Questionnaire Number

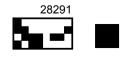


Your Daughter 16+ Years On

All answers are confidential

This questionnaire is for the study teenager's mother or the person taking the role of the mother.

28/07/2008



FILLING IN THE QUESTIONNAIRE

Please use **black** pen. To answer questions simply put a cross in the box which is most accurate in your opinion, like this:

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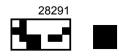
If you make a mistake, shade the box in like this:

then cross the correct box.

If you are answering questions which ask you to give further details, please make sure you write inside the boxes.

If you do not want to answer a question or if it does not apply to you, leave it blank. There are no right or wrong answers. Just tell us what is true for you.

THANK YOU FOR YOUR HELP



Section A: Your Study Teenager

A1. a) How much time do you usually spend having a conversation with her? (Mark **one** box only).

Never	1	Rarely (once a week)	2	Sometimes (several times a week)	3
Often (nearly every day)	4	More than once a day	5		

b) How much time does your husband/partner or someone else usually spend having a conversation with her? (Mark **one** box only).

Never	1	Rarely (once a week)	2	Sometimes (several times a week)	3
Often (nearly every day)	4	More than once a day	5		

A2. a) How much time do you usually spend doing things with her (e.g. playing sports or going out)? (Mark **one** box only).

Never	1	Rarely (once a week)	2	Sometimes (several times a week)	3
Often (nearly every day)	4	More than once a day	5		

b) How much time does your husband/partner or someone else usually spend doing things with her (e.g. playing sports or going out)? (Mark **one** box only).

Never	1	Rarely (once a week)	2	Sometimes (several times a week)	3
Often (nearly every day)	4	More than once a day	5		



A3. When she went out during the last year, how often did you know: (Mark **one** box on **every** line).

		Always	Usually	Sometimes	Never
a)	What she was doing in her spare time?	1	2	3	4
b)	Where she was going?	1	2	3	4
c)	Who she was going out with?	1	2	3	4
d)	What time she would be home?	1	2	3	4

A4. How sure are you that she would ask your permission first if she wanted to: (Mark **one** box on **every** line).

				Very sure	Fairly sure	Fairly unsure	Very unsure
	a)	Stay out late on a weekday evening (a	fter 10pm)	2 1	2	3	4
	b)	Stay out late on a weekend evening (a	fter 10pm)	2 1	2	3	4
	c)	Go to a disco or club after 10pm at th weekend?	e	1	2	3	4
	d)	Supposing that she did stay out really sure are you that she would tell you tr where she had been?		1	2	3	4
A5.		How often does she tell you about: (Mark one box on every line).					
		· · /	Often	Sometime	es Hard	lly ever	Never
	a)	Things that happen at school/ college/work?	1	2	3		4
	b)	What she has been doing while she's been out?	1	2	3		4
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A6.	During the past year, how often have you done each of these things?
	(Mark one box on every line).

			Often	Sometimes	Hardly ever	Never
a)	Asked her about things th at school/college/work	at happened	1	2		4
b)	Started a conversation wi what she was doing in he		1	2	3	4
c)	Talked with her friends		1	2	3	4
d)	Talked with the parents o	f her friends	1	2	3	4
A7. a)	Does she share her feelin	gs and worries	with you	?		
	Yes, ¹ □ always s	Yes, ²		ardly 3 🗆 ever	Never	4
b)	Do you think she likes to	be with you?				
	Yes, 1 🗖 always s	Yes, ² □ ometimes		ardly 3 □ ever	Never	4

A8. Most parents argue with their children. How often do you argue with her about each of these things? (Mark **one** box on **every** line).

