

# South West SAPC 2020 – Overview (Day 1)

## Thursday 5 March

Time	Session	Room
09.00–11.00	Registration/refreshments	Events Lounge
09.15–10.45	Workshops: Telling stories about breathlessness Digital Health Intervention How to win at Twitter Educational Games	Ballroom 1 Ballroom 2 Frank Barnwell George White
11.00–11.05	Welcome: <i>Katrina Turner</i>	Ballroom 1
11.05–11.45	Keynote speaker 1: <i>Professor Sir Sam Everington</i>	Ballroom 1
11.50–12.50	Parallel session 1: a) Access and equity (1) b) Cancer c) Education d) Diagnosis (1)	Ballroom 1 Ballroom 2 Frank Barnwell George White
12.50–14.00	Lunch	Events Lounge
13.00 – 13.45	Primary Healthcare Scientists (PHoCuS) meeting: for non-medical SAPC delegates	George White
14.00 –15.00	Parallel session 2: a) Access and equity (2) b) Skin c) Domestic violence d) Respiratory	Frank Barnwell Ballroom 1 Ballroom 2 George White
15.00–16.00	Poster viewing/refreshments	William Jessop Suite
16.00–17.00	Parallel session 3: a) Diagnosis (2) b) Urgent and out of hours care c) Multimorbidity/Health services research d) Cardiovascular	Ballroom 1 Frank Barnwell Ballroom 2  George White
17.00–18.30	Optional recreational activities: Tour of Wills Memorial Building Tower Harbourside run Bristol Ferry ride	Various locations (see 'Social programme')
19.30–20.00	Drinks reception	Events Lounge
20.00–midnight	Conference dinner followed by live music from The Regz	Ballroom 1

# South West SAPC 2020 – Overview (Day 2)

Friday 6 March

Time	Session	Room
08.30–09.00	Registration/refreshments	Events Lounge
09.00–09.05	Welcome: <i>John Macleod</i>	Ballroom 2
09.05–09.45	Keynote speaker 2: <i>Dr Helen Atherton</i>	Ballroom 2
09.50–10.50	Parallel session 4: a) Public health/lifestyle b) Complexity/long-term conditions c) Mental health (1) d) IT and communication	Ballroom 1 Ballroom 2 George White Frank Barnwell
10.50– 11.25	Poster viewing/refreshments	William Jessop Suite
11.25–12.25	Parallel session 5: a) Mental health (2) b) Patient-clinician relationship c) Prescribing d) Infection	Ballroom 1 Frank Barnwell Ballroom 2 George White
12.30–13.10	Keynote speaker 3: <i>Professor David Kessler</i>	Ballroom 2
13.10–13.20	Closing speech and prizes	Ballroom 2
13.20	Packed lunch to take away	Events Lounge

