Summary of data collected at each Focus Clinic

These clinics were open to all members of the ALSPAC cohort

Clinic	Number Seen	Clinic dates	Mean age (years)	Min age (months)	Max age (months)
Focus @ 7	8290	Sep 1998 – Sep 2000	7.5	82	113
Focus @ 8	7488	Oct 1999 – Dec 2001	8.7	89	127
Focus @ 9	7722	Jan 2001 – Jan 2003	9.9	105	140
Focus 10+	7557	Feb 2002 – Oct 2003	10.7	118	147
Focus 11+	7153	Jan 2003 – Jan 2005	11.7	125	163
TF1	2095	Feb 2004 – Oct 2004	12.8	136	162
TF1 FastTrack	4737	Oct 2004 – Nov 2005	12.8	145	171
TF2	6147	Jan 2005 – Sep 2006	13.8	150	182
TF3*	5515	Oct 2006 – Nov 2008	15.5	171	212
TF4	5081	Dec 2008 – June 2011	17.8	195	241
Focus 24+	4026	June 2015 - Oct 2017	24	269	293

^{*} Includes 139 cases who attended reduced versions of TF3 clinic

Note that TF1 changed about a third of the way through and went to Fast Track – all those measures marked * in the following table were not included in TF1 Fast Track.

Measure	7	8	9	10	11	12	13	15	17	24
Anthropometry/Physical Measures										
Height	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Weight	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Sitting height	Х		Х	Х	Х	Х	Х	Х		Х
Head circumference	Х							Х		
Arm circumference	Х		Х		Х	Х	Х	Х		Х
Waist circumference	Х		Х		Х	Х	Х	Х		Х
Hip circumference			Х		Х	Х	Х			Х
Upper/lower arm length	Х									
Bioelectrical Impedance	Х		Х	Х	Х	Х	Х	Х	Х	
Hand and foot size				Х						
Digit ratio					Х					
Scoliosis	Х		Χ	Х	Х	Х	Х		Х	
DXA scan – Body composition			Х		Х		Х	Х	Х	Х
3D whole body scan										Х

^{**}TF refers to Teen Focus

Measure	7	8	9	10	11	12	13	15	17	24
Skin health										
Flexural dermatitis	Х		Х		Х	Х	Х			
Acne observations			Х	Х	Х	Х	Х			
Sebutape				Х	Х	Х	Х	Х		
Moles								Х		
Bone Health										
Fracture questionnaires				Х	Х	Х		Х	Х	
DXA scan whole body			Х		Х		Х	Х	Х	Х
pQCT scan – lower leg								Х	Х	
DXA scan left hip									Х	Х
Respiratory health										
Lung function		Χ						Χ		Х
Methacoline challenge		Χ								
Inflammation (Nitric Oxide)								Х		
Spirometry		Х						Х		
Cardiovascular health										
Resting BP and pulse	Х		Х	Х	Х	Х	Х	Х	Х	Х
BP after exercise			Х				Х	Х	Х	Х
Scan of carotid artery									Х	Х
Pulse wave analysis				Х					Х	Х
Flow mediated dilatation				Х					Х	
Intima-Media thickness									Х	Х
Echocardiograph										Х
Vision										
Auto refraction	X			Х	X	Х		X		
Eye preference	Χ				Х			Х		
Stereovision	Х				Х	Х		Х		
Visual acuity	Х				Х					
Cover/uncover test	Х									
Convergence	Х									
Near vision	Х									
Accommodation	X							Х		
Contrast sensitivity	Х									
Contours\circles					Х	Х				
Axial length\corneal curvature								Х		
Retinal picture						Х				
Hearing										
Audiometry	Х		X	L	Х			Х		
Tympanometry	Χ	Х	X	Х	Х	Х				
Video-otocopy			Х							

Measure	7	8	9	10	11	12	13	15	17	24
Oto-acoustic emissions			Х		Х			Х		
Biological Samples										
Non-fasting blood samples	Х		Х		Х		Х			
Fasting blood samples								Х	Х	Х
Urine samples				Х				Х	Х	Х
Saliva samples					Х	Х				
Hair								Х	Х	
Other physiological measures										
Ligamentous laxity							Х		Х	
Balance				Х						
Fitness			Х				Х	Х		
Grip strength					Х					Х
Facial scans								Х		
Coordination – Movement ABC *	Х					Х				
Liver scan									Х	Х
Other physical health measures										
Dental Health questionnaire									Х	
Sleep questionnaire								Х		
Smell test				Х						
Taste test					Х					
Laterality (handedness)				Х						
Menstruation questionnaire						Х	Х	Х	Х	
Reproductive health										Х
Dietary diaries	Х			Х			Х			
Food Questionnaire	X			Х			Х			
Eating disorders Questionnaire										Х
Physical activity – accelerometer					Х		Х	Х		X
G-Force sensor									Х	
Physical activity – Diary				Х					^	
Daily activities – questionnaire							Х	Х		
Skin prick tests	X									
									Х	
Chronic pain questionnaire									X	
Sexual health questionnaire									X	Х
Chlamydia testing									^	
Medications										Х
Literacy/Numerosy										
Literacy/Numeracy	X		Х							
Reading – WORD	^		^			Х	Х			
Reading efficiency – TOWRE	Х									
Phenome deletion task										
Letter decision task	Х		Х							
Spelling			٨							<u> </u>

Measure	7	8	9	10	11	12	13	15	17	24
Sentence decision task			Х							
Self perception reading/maths			Χ							
Neale analysis of reading ability			Χ							
Spoonerisms/Phonological awareness *						Х				
Speech and language										
WOLD		Х								
Non-word repetition		Х								
Mental health										
Self esteem (Harter's self perception)		Х								
DAWBA								Х		
Depression (Moods & Feelings Q)				Х		Х	Х		Х	Х
Anxiety										Х
Personality										Х
Mental health (CIS-R)									Х	Х
Borderline personality disorder					Х					
Psychosis interview (K-SADS & DISC-IV)						Х			Х	Х
Life events									Х	
Cognitive measures										
Locus of control		Х								
DANVA		Х								
IQ – WISC (* part)		Χ								X*
IQ - WASI								Χ		
Gender behaviour		Х								
Attention – TEACh		Х		Х						
Executive function – counting span			Χ							
Inhibition – stop signal task			Χ					Х		Х
Reaction times							Х			
Computer tasks (N Back, Probability									Х	Х
Colour Task, Go No-Go										
Source monitoring										Х
Jumping to conclusions										Х
Predictive processing										Х
Cognitive Style Questionnaire									Х	
Personality (IPIP)							Х			
Gambling									Х	
Theory of mind (emotional triangles)							Χ			
Sensation seeking					Х		Х			
Social measures				.,	.,	.,	.,	.,	.,	
Friendship questions		X		X	Х	X	Х	Х	Х	
Bullying/victimisation interview		X		X		X			.,	L.,
Antisocial activities	<u> </u>	Х		Х		Х			Х	Х

Measure	7	8	9	10	11	12	13	15	17	24
Romantic relations					Х	Х	Х	Х	Х	
Dating violence interview							Х			
Parental monitoring						Х	Х			
Substance use interviews (smoking, alcohol, drugs)						Х	Х	Х	Х	Х