Season's Greetings
University of Bristol Library Services
Your library at Christmas...

VACATION LOANS

Seven Day Loan items borrowed from **Monday 9 December** will be due back on **Monday 6 January** at the earliest but will renew automatically unless requested by another reader.

We strongly recommend that One Day Loan items are not taken away from Bristol over the vacation because they may be requested by another reader and recalled at short notice.

STUDY FACILITIES DURING THE HOLIDAY

**Arts and Social Sciences Library**
- Monday 23 December (ground floor only): open 8am - 10pm
- Tuesday 24 December to Thursday 26 December: CLOSED
- Friday 27 December (ground floor only): open 24/7 from 8am
- Saturday 28 December to Monday 30 December (ground floor only): 24/7
- Tuesday 31 December (ground floor only): 24/7 until 10pm
- Wednesday 1 January: CLOSED
- Thursday 2 January to Sunday 5 January: ground floor 24/7, upper floors 8am - 8pm
- Monday 6 January: ground floor 24/7, all floors 24/7 from 8am

**Hawthorns Study Centre**
- Monday 23 December: open 8am - 10pm
- Tuesday 24 December to Thursday 26 December: CLOSED
- Friday 27 December: open 24/7 from 8am
- Saturday 28 December to Monday 30 December: 24/7
- Tuesday 31 December: 24/7 until 10pm
- Wednesday 1 January: CLOSED
- Thursday 2 January: open 24/7 from 8am

**Beacon House Study Centre**
- Open until 6pm Monday 23 December and then closed until 9am Thursday 2 January

**Grace Reeves Study Centre**
- Open until 10pm Monday 23 December and then closed until 8am Friday 3 January

**Senate House Study Centre**
- Open until 6pm Monday 23 December and then closed until 8am Friday 3 January

**OFF-CAMPUS ACCESS TO LIBRARY RESOURCES**

Many of the Library’s eBooks, eJournals and databases are available to use off-site via the web. Help and advice is available at: bris.ac.uk/library/find/access-eresources

**USE OF OTHER UNIVERSITY LIBRARIES**

You may be able to use other UK University libraries for reading and reference through the SCONUL Access scheme. For more information please see: sconul.ac.uk/sconul-access

**ASK THE LIBRARY ONLINE CHAT**

Whether you’re on campus or back at home, if you have a question about library services and resources our online chat service is available to help, 24 hours a day. When UoB staff aren’t available your enquiry will be handled by expert colleagues elsewhere in the world. Just use the pop up question box on our home page: bris.ac.uk/library/

**COMING SOON:**

**Study Well / Keep Well**

From Monday 6 January we will be doing our bit to sustain you through the January assessment period, with activities, information and advice on how to look after yourself, stay balanced and be productive. Keep an eye on our wellbeing page for more details: bristol.ac.uk/library/accessibility-support/wellbeing/

**Study Skills in January**

Study Skills has online resources on revision skills, exam technique and wellbeing for use during the January exam period. You can also book a 1-1 tutorial or a place on a revision skills or exam techniques workshop. Resources and all booking forms can be found on the Blackboard Study Skills tab via: bristol.ac.uk/students/study/skills-development/study-skills/

**Find a Study Desk**

The Find a Study Desk service will be live during the January assessment period - this is designed to indicate desk availability levels across the libraries and study centres at regular times during the day: bris.ac.uk/where-is-my/find/study-desk/

**New Library**

Keep up-to-date on our exciting New Library project as it moves through its initial planning stages: bristol.ac.uk/library/about/new-library/
**Some Vacation Study Tips:**

**Little and often:** Avoid cramming burn-out by breaking down your study time to two or three hours each day of the holiday. Making revision your focal point at these times will help you to be more productive.

**Learn to turn off:** Try to avoid having your computer switched on constantly. If you’re revising your handwritten notes, make these your focus.

**Pick a strategy:** Look at what you have to learn. Is it facts, how to solve problems, complex ideas or how to apply knowledge? Drawing can be a good way to summarise information. Set manageable deadlines and work towards them systematically.

**Test yourself as you go along:** Only go back to the bits you didn’t remember. Saying things out loud or writing down key words is a quick way to see what you know.

**Drink plenty (of water!):** You are more productive when you’re hydrated, so keep sipping away. Resist temptation and avoid sugary snacks. They may give you energy but it’ll be short-lasting. Stick to natural sugars and eat healthy energy foods such as nuts or fruit.

**Don’t worry, be happy:** When thinking about the exams, tell yourself you’ll do fine and tell any doubts that you have to be quiet and just get the job done. Remember: it’s okay not to be perfect, just try your best.

**Work, rest and play:** Balance is crucial. Be sure to combine everything you do in equal and sensible measures. The weather may conspire against you, but even a quick walk outside for some fresh air can help lift your spirits and keep you focused.