# Parallel sessions

Parallel session 1 Thursday 5 March 11.50-12.50

		<b>1a. Access and equity (1)</b> <i>Chair: Matthew Booker</i> <i>Room: Ballroom 1</i>	<b>1b. Cancer</b> <i>Chair: Willie Hamilton</i> <i>Room: Ballroom 2</i>	<b>1c. Education</b> <i>Chair: Lucy Yardley</i> <i>Room: Frank Barnwell</i>	<b>1d. Diagnosis (1)</b> <i>Chair: Alastair Hay</i> <i>Room: George White</i>
<b>Oral Presentations</b>	11.50	1a.1 Which patients miss booked appointments with their general practice and why? A systematic review. <i>Jo Parsons and Carol Bryce, University of Warwick</i>	1b.1 Acceptability, understanding and experience of diagnostic tests for prostate cancer: a qualitative study with GPs. <i>Sam Merriel, University of Exeter</i>	1c.1 EMPATHICA - Developing an Empathy and Optimism training tool for Healthcare Practitioners. <i>Kirsten Smith, University of Southampton</i>	1d.1 A meta-analysis over multiple thresholds to compare two prediction rules for acute pharyngitis. <i>Brian Willis, University of Birmingham</i>
	12.05	1a.2 Is continuity of primary care declining in England? A longitudinal study at practice-level with repeated measures for the years 2012 to 2017. <i>Peter Tammes, University of Bristol</i>	1b.2 Oesophagogastric cancer: Timeliness of diagnosis in patients with pre-existing disease. <i>Sarah Price, University of Exeter</i>	1c.2 Continuing Professional Development for General Practitioners in Myanmar: a pilot programme. <i>Kerran Kandola, St Barnabas Hospice</i>	1d.2 A mixed-methods evaluation of a novel microbiological point-of-care test for patients with respiratory tract infections in primary care. <i>Tanzeela Khalid, University of Bristol</i>
	12.20	1a.3 A Quantitative Service Evaluation of a Telephone Outreach Initiative to Enhance the Uptake of NHS Health Checks. <i>Nikki Coghill, University of Bath</i>	1b.3 Guideline discordant diagnostic care: when do primary care referrals not reflect guidelines for suspected cancer? <i>Gary Abel, University of Exeter</i>	1c.3 GP trainees' and First5's preparedness for complaints. <i>Olivia Jagger, University of Southampton</i>	1d.3 Development of the Birmingham Lung Improvement Studies (BLISS) prognostic score for COPD patients in primary care: data from the Birmingham COPD cohort. <i>Andy Dickens, University of Birmingham</i>
<b>Poster Elevator Pitches</b>	12.35	1a.4 Inequalities in place of death associated with deprivation in England. <i>Sam Hodgson, University of Southampton</i>	1b.4 Acceptability, understanding and experience of diagnostic tests for prostate cancer: a qualitative study with patients. <i>Sam Merriel, University of Exeter</i> <i>(This is an oral presentation)</i>	1c.4 What do medical students expect from primary care teaching? <i>Zoe Brown, GP and Lucy Jenkins</i>	1d.4 Professionals' views on using point-of-care CRP testing and delayed antibiotic prescriptions: a focus group study in high antibiotic prescribing general practices. <i>Sarah Tonkin-Crine, University of Oxford</i>
	12.40	1a.5 Chinese People within End of Life Care in Community Settings: A Scoping Review. <i>Susan Zhao, University of Warwick</i>		1c.5 The Development of Palliative Care Education and Training for General Practitioners in Yangon, Myanmar: a workshop success. <i>Kerran Kandola, St Barnabas Hospice</i>	1d.5 Perspectives on laboratory tests in chronic disease monitoring: preliminary results from a survey among GPs across UK. <i>Martha Elwenspoek, University of Bristol</i>
	12.45	1a.6 How do we offer Improved Access with limited staff? <i>Kim Harman, BANES Enhanced Medical Service</i>			

