

Stand Up Speak Out

Stand Up, Speak Out is an initiative which provides a range of tools to equip and empower staff to challenge unacceptable behaviour in the workplace. Examples of such behaviour include:

- Aggressive or abusive behaviour, such as shouting or personal insults.
- Spreading malicious rumours or gossip, or insulting someone.
- Overbearing supervision or other misuse of power or position.
- Unwanted physical contact.
- Offensive comments or body language.
- Microaggressions; the 'little' behaviours that can go unnoticed by those not affected by them. This includes intentional or unintentional comments, touches or gestures.

For more information, or to get involved go to:

<http://www.bristol.ac.uk/inclusion/supporting-our-staff/stand-up-speak-out/>