		Most days	At least once a week	Less than once a week	Never or hardly ever
a)	How tidy her room is	1	2	3	4
b)	What she does when she goes out	1	2	3	4
c)	What time she comes home	1	2	3	4
d)	Who she hangs about with	1	2	3	4
	continued overleaf				



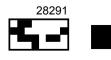
48.	3. continued		Most days	At least once a week	Less than once a week	Never or hardly ever
	e)	About her clothes or appearance	1	2	3	4
	f)	Getting up in the morning	1	2	3	4
	g)	Smoking cigarettes	1	2	3	4
	h)	Drinking alcohol	1	2	3	4
	i)	Taking drugs or smoking cannabis	1	2	3	4
	j)	Doing household chores	1	2	3	4
	k)	Other reason (please mark box and describe below):	1	2	3	4

A9. How often do you give up when you ask her to do something and she doesn't do it? (Mark **one** box only).

Always 1	Usually ²	Sometimes ³	Never 4
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A10. When you disagree about things with her, how often: (Mark **one** box on **every** line).

		Always	Usually	Sometimes	Never
a)	Do you discuss it calmly?	1	2	3	4
b)	Does she listen to your point of view?	1	2	3	4
c)	Do you listen to her point of view?	1	2	3	4
d)	Do you just tell her to accept what you say?	1	2	3	4





A11. How often does she get into a real rage? (Mark **one** box only).

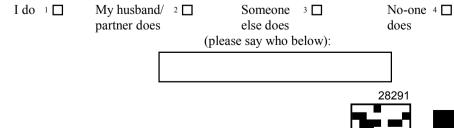
	More than once ⊥□ a day	Most days	2		At least once a week	3
	Less than once 4	Never	5	->	If <u>never</u> , go t	o A14 on page 8
A12.	Why do you think she has thes (Mark one box on every line).			Yes	No	Don't know
a)	Failure to get what she wants			1	2	9 🗖
b)	Failure to make herself unders	tood		1	2	9 🔲
c)	She feels that no-one understan	nds her		1	2	9
d)	Reaction to being corrected			1	2	9
e)	She rejects everything			1	2	9 🗖
f)	Failure to get attention			1	2	9 🗖
g)	Feeling that a brother or sister treatment	gets preferent	ial	1	2	9 🔲
h)	She just doesn't know what she	e wants		1	2	9
i)	No particular reason			1	2	9 🗖
j)	As a negative reaction to some	eone		1	2	9 🔲
k)	Other reason (please mark and	describe)		1	2	9 🔲



A13. When she has rages or tantrums how often do you: (Mark **one** box on **every** line).

		Always	Often	Sometimes	Never
a)	Ignore it, let her get it out of her system?	1	2	3	4
b)	Ask her to go to her room?	1	2	3	4
c)	Try to calm/pacify her?	1	2	3	4
d)	Try to reason with her?	1	2	3	4
e)	Threaten her?	1	2	3	4
f)	Say hurtful things you regret later?	1	2	3	4
g)	Say hurtful things and mean it?	1	2	3	4
h)	Ask someone else to intervene?	1	2	3	4
i)	Slap or hit her?	1	2	3	4
j)	Try to distract her?	1	2	3	4
k)	Shout at her?	1	2	3	4
l)	Something else? (please mark and describe):	1	2	3	4

- A14. Some questions on discipline.
 - a) Who has most control over her? (Please mark <u>one</u> box only.)





b) Who usually tells her off? (Please mark **one** box only.)

I do 1	My husband/ ² partner does	Someone 3 else does (please say who below):	No-one 4 🗖 does

c) Who usually tries to put sanctions on her if necessary? (Please mark <u>one</u> box only.)

I do 1	My husband/ $2 \square$ partner does	Someone ³ else does	No-one 4 🗖 does
	1	please say who below):	

A15. How often do you punish her in these ways? (Mark one box on each line).

