

Gambling problems in primary care

BACKGROUND

Gambling availability has grown in the UK since 2007, along with numbers of people reporting problems with gambling.

1 in 20

patients in routine general practice reported a gambling problem



1058 patients in 11 GP surgeries

0.9% Severe gambling problem

4.2% Low to moderate severity

7.2% Family member with a gambling problem



Vulnerable groups

25%

Young males (aged 18-24)

16%

Drug use

10%

Risky drinking

7%

Possible depression

OUTCOMES

Findings suggest an issue that is hidden from healthcare providers. There is need for recognition and responses to gambling problems in primary care.