Parallel session 2 Thursday 5 March 14.00–15.00

		<b>2a. Access and equity (2)</b> <i>Chair: Peter Tammes Room: Frank Barnwell</i>	<b>2b. Skin</b> <i>Chair: Matt Ridd Room: Ballroom 1</i>	<b>2c. Domestic Violence</b> <i>Chair: Eszter Szilassy Room: Ballroom 2</i>	<b>2d. Respiratory</b> <i>Chair: Christie Cabral Room: George White</i>
<b>Oral Presentations</b>	14.00	2a.1 Do digital-first consultation models reduce or increase GP workload? <i>Chris Salisbury, University of Bristol</i>	2b.1 Views and experiences of managing eczema: systematic review and thematic synthesis of qualitative studies. <i>Emma Teasdale, University of Southampton</i>	2c.1 Domestic violence screening in pregnancy and postpartum in Coventry and Warwickshire; an investigation into barriers. <i>Caitlin Edwards, University of Warwick</i>	2d.1 The At-Risk Registers Integrated into primary care to Stop Asthma crises in the UK (ARRISA-UK) trial: Has the ARRISA-UK intervention led to perceived improvements in the management of 'at-risk' asthma patients in primary care? <i>Saumil Hiremath, University of Exeter</i>
	14.15	2a.2 Awareness and use of online appointment booking in general practice: analysis of GP Patient Survey data. <i>Mayam Gomez Cano, University of Exeter</i>	2b.2 What are the barriers to treatment use amongst parents/carers of children with eczema and young people with eczema: questionnaire survey in primary care, secondary care and social media. <i>Katy Sivyer, University of Southampton</i>	2c.2 Domestic abuse (DA) amongst female doctor parents: a qualitative study. <i>Emily Donovan, University of Southampton</i>	2d.2 Retrospective treatment outcome study of treatment seeking for cough in China. <i>Xiao-Yang (Mio) Hu, University of Southampton</i>
	14.30	2a.3 Primary care community hubs: what are they for, what do they look like and do they work? A rapid review. <i>Lorna Duncan, University of Bristol</i>	2b.3 A systematic review with a network meta-analysis of topical treatments for acne. <i>Emma Maund, University of Southampton</i>	2c.3 What are women's experiences of the IRIS programme? A thematic analysis of free text quotations from service users for the year April 2018-March 2019. <i>Sophie Lloyd, University of Bristol</i>	2d.3 <i>Withdrawn</i>
<b>Poster Elevator Pitches</b>	14.45	2a.4 Work in progress: Mind the Gap: Understanding the implications of the digital divide on healthcare inequalities during the NHS digital transformation, for patients with long-term conditions. <i>Ben Ainsworth, University of Southampton</i>	2b.4 Validation of the RECAP measure of eczema long-term control. <i>Alisha Bhanot, University of Bristol</i>	2c.4 How does the media effect domestic violence in India? <i>Samya Sarfaraz, University of Bristol (This is an oral presentation)</i>	2d.4 The At-Risk Registers Integrated into primary care to Stop Asthma crises in the UK (ARRISA-UK) trial: How has the ARRISA-UK intervention been experienced and acted upon by different types of GP practices? A longitudinal, comparative case study. <i>Charlotte Reburn, University of Exeter</i>
	14.50	2a.5 Improving patient access to primary care through a nurse triage system. <i>Megan Elliott, University of South Wales</i>	2b.5 How does the elicitation and exploration of parent treatment preferences effect the conduct of primary care trials with children: a secondary qualitative analysis of baseline visits within the Best Emollient for Eczema (BEE) trial. <i>Grace Boyd, University of Bristol</i>		2d.5 EXCALIBUR: Treating Acute EXacerbation of COPD with Chinese HerbAL Medicine to aid AntiBiotic Use Reduction. <i>Tom Oliver, University of Southampton</i>
	14.55		2b.6 The Eczema Care Online (ECO) trial RCT protocol: how clinical and cost-effective are two online interventions to support eczema self-care? <i>Mary Steele, University of Southampton</i>		2d.6 What clinical signs, symptoms, and investigations are associated with poor prognosis in children with respiratory tract infections? <i>George Edwards, University of Oxford</i>

