

# Palliative and End of Life Care Research Network Meeting: Palliative Care for Older People

Hosts: Dr Lucy Selman & Dr Emily Henderson

Chair: Dr Lucy Pocock

26<sup>th</sup> September 2023

[bristol.ac.uk](http://bristol.ac.uk)



Palliative and End of Life  
Care Research Group

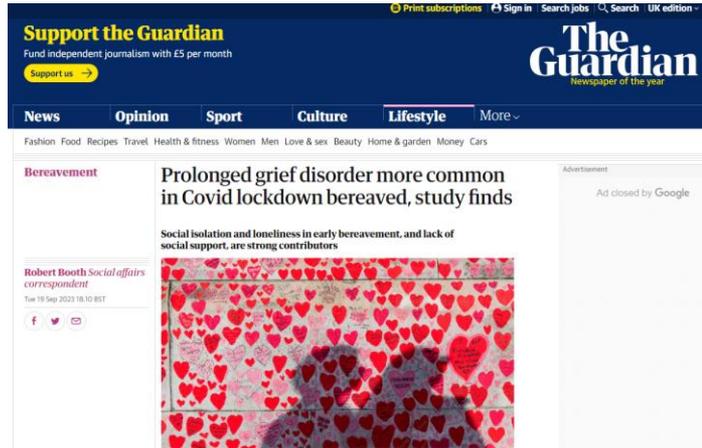
Bristol Medical School

# Housekeeping

- Please keep yourself on mute at all times
- Any questions or comments should be put in the chat box and we will read them out at the end of each talk
- Parts of the meeting will be recorded for publication on our website
- Please tweet using #PEoLCSW

#PEoLCSW

# News



The screenshot shows the top of a Guardian article page. At the top left, it says "Support the Guardian" with a subtext "Fund independent journalism with £5 per month" and a "Support us" button. The Guardian logo is on the right. Below the logo is a navigation bar with "News", "Opinion", "Sport", "Culture", "Lifestyle", and "More". A secondary navigation bar lists various topics like "Fashion", "Food", "Recipes", etc. The main article title is "Prolonged grief disorder more common in Covid lockdown bereaved, study finds". Below the title is a sub-headline: "Social isolation and loneliness in early bereavement, and lack of social support, are strong contributors". The author is "Robert Booth Social affairs correspondent". There is a social media sharing section with Facebook, Twitter, and Email icons. The main image is a collage of many small red hearts.

## Article:

<https://www.theguardian.com/lifeandstyle/2023/sep/19/prolonged-grief-disorder-more-common-in-covid-lockdown-bereaved-study-finds>

## Paper:

<https://www.frontiersin.org/articles/10.3389/fpubh.2023.1215881/full>

## Gicely Saunders Institute Open Seminar Series 2023

Bereavement outcomes and experiences during the Covid-19 pandemic: A longitudinal mixed-methods study with policy impact

Dr Lucy Selman, University of Bristol & Dr Emily Harrop, Cardiff University

**Wednesday 27<sup>th</sup> September. 16:00-17:00**

Hosted virtually via Microsoft Teams

### Abstract

The COVID-19 pandemic has been a devastating mass-bereavement event, with uniquely difficult sets of circumstances experienced by people bereaved at this time. Discussing results from a longitudinal survey and semi-structured interviews, this presentation considers the longer-term outcomes and experiences of people bereaved in the UK during the first two waves of the pandemic, with a focus on factors associated with symptoms of prolonged grief disorder. We also discuss the impact of our research on bereavement policy and practice.

Register for webinar – contact:  
rebeka.torlay@kcl.ac.uk

# News

Weston-super-Mare community network to tackle inequities in end-of-life care and bereavement support (Nov '22 – Jul '23).

- Website:  
<https://wsmcommunity.blogs.bristol.ac.uk/>
- Short film about Good Grief Weston:  
[https://www.youtube.com/watch?v=TKB-f28of\\_8](https://www.youtube.com/watch?v=TKB-f28of_8)

- Open access data dashboard for end-of-life care and bereavement now available on North Somerset Council website



**WSM Community Network Workstream 3: Data North Somerset Profile**

Navigation: Open, Fairer, Greener

**WSM Community Network Project**  
◊ Aim: to create a network that unites health and social care workers, people providing community assets, academics, and people with lived experience to work together to reduce health inequities in Weston and the North Somerset region.  
◊ Our focus is on inequities related to end-of-life care, bereavement support, social isolation and loneliness.