		Most days	At least once a week	Less than once a week	Never or hardly ever
a)	Tell her off	1	2	3	4
b)	'Ground' her or stop her going out	1	2	3	4
c)	Stop her pocket money	1	2	3	4
d)	Stop her from seeing friends	1	2	3	4
e)	Hit or slap her	1	2	3	4
f)	Tell her to get out of the house, or lock her out	1	2	3	4
g)	Punish her some other way (please describe below):	1	2	3	4
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A16.	Do you know who her	r friends are?		
	Yes, some 1	Yes, mo	st or all 2	No 3
A17.a)	Are her friends:			
	Mostly ⊥□ boys?	Mostly ₂□ girls?	Mixture? 3 □	Don't ∘□ know
b)	Does she have a 'best	friend'?		
	Yes 1	Ν	Jo 2	Don't know 9 🗖
A18.	How many evenings a	ı week does she se	e her friends? (Mark	one box only).
	None •	One 1	Two 2 🗖	Three 3 🗖
	Four 4	Five 5 🗖	Six 6 🗖	Seven 7
A19.a)	Does she have a roma	ntic relationship?	(Mark one box only).	
	Yes, with a girl		Go to A19b) below	
	Yes, with a boy	2	Go to A19b) below	
	No, not yet	3	Go to Section B on	page 11
	If <u>ves</u> ,			
b)	How many evenings a	week does she se	e her boy/girl friend?	
	Less $\circ \square$ than one	One 1	Two 2 🗖	Three 3□
	Four 4	Five 5 🗖	Six 6 🗖	Seven 7
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		10		

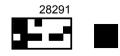
The next set of questions are about your teenager's intake of alcohol and drugs, and also her smoking and anti-social behaviour. We realise that these may not be relevant or be difficult to answer, but we would be grateful if you can answer as many as possible, even if you feel you don't really know. We would like to understand if there is a difference between what teenagers say they do and what parents (in general) know.

B1. Has she ever been offered: (Mark **one** box on **each** line).

		Yes, and I know about it	Probably	Possibly	I don't think so	Don't know
a)	Alcohol?	1	2	3	4	9 🗖
b)	Cigarettes?	1	2	3 🗖	4	9 🗖
c)	Cannabis?	1	2	3 🗖	4	9 🗖
d)	Ecstasy?	1	2	3 🔲	4	9 🗖
e)	Other illicit drugs?	1	2	3	4	9 🗖

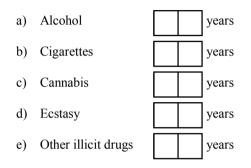
B2. Has she ever tried: (Mark **one** box on **each** line).

		Yes, and I know about it	Probably	Possibly	I don't think so	Don't know
a)	Alcohol?	1	2	3 🗖	4	9 🗖
b)	Cigarettes?	1	2	3 🗖	4	9 🗖
c)	Cannabis?	1	2	3 🗖	4	9 🗖
d)	Ecstasy?	1	2	3 🗖	4	9 🗖
e)	Other illicit drugs?	1	2	3 🔲	4	9 🗖



If you answered <u>ves</u> (first column), to any of the previous question B2(a)-(e), please answer the following question B3. Otherwise skip to B4 below.

B3. What age was she when she tried them? (Please put **99** if you don't know)



B4. How often in the last year has she: (Mark **one** box on each line)

		Not at all	Just once	2-5 times	6 or more times	Don't know
a)	Travelled on a bus or train without paying enough money or using someone else's pass?	1	2	3	4	9 🗖
b)	Written things or sprayed paint on property?	1	2	3	4	9 🗖
c)	Stolen something from a shop or store?	1	2	3	4	9 🔲
d)	Sold an illegal drug to someone?	1	2	3	4	9
e)	Ridden in a stolen car or van or on a stolen motorbike?	1	2	3	4	9 🗖