Parallel session 3 Thursday 5 March 16.00–17.00

		<b>3a. Diagnosis (2)</b> <i>Chair: Sam Merriel Room: Ballroom 1</i>	<b>3b. Urgent and out of hours care</b> <i>Chair: Alyson Huntley Room: Frank Barnwell</i>	<b>3c. Multimorbidity/Health services research</b> <i>Chair: Chris Salisbury Room: Ballroom 2</i>	<b>3d. Cardiovascular</b> <i>Chair: Rachel Johnson Room: George White</i>
<b>Oral Presentations</b>	16.00	3a.1 If it's less than twenty, you can turn around and say computer says no; Clinician perspectives on access to CRP testing in primary care out of hours bases. <i>Sharon Dixon, University of Oxford</i>	3b.1 Primary care streaming in emergency departments and perceived mechanisms for effectiveness <i>Michelle Edwards, Cardiff University</i>	3c.1 Characteristics, service use and mortality of clusters of multimorbid patients in England: a population-based study. <i>Rupert Payne, University of Bristol</i>	3d.1 Group-delivered interventions to improve control of blood pressure in hypertension. <i>Nataliya Makukha, University of Exeter</i>
	16.15	3a.2 To what extent do patients and GPs have a shared understanding of blood testing in primary care? <i>Jessica Watson, University of Bristol</i>	3b.2 How are paramedics deployed in general practice and what are the perceived benefits and drawbacks? A mixed methods scoping study <i>Matthew Booker, University of the West of England</i>	3c.2 'Bridging Gaps'- use of a coproduction approach to improve experiences accessing primary care for women with complex needs. <i>Helen Mcgeown, University of Bristol</i>	3d.2 Arm Based on LEg blood pressures (ABLE-BP): Can leg blood pressure measurements predict brachial blood pressure? An individual participant data meta-analysis from the INTERPRESS-IPD Collaboration. <i>Sinead McDonagh, University of Exeter</i>
	16.30	3a.3 Non-contact thermometers: a method comparison study assessing agreement with electronic axillary and infrared tympanic thermometers. <i>Gail Hayward, University of Oxford</i>	3b.3 Are National Early Warning Scores calculated in primary care associated with clinical outcomes during subsequent secondary care admissions? <i>Lauren Scott, University of Bristol</i>	3c.3 What is the role of primary care in reducing the decline in physical function and physical activity in people with long-term conditions? Findings from realist synthesis involving theory-building workshops, systematic and iterative literature searches. <i>Rebecca-Jane Law, Bangor University</i>	3d.3 Home and Online Management and Evaluation of Blood Pressure (HOME BP): Main results from a randomised controlled trial. <i>Richard McManus, University of Oxford</i>
<b>Poster Elevator Pitches</b>	16.45	3a.4 Rapid antigen test to detect strep A infection in patients with sore throat: evidence from a pathfinder NHS Sore Throat Test & Treat service in community pharmacies in Wales <i>Efi Mantzourani, Cardiff University</i>	3b.4 PERCH Preliminary Exploration of the Role of paramedics in Care Homes <i>Mark Kingston, Swansea University</i>	3c.4 What are the challenges to managing multimorbidity in the elderly, from both GP and patient perspectives? <i>Emily Brown, University of Exeter</i>	3d.4 Patients' views about screening for atrial fibrillation (AF): a qualitative study in primary care. <i>Christopher Wilcox, University of Southampton</i>
	16.50	3a.5 Impact of a Pathfinder Sore Throat Test & Treat service in community pharmacies on GP sore throat related consultation rates <i>Efi Mantzourani, Cardiff University</i>	3b.5 Senior clinical and business managers' perspectives on how different funding mechanisms and models of employing GPs in or alongside EDs influence wider system outcomes. Qualitative Study. <i>Mazhar Choudhry, Cardiff University</i>	3c.5 How do we evaluate social prescribing interventions: a utilisation-focused approach. <i>Emma Ladds, University of Oxford</i>	3d.5 Systolic inter-arm blood pressure difference and cognitive decline: Findings from the INTERPRESS-IPD Collaboration. <i>Christopher Clark, University of Exeter</i>
	16.55	3a.6 Diagnosis of peripheral arterial disease in primary care: a survey of general practitioners in England <i>Judit Konya, University of Exeter</i>		3c.6 Can a Primary Care Network deliver the NHS Long Term Plan? <i>Kim Harman, BANES Enhanced Medical Service</i>	3d.6 Two year outcomes of patients with newly diagnosed atrial fibrillation: UK findings from the GARFIELD-AF registry. <i>Patricia Apenteng, University of Warwick</i>

