!



**You will be informed of the study results by newsletter once they are finalised!**

## Spotlight on....

In a recent interview with a Prepare for Kidney Care patient, Derek spoke about how he joined the study and how he has found the experience so far.

Scan the QR code below to watch his interview, or enter this address into your search bar:

<https://www.youtube.com/watch?v=QI8KkJloQMs>



Take a moment to appreciate the great team of specialists supporting renal patient care and complete our wordsearch! Look out for the answers in the next newsletter.

## Renal Care Specialist Word Search

K I U P S O X X G D I T O P I A P N D  
S C J A L W D R E N A L N U R S E I S  
X M A V C U P I N D S S G P L S A E H  
Y P M Y I N Q J E S J K P E E L E E S  
P R I P C M C S R T I T H C E D S D S  
G P R P D A C K A T I K Y G N L R A I  
G U H T L R K X L N S C S G E D U J C  
U R U A I S M S P Y Q P I S Y I S I N  
P H W G R O Z K R L L S O A G S H S S  
A T A D A M G M A S R J T I N T L A T  
S G E G L R A U C A I T H S X R E A A  
A I S S L S B C T W T S E E N I X E T  
C E D I A L Y S I S N U R S E C N C O  
T R K E M P A C T S B I A G S T O P I  
E R R G C J E O I C T H P S G N S I E  
N P X N E P H R O L O G I S T U S R T  
C A I E T C W L N E Y A S Y V R C U T  
N E N I I P C B E O S H T R C S A X C  
I T E R E S E A R C H N U R S E H S J  
V A S C U L A R S U R G E O N H O E I

DIALYSISNURSE DIETCIAN DISTRICTNURSE  
GENERALPRACTITIONER NEPHROLOGIST  
PHARMACIST PHYSIOTHERAPIST RENALNURSE  
RESEARCHNURSE VASCULARSURGEON



### Meet our team!

Professor Fergus Caskey, a consultant nephrologist at Southmead Hospital in Bristol, is leading the study.

The study is supported by a dedicated team including:

- Kidney doctors and research nurses across the UK
- Patients
- Experts in clinical trials



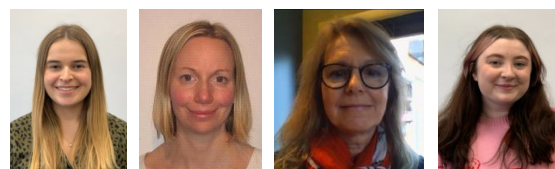
The study is managed by the Bristol Trials Centre, which is part of the University of Bristol.

**Trial Managers:** Alexandra Soundy & Jo Worthington

**Lead nurse:** Karen Alloway

**Trial administrator:** Laurie Cox

Contact: [prepare4kc@bristol.ac.uk](mailto:prepare4kc@bristol.ac.uk), Tel: 0117 455 3159



*Prepare for Kidney Care: a randomised controlled trial of preparing for responsive management versus preparing for renal dialysis in advanced kidney disease. This project is funded by the National Institute for Health Research Health Technology Assessment Programme (HTA) (15/57/39). The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the HTA, NIHR, NHS or the Department of Health.*