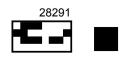


B4. continued

		Not at all	Just once	2-5 times	6 or more times	Don't know
f)	Broken into a car or van to try and steal something out of it?	1	2	3	4	9 🗖
g)	Done any of these things to someone she knows:					
	i) Ignored them on purpose or left them out of things?	1	2	3	4	9 🗖
	ii) Said nasty things, slagged them off or called them names?	1	2	3	4	9 🗖
	iii) Threatened to hurt them?	1	2	3	4	9 🗖
	iv) Hit, spat or threw stones at them?	1	2	3	4	9 🗖
	v) Got other people to do the things listed above in (i) to (iv)?	1	2	3	4	9 🗖
h)	Broken into a house or building to try and steal something?	1	2	3	4	9 🗖
i)	Hit, kicked or punched a brother or sister on purpose?	1	2	3	4	9 🗖
j)	Hit, kicked or punched someone else on purpose with the intention of really hurting them?	1	2	3	4	9
k)	Deliberately damaged or destroyed property on purpose?	1	2	3	4	9 🗖
1)	Sold something that didn't belong to her or that she knew was stolen?	1	2	3	4	9 🗖
	continued overleaf				28291	
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B4. continued

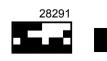
			Not at all	Just once	2-5 times	6 or more times	Don't know
]	m)	Stolen any money or property that someone was holding, carrying or wearing at the time?	1	2	3	4	9 🗖
]	n)	Used force, threats or a weapon to steal money or something else from somebody?	1	2	3	4	9 🗖
	0)	Hit or picked on someone because of their race or skin colour?	1	2	3	4	9 🗖
]	p)	Hurt or injured animals or birds on purpose?	1	2	3	4	9 🗖
	q)	Set fire or tried to set fire to something on purpose?	1	2	3	4	9 🗖
]	r)	Carried a knife or other weapon for protection or in case it was needed in a fight?	1	2	3	4	9 🗖
:	s)	Been rowdy or rude in a public place so that people complained or she got into trouble?	1	2	3	4	9 🗖
1	t)	Stolen money or something else from school/college/work?	1	2	3	4	9 🗖
1	u)	Stolen money or something else from home?	1	2	3	4	9 🗖
B5.		Has she ever run away from home?					
		Yes 1 No, but has tried to	2		No, bu thougl doing	nt of	
		No, never 4 🗖 Don't know	9 🔲		uonig	30	

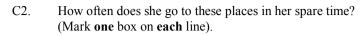


Section C: Your Teenager's Activities and Interests

C1. Now some questions about what she does in her free time. On a day when she does any of the things below, about how long altogether does she usually spend? (Mark **one** box on **each** line)

		Under 30 mins	30 mins - 1 hour	1-2 hours	2-4 hours	4-6 hours	Over 6 hours	Never
a)	Reading a book (not a school/college book)	1	2	3 🔲	4	5 🔲	6 🔲	7
b)	Reading a comic or magazine	1	2	3 🗖	4	5	6 🔲	7
c)	Watching TV on Saturdays	1 🗖	2	3 🗖	4	5 🔲	6 🗖	7
d)	Watching TV on Sundays	1	2	3 🔲	4	5	6	7
e)	Watching TV on a weekday	1	2	3 🔲	4	5	6	7
f)	Watching a DVD/video	1	2	3 🔲	4	5	6	7
g)	Listening to music	1	2	3 🔲	4	5	6	7
h)	Playing a computer or video game	1	2	3 🔲	4	5	6	7
i)	Using a computer for school/college work	1	2	3 🔲	4	5	6	7
j)	Using the internet for non- school/college work activiti	1 🗖 ies	2	3 🔲	4	5 🔲	6 🔲	7
k)	Talking on the phone	1	2	3 🔲	4	5	6	7
l)	Sending text (SMS) messages	1	2	3 🔲	4	5	6	7





		At least once a week	At least once a month	Hardly ever or never
a)	Go shopping	1	2	3
b)	Go out for something to eat	1	2	3
c)	Go to the cinema, theatre or concerts	1	2	3
d)	Go to an amusement arcade	1	2	3
e)	Go to watch football or other sports	1	2	3
f)	Go to discos, nightclubs or raves	1	2	3

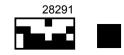
C3. Does she go to any youth clubs, groups or sports centres in the evening or at weekends?

Yes $1 \square$ No $2 \square$ \longrightarrow If <u>no</u>, go to C4 on page 18

If <u>yes</u>,

a) How often does she usually go out to youth, sports clubs or groups? (Mark **one** box only).