Parallel session 4 Friday 6 March 09.50–10.50

		<b>4a. Public health/lifestyle</b> <i>Chair: Carolyn Wallace</i> <i>Room: Ballroom 1</i>	<b>4b. Complexity/long-term conditions</b> <i>Chair: Jessica Watson</i> <i>Room: Ballroom 2</i>	<b>4c. Mental health (1)</b> <i>Chair: Katrina Turner</i> <i>Room: George White</i>	<b>4d. IT and communication</b> <i>Chair: Jeremy Horwood</i> <i>Room: Frank Barnwell</i>
<b>Oral Presentations</b>	09.50	4a.1 Effectiveness of physical activity promotion and exercise referral in primary care: a systematic review and meta-analysis of randomised controlled trials. <i>Jean-Pierre Laake, University of Warwick</i>	4b.1 The difficulty of measuring and communicating breathlessness-a cognitive interview study. <i>Alice Malpass, University of Bristol</i>	4c.1 Patient and Health Professional experiences of reducing antidepressant medication as part of the REDUCE feasibility RCT. <i>Samantha Williams, University of Southampton</i>	4d.1 Parents online exchanges about eczema treatments: qualitative analysis of online discussion forums. <i>Bethan Treadgold, University of Southampton</i>
	10.05	4a.2 What influences men's engagement with weight loss services? A qualitative study. <i>Megan Elliott, University of South Wales</i>	4b.2 Practice experiences of the At-Risk Registers Integrated into primary care to Stop Asthma crises in the UK (ARRISA-UK) intervention: a qualitative study. <i>Leon Poltawski, University of Exeter</i>	4c.2 REDUCE antidepressant reduction feasibility RCT. <i>Tony Kendrick, University of Southampton</i>	4d.2 How does the adoption of digital health tools in primary care impact clinician-patient communication? Some lessons from the DECODE study into unintended consequences. <i>Andrew Turner, University of Bristol</i>
	10.20	4a.3 Engagement of parkrun event teams in linking with GP practices to support patient and staff participation in local 5km events. <i>Joanna Fleming, University of Warwick</i>	4b.3 Exploring patients experience of living with diabetes in Ecuador: preliminary results of focus groups. <i>Jimmy Martin Delgado, Universidad Miguel Hernández de Elche</i>	4c.3 Therapeutic interventions to maintain abstinence from recently detoxified, alcohol dependence in primary care: a systematic review and network meta-analysis. <i>Hung-Yuan Cheng, University of Bristol</i>	4d.3 Optimisation of Eczema Care Online (ECO) a web-based intervention to support self-management: a qualitative think aloud interview study with parents or carers of children with eczema. <i>Mary Steele, University of Southampton</i>
<b>Poster Elevator Pitches</b>	10.35	4a.4 Household transmission of antibiotic resistant and susceptible bacteria: a systematic review. <i>Niamh Roberts, University of Bristol</i>	4b.4 What is the prevalence and impact of osteoporotic vertebral fractures in older women with back pain? Vfrac: Population-based cohort study. <i>Tarnjit Khera, University of Bristol</i>	4c.4 How much change is enough? Evidence from a longitudinal study on depression in UK primary care. <i>Daphne Kounali, University of Bristol</i>	4d.4 Do Electronic Palliative Care Coordination Systems (EPaCCS) increase the chances of a good death? <i>Lucy Pocock, University of Bristol</i>
	10.40	4a.5 The parkrun practice: an investigation of how GP practices use their websites in the promotion of parkrun to patients. <i>Rebecca Mensah, University of Warwick</i>	4b.5 Academic General Practitioners as realist researchers: Lessons learned. <i>Freya Davies, Cardiff University</i>	4c.5 Do primary care patients think it is important to consider anxiety separately from depression? <i>Charlotte Archer, University of Bristol</i>	4d.5 The use of digital health interventions by people with type two diabetes and implications for health inequalities: A qualitative study. <i>Sophie Turnbull, University of Bristol</i>
	10.45		4b.6 What methods are being used to create an evidence base underlying chronic disease monitoring in primary care? A scoping review. <i>Martha Elwenspoek, University of Bristol</i>		4d.6 Access Study: Realist evaluation of patient access to electronic medical test results services in general practice in England. <i>Gemma Lasseter, University of Bristol</i>