This dashboard has been created to look at where in North Somerset people die, and the characteristics of people living in those areas, using a variety of different data sources. When used interactively, it is possible to hover over data points for values (if not shown automatically on the visual due to size restraints) and to view axis labels in full (for example LSOA names on the Care Home Map page). Where possible, data is presented for Lower Layer Super Output Areas (LSOAs). Where this isn't possible, data is presented for Middle Layer Super Output Areas (MSOAs).

The ONS mid-2020 population estimates have been used as these are available by sex and age group for each LSOA.

Deaths per 1,000 = number of deaths per annum per 1,000 population. Rate calculated using mid-year population estimate for year death registered.

When using the dashboard interactively, different domains of deprivation can be selected on the majority of. Currently only the Index of Multiple Deprivation is used on the Most and Least Deprived pages.

Area type	Abbreviation	Description	Notes
Lower Layer Super Output Area	LSOA	Lower layer Super Output Areas (LSOAs) are made up of groups of Output Areas (OAs), usually four or five. They comprise between 800 and 1,200 households and have a usually resident population between 1,000 and 3,000 persons.	For the 2011 Census, there were 135 LSOAs within North Somerset. This has increased to 138 LSOAs for the 2021 Census. The increase is a result of three LSOAs being split: Gordale - The Friches, Hutton & Locking - RAF Locking East and WSM East - Ardfield. Each of these LSOAs has a population larger than 3,000 in 2021. As not all data sources are available with the new LSOA codes, all data in the dashboard has been presented using the original codes.
Middle Layer Super Output Area	MSOA	Middle layer Super Output Areas (MSOAs) are made up of groups of Lower layer Super Output Areas (LSOAs), usually four or five. They comprise between 2,000 and 8,000 households and have a usually resident population between 5,000 and 15,000 persons.	

# Introducing a new Mortality Dashboard for North Somerset

Webinar: 5 October 10-11am

Join us to find out more the new local digital dashboard on mortality, deprivation, end-of-life care and bereavement support, created by North Somerset Council in collaboration with the University of Bristol, Weston Hospicecare & Voluntary Action North Somerset (VANS)

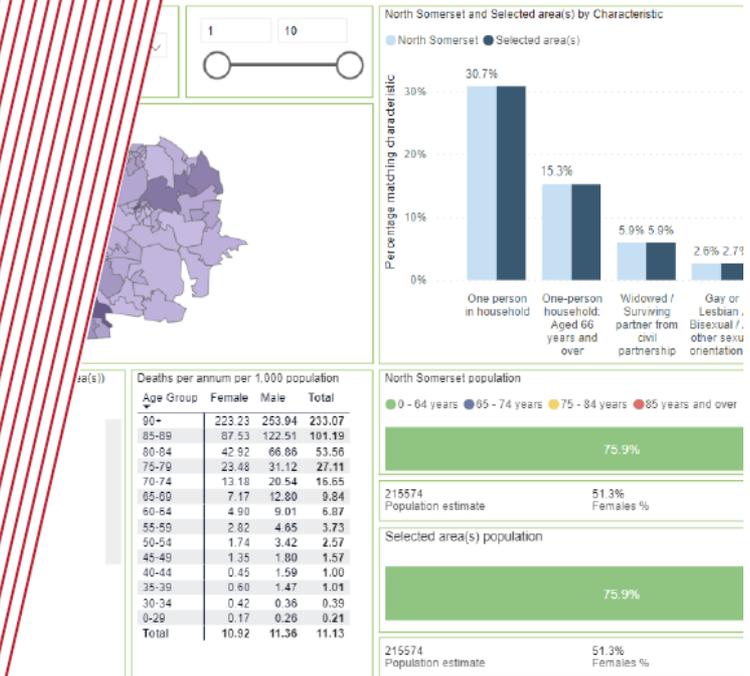
**Speakers:** Dr Charlotte Chamberlain (University of Bristol), Donna Davies & Nicola O'Driscoll (North Somerset Council), Sue Stone (VANS)

Open to all – register [here](#)  
For more information, contact [a.malpass@bristol.ac.uk](mailto:a.malpass@bristol.ac.uk)