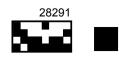
Most evenings	1	At least once a week	2
Less than once a week	3	Hardly ever or never	4





C3. b) What kind of club or group does she go to? (Mark as many boxes as you need to).

- i) A youth club or group
 ii) A sports club or sports centre
 iii) Keep fit, aerobics or dancing classes
 iv) Music club or group
 v) Drama club
 vi) Another kind of club or group (please state)
- c) If she goes to a sports club, which sports does she do? (Mark as **many** boxes as you need to).
 - i) Tennis 1 🗆 ii) Swimming 1 🗖 iii) Wrestling 1
 - iii) Wrestling
 - v) Martial arts (please state):
 - vi) Football
 vii) Boxing (including kickboxing)
 viii) Netball
 ix) Weight training
 x) Hockey
 xi) Other (please state)





C3. d) Are adults in charge of the clubs she goes to?

Yes, always 1	Yes, sometimes 2	No 3 🗖
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C4. Which of these things, **if any**, are (i) more or less permanently in her room, (ii) do you have elsewhere in the house, (iii) have you bought in the **last 6 months**, or (iv) intend to buy in the **next 6 months**? (You can mark **more** than **one** box on **each** line).

		(i) In her room	(ii) Have in house	(iii) Bought in last 6 months	(iv) Intend to buy
a)	TV set	1	1	1	1
b)	Cable/satellite/digital TV	1	1	1	1
c)	DVD/video	1	1	1	1
d)	Radio	1	1	1	1
e)	TV-linked games system (e.g. Xbox, Playstation)	1	1	1	1
f)	Computer with internet access	1	1	1	1
g)	Computer without internet access	1	1	1	1
h)	Mobile phone	1	1	1	1
i)	Landline phone	1	1	1	1
j)	Shelf of books (not school books)	1	1	1	1
k)	Digital camera	1	1	1	1
1)	None of the above	1	1	1	1

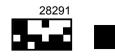


C5. Who in your family knows most about computers and how to use them? (Mark **one** box only)

Me	1	My partner	2	Study teenager	3 🔲
Teenager's brother	4	Teenager's sister	5	No difference	6 🔲
Don't knov can't say	V/ 9 🗖				

C6. For which of the following activities does she use the internet? (Mark **one** box on each line).

		Often	Occasionally	Rarely	I don't know
a)	Social networking (e.g. Bebo, MySpace, Facebook)	1	2	3	9 🗖
b)	Instant messaging 'Chat' (e.g. MSN)	1	2	3	9 🔲
c)	Watching video (e.g. YouTube)	1	2	3	9 🔲
d)	Researching homework	1	2	3	9 🗖
e)	E-mail using her own e-mail address	1	2	3	9 🗖
f)	E-mail using a family e-mail address	1	2	3	9 🗖
g)	Playing games	1	2	3	9 🗖
h)	Downloading music from commercial sites (e.g. iTunes)	1	2	3	9 🗖
i)	Downloading pirated music (e.g. via LimeWire or BitTorrent)	1	2	3	9 🔲



C7. Which of the following have you <u>ever</u> done to manage her internet use? (Mark **one** box on each line).

		Not done this	Yes, once	Yes, more than once
a)	Checked her files or folders on a computer for content	1	2	3
b)	Restricted the amount of time she is allowed online	1	2	3
c)	Accessed her e-mail or other account without her knowledge	1	2	3
d)	Accessed her e-mail or other account with her knowledge	1	2	3
e)	Restricted the type of activities she is allowed to use on the internet	1	2	3
f)	Restricted use of a social networking site (e.g. Bebo)	1	2	3
g)	Viewed her profile on a social networking site without her knowledge	1	2	3
h)	Asked for a password to access a computer or folder	1	2	3
i)	Installed filtering software to restrict access to certain types of sites	1	2	3
j)	Installed monitoring software on a computer	1	2	3
k)	Examined browsing history or cache	1	2	3
l)	Monitored her mobile telephone records	1	2	3
m)	Examined the content of her phone (e.g. text messages or photographs) without her knowledge or consent	1	2	3



Section D: Your Teenager's Feelings

Please think how your teenager has been in the past 6 months.