Parallel session 5 Friday 6 March 11.25–12.25

		<b>5a. Mental health (2)</b> <i>Chair: Alice Malpass</i> <i>Room: Ballroom 1</i>	<b>5b. Patient-clinician relationship and communication</b> <i>Chair: Fiona Wood</i> <i>Room: Frank Barnwell</i>	<b>5c. Prescribing</b> <i>Chair: Rupert Payne</i> <i>Room: Ballroom 2</i>	<b>5d. Infection</b> <i>Chair: Sarah Tonkin-Crine</i> <i>Room: George White</i>
<b>Oral Presentations</b>	11.25	5a.1 GPs' views and experiences of patients with an at-risk mental state (ARMS) for psychosis. <i>Daniela Strelchuk, University of Bristol</i>	5b.1 How can primary care clinicians optimise patient expectations about OA management? An exploratory study investigating patient perspectives about positive framing in the OA consultation. <i>Emily Lyness, University of Southampton</i>	5c.1 The impact of NHS England prescription guidance for Clinical Commissioning Groups on prescribing rates of simple analgesia in primary care. <i>Hannah Reichel, University of Warwick</i>	5d.1 Delayed Antibiotic Prescribing for Respiratory Tract Infections: an Individual Patient Data Meta-Analysis. <i>Beth Stuart, University of Southampton</i>
	11.40	5a.2 CARMEN: Evaluation of a Point of Care Device in improving physical health check uptake in two community mental health teams. <i>Joseph Butler, University of Oxford</i>	5b.2 Patient perspectives of empathic and positive communication for osteoarthritis in Primary Care: an analogue study. <i>Jane Vennik, University of Southampton</i>	5c.2 Amitriptyline at Low-dose and Titrated for Irritable Bowel Syndrome as Second-line Treatment (The ATLANTIS study): A Double-blind Placebo-controlled Trial. <i>Hazel Everitt, University of Southampton</i>	5d.2 Implementing a centralised nurse-led telephone-based service to manage chlamydia and gonorrhoea infections diagnosed in primary care: mixed methods evaluation. <i>Jeremy Horwood, University of Bristol</i>
	11.55	5a.3 Improving psychosis prediction using primary care consultation data (MAPPED Study). <i>Sarah Sullivan, University of Bristol</i>	5b.3 What are GPs perspectives, experiences and challenges when supporting patients with possible endometriosis in primary care? <i>Sharon Dixon, University of Oxford</i>	5c.3 Understanding the gap between prescribing guidelines and behaviour: a qualitative study in UK general practice. <i>Mary Carter, University of Bath</i>	5d.3 The early use of Antibiotics for at Risk CHildren with Influenza (ARCHIE): a double-blind randomised placebo-controlled trial. <i>Kay Wang, University of Oxford</i>
<b>Poster Elevator Pitches</b>	12.10	5a.4 The relationship between antipsychotic prescribing and the proportion of those with psychosis with a care plan: a cross-sectional study of practice-level data in England. <i>Ali Ridha, University of Warwick</i>	5b.4 An Exploration of Compassionate Care from the Perspectives of Older People, Carers and Service Providers. <i>Molly Curtis, University of South Wales</i>	5c.4 Development of a model of clinical medication review for use in clinical practice. <i>Deborah McCahon, University of Bristol</i>	5d.4 Using evidence-based infographics to increase parents' understanding about antibiotic use and antibiotic resistance: a proof-of-concept study. <i>Oliver van Hecke, University of Oxford</i>
	12.15	5a.5 Has the increased risk of cardiovascular mortality with Severe Mental Illness (SMI) compared to the general population changed over time? <i>Amanda Lambert, University of Birmingham</i>	5b.5 Communication between patients and primary care providers after discharge from hospital - a scoping review. <i>Rachel Spencer, University of Warwick</i>	5c.5 Factors predicting the prescribing of statins for the primary preventing of cardiovascular disease: an historical cohort study. <i>Samuel Finnikin, University of Birmingham</i>	5d.5 Clinicians views and experiences of implementing a complex intervention to reduce antibiotic prescribing in children with Respiratory Tract Infections in primary care. <i>Clare Clement, University of Bristol</i>
	12.20	5a.6 Do physicians in primary care and mental healthcare professionals in America treat marginalized patients holistically? A literature review. <i>Angel Bierce, University of Bristol</i>	5b.6 Discussions regarding dental recall interval: preferences for shared decision-making in dentistry. <i>Hannah Scott, Cardiff University</i>	5c.6 Adverse events associated with a patent Traditional Chinese Medicine (Shufeng Jiedu Capsule) in clinical practice: a systematic review and meta-analysis of randomized controlled trials. <i>Xiaoyang Hu, University of Southampton</i>	