[bristol.ac.uk](http://bristol.ac.uk)

- Contact Alice for info: [a.malpass@bristol.ac.uk](mailto:a.malpass@bristol.ac.uk)



# Good Grief Festival

30<sup>th</sup> September

9<sup>th</sup> October

[bristol.ac.uk](http://bristol.ac.uk)

## UPCOMING EVENTS



Sat 30th Sep 2023

**A Roadmap for Grieving the End of a Relationship with Antonio Pascual-Leone**



Sat 30th Sep 2023

**Heartbreak 101: Understanding Relationship Grief with Julia Samuel**



Sat 30th Sep 2023

**Finding Strength After Suicide with Poorna Bell + Julia Samuel**



Mon 9th Oct 2023

**Talking about and planning for the end of life in South Asian communities**

Register at: [goodgrieffest.com](http://goodgrieffest.com)

**THE GRIEF CHANNEL**



# Upcoming events

3rd INTERNATIONAL SEMINAR ON  
PUBLIC HEALTH RESEARCH IN  
PALLIATIVE CARE

A HUMAN RIGHTS BASED APPROACH  
FOR PALLIATIVE CARE: TOWARDS  
SOLUTIONS FOR PUBLIC HEALTH  
PALLIATIVE CARE

16 & 17  
November  
2023



Assembly Buildings in Belfast | [ppinto@allhpc.org](mailto:ppinto@allhpc.org)  
+353 14912948 | [professionalpalliativehub.com/eapcseminar](http://professionalpalliativehub.com/eapcseminar)



19TH SUPPORTIVE CARE FOR  
THE RENAL PATIENT MEETING  
17 - 18 OCTOBER 2023

Level 3  
The Studio Manchester  
The Hive, 51 Lever Street  
Manchester, M1 1FN



European Association for Palliative Care  
EAPC

Abstract submission now open

<https://eapccongress.eu/2024/>

EAPC 2024  
13th World Research Congress  
16-18th May, 2024  
Barcelona - Spain



Saturday, 14 October

**Palliative Care Works - 10th  
Annual Conference 2023  
(hybrid event)**

The Changing Landscape of Worldwide Palliative Care Education



Hospice UK National Conference 2023

6-8 November, ACC Liverpool

**Children's Grief Awareness Week**

Welcome to Children's Grief Awareness Week: 16 - 23 November 2023



# Looking for participants

## CONSULT-ADVANCE Study

Planning ahead for  
research participation:  
stakeholders' views about  
advance research planning



Centre for  
Trials Research  
Canolfan  
Ymchwil Trailion

- Seeking views of researchers and other professionals
- Contact: [ShepherdVL1@cardiff.ac.uk](mailto:ShepherdVL1@cardiff.ac.uk)

Are you involved in conducting research into dementia or another condition that may affect the person's ability to consent to research, or interested in the ethical or practical issues around advance planning for research participation?

When someone with dementia or another capacity-affecting condition is unable to provide their own consent to part in a research study, their families may be asked to decide on their behalf. However, some family members do not know what the person's wishes and preferences about research would be and find it difficult to make a decision.

Researchers at Cardiff University are exploring whether advance research planning – a process where you can express your wishes about being involved in research studies in the future – is acceptable and feasible.



We would like to hear the views of researchers involved in research into dementia or other capacity-affecting conditions and other professionals who are interested in advance research planning.



You can tell us your views by taking part in an online survey. The survey takes approx. 10 mins to complete. You will also have the opportunity to tell us if you would like to take part in an interview for the next stage of the project.



To complete the survey, please click on the link: <https://bit.ly/SEIPtC>



For more information, please contact: Dr Victoria Shepherd [ShepherdVL1@cardiff.ac.uk](mailto:ShepherdVL1@cardiff.ac.uk)

Introducing...

Dr Emily Henderson



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# News

## CHIEF-PD study recently won Lead Network Study of the Year 2023

Published 22/09/2023

The CHIEF-PD (CHolinesterase Inhibitor to prEvent Falls in Parkinson's Disease) study recently won Lead Network Study of the Year 2023 at the NIHR CRN research awards. Chief Investigator, [Associate Professor Emily Henderson](#), and members of the team attended the awards event at Guildhall in Bath to celebrate the achievements of all nominees.