In th	e past six months:	Not true	Somewhat true	Certainly true	Don't know
D1.	She has been considerate of other people's feelings	1	2	3	9 🗖
D2.	She has been restless, overactive, cannot stay still for long	1	2	3 🔲	9 🗖
D3.	She has often complained of headaches, stomach aches or sickness	1	2	3	9 🔲
D4.	She has shared readily with other children and teenagers	1	2	3 🔲	9 🔲
D5.	She has often had temper tantrums or hot tempers	1	2	3	9
D6.	She is rather solitary, tends to be alone	1	2	3 🔲	9 🔲
D7.	She is generally obedient, usually does what adults request	1	2	3	9 🔲
D8.	She has many worries, often seems worried	1	2	3 🔲	9 🗖
D9.	She is helpful if someone is hurt, upset or feeling ill	1	2	3 🔲	9 🔲
D10.	She is constantly fidgeting or squirming	1	2	3 🔲	9 🗖
D11.	She has at least one good friend	1	2	3 🔲	9 🔲
D12.	She often fights or bullies other children or teenagers	1	2	3	9 🔲
D13.	She is often unhappy, down-hearted or tearful	1	2	3	9 🔲
D14.	She is generally liked by others	1	2	3	9 🗖
D15.	She is easily distracted, her concentration wanders	1	2	3	9 🗖
D16.	She is nervous or clingy in new situations, easily loses confidence	1	2	3 🔲	9 🗖



In the p	past six months:	Not true	Somewhat true	Certainly true	Don't know
D17.	She is kind to younger children	1	2	3	9 🗖
D18.	She often lies or cheats	1	2	3 🔲	9 🗖
D19.	She is picked on or bullied by other teenagers	1	2	3 🔲	9 🗖
D20.	She often volunteers to help others (parents, teachers, other teenagers)	1	2	3 🔲	9 🗖
D21.	She thinks things out before acting	1	2	3 🗖	9 🗖
D22.	She steals from home, school or elsewhere	1	2	3 🔲	9 🗖
D23.	She gets on better with adults than with other teenagers	1	2	3	9 🗖
D24.	She has many fears, is easily scared	1	2	3 🔲	9 🗖
D25.	She sees tasks through to the end, has good attention span	1	2	3 🗖	9 🗖

These questions are about how your child may have been feeling or acting recently. For each question, please say how much you think she has felt or acted this way in the **past two weeks**.

In the	past 2 weeks:	True	Sometimes true	Not true
D26.	She felt miserable or unhappy	1	2	3
D27.	She didn't enjoy anything at all	1	2	3
D28.	She felt so tired that she just sat around and did nothing	1	2	3
D29.	She was very restless	1	2	3
D30.	She felt she was no good any more	1	2	3
D31.	She cried a lot	1	2	3

In the	past 2 weeks:	True	Sometimes true	Not true
D32.	She found it hard to think properly or concentrate	1	2	3
D33.	She hated herself	1	2	3
D34.	She felt she was a bad person	1	2	3
D35.	She felt lonely	1	2	3
D36.	She thought nobody really loved her	1	2	3
D37.	She thought she could never be as good as others	1	2	3
D38.	She felt she did everything wrong	1	2	3

D39. How much do the following descriptions apply to your study teenager?