CHIEF-PD is a research trial examining whether drugs normally used to treat people with memory problems can be used to reduce the number of falls that people with Parkinson's experience.

Across 39 NHS hospital sites in the UK, CHIEF-PD has enrolled 600 people with Parkinson's who had experienced a fall in the previous year. This makes CHIEF-PD the largest trial of a novel drug treatment in Parkinson's ever conducted in the UK.



Chief Investigator, Associate Professor Emily Henderson, and members of the team

# Agenda

13.00-13.10

*Welcome and news*

Dr Lucy Selman (Associate Professor in Palliative and End of Life Care, University of Bristol) and Dr Emily Henderson (Associate Professor in Ageing and Movement Disorders, University of Bristol)

13.10-13.35

*Keynote: Models of palliative care for older people in community settings*

Dr Anna Bone (Lecturer in Epidemiology and Palliative Care, King's College London)

13.35-13.55

*Delivering and evaluating palliative care within the context of a complex RCT*

Dr Katie Lloyd (Clinical Research Fellow, University of Bristol) and Dr Emily Henderson

13.55-14.15

*Teaching about dying in advanced age*

Dr Grace Pearson (Clinical Research Fellow, University of Bristol)

14.15-14.35

*North Bristol Care Home Interface Project*

Dr Carla Worth (GP with specialist interest in frailty)

14.35-14.55

*Using frailty to enhance advance resuscitation decisions*

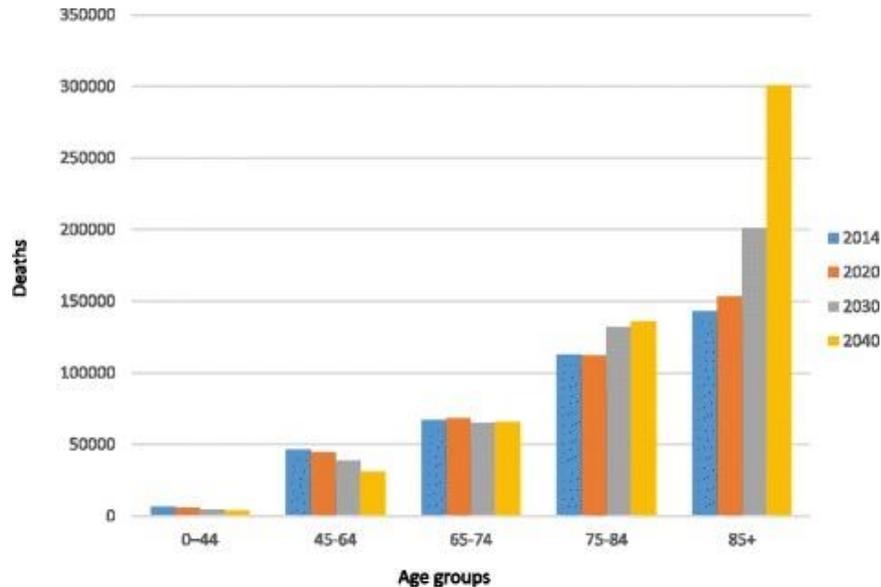
Dr Sarah Ibitoye (Consultant in Acute Internal Medicine and Perioperative Medicine, North Bristol NHS Trust)

14.55-15.00

*Close*

# Why is palliative care for older people important?

The number of people aged 85 and older who need palliative care will more than double, rising from 142,716 in 2014 (38.0% of overall palliative care need estimate) to 300,910 in 2040 (56.0% of the need estimate).



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Etkind SN, Bone AE, Gomes B, Lovell N, Evans CJ, Higginson IJ, Murtagh FEM. How many people will need palliative care in 2040? Past trends, future projections and implications for services. BMC Med. 2017 May 18;15(1):102. doi: 10.1186/s12916-017-0860-2. PMID: 28514961; PMCID: PMC5436458.

Introducing...

Dr Anna Bone



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*Close*

# Coming soon...

- Next research network meeting date: **22<sup>nd</sup> February 2024 10:00-12:00**
- Email [peolc@bristol.ac.uk](mailto:peolc@bristol.ac.uk) if you would like to present and send us your news for next time
- Follow us on Twitter @PEoLCSW or email us to be added to the mailing list: [peolc@bristol.ac.uk](mailto:peolc@bristol.ac.uk)

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