ver the last 6 months:	Not true	Quite or sometimes true	Very or often true
Not aware of other people's feelings	1	2	3
Does not realise when others are upset or angry	1	2	3
Does not notice the effect of her behaviour on other members of the family	1	2	3
Her behaviour often disrupts normal family life	1	2	3
Very demanding of other people's time	1	2	3
Difficult to reason with when upset	1	2	3
Does not seem to understand social skills, e.g. interrupts conversations constantly	1	2	3
Does not pick up on body language	1	2	3
continued overleaf		282	291
	Does not realise when others are upset or angry Does not notice the effect of her behaviour on other members of the family Her behaviour often disrupts normal family life Very demanding of other people's time Difficult to reason with when upset Does not seem to understand social skills, e.g. interrupts conversations constantly Does not pick up on body language	true ver the last 6 months: Not aware of other people's feelings Does not realise when others are upset or angry Does not notice the effect of her behaviour on other members of the family Her behaviour often disrupts normal family life Very demanding of other people's time Difficult to reason with when upset Does not seem to understand social skills, e.g. interrupts conversations constantly Does not pick up on body language	true sometimes Not aware of other people's feelings 1 2 Does not realise when others are upset or angry 1 2 Does not notice the effect of her behaviour on other members of the family 1 2 Her behaviour often disrupts normal family life 1 2 Very demanding of other people's time 1 2 Difficult to reason with when upset 1 2 Does not pick up on body language 1 2 continued overleaf 2 2

D39. c	D39. continued		Quite or sometimes	Very or often true	
Over the last 6 months:			true		
i)	Does not understand how she should behave when she is out, e.g. in shops or other people's houses	1	2	3	
j)	Does not realise that she offends people with her behaviour	1	2	3	
k)	Does not respond when told to do something	1	2	3	
1)	Cannot follow a command unless it is carefully worded	1	2	3	
m)	Do you have any other comments or concerns? If yes, please mark and describe:	Y	es 1	No 2	

Life has many ups and downs. Sometimes people feel very upset. These feelings can be so bad that people may feel suicidal or want to self-harm. We know this is a sensitive subject, but it is important to ask about it now, as it is not uncommon. By finding out about self-harm we can find ways of helping people.

D40.a) Has your daughter ever hurt herself on purpose in any way that you are aware of (e.g. by taking an overdose of pills, or by cutting herself)?

b)

c)

Yes 1	No 2 🗖 –	→ If no, go to Sect	ion E on page 27
If <u>yes</u> ,			
How many time	s has she done this in th	ne last year? Please man	rk one box only.
Once 1	2-5 times ²	6-10 times ³	More than $4 \square$ 10 times
When was the <u>l</u>	ast time she hurt hersel	f on purpose? Please m	ark one box only.
In the last week	\square More than a	week 2 \square	More than $_{3}\square$

week 1	More than a week 2	More than 3
	ago but in the last year	a year ago





d) The <u>last time</u> she hurt herself on purpose, which of the actions below best describes what she did? Please mark **all** boxes that apply.

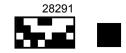
i)	Swallowed pills or something poisonous	1
ii)	Cut herself	1
iii)	Burnt herself, e.g. with a cigarette	1
iv)	Something else, please say what:	1

e) The last time she hurt herself on purpose did she or you on her behalf seek medical help / first aid from any of the following? Please mark **all** boxes that apply.

i)	GP (family doctor)	1
ii)	Hospital casualty / emergency department	1
iii)	Other health professional, please say what their job was:	1

D41.a) Have you <u>ever</u> tried to get help from someone or somewhere about your daughter hurting herself on purpose?

Yes 1 No 2 - If no, go to Section E on page 27



If <u>yes</u>,

D41.b) Who have you been to for help? Please mark **all** boxes that apply.

i)	A family member	1
ii)	A friend	1
iii)	A staff member in her school/college/work	1
iv)	A GP (family doctor)	1
v)	Social services	1
vi)	A telephone help line, if so, which?	1

vii) Somewhere else (e.g. internet, book, magazine, 1 dother person, etc.), please say what or who:

You can get information and advice relating to any of the questions by contacting the organisations below:

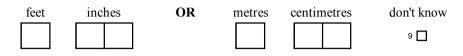
www.selfharm.org.uk run by National Children's Bureau

Young Minds Parents information service 0800 018 2138 10-4 Mon to Fri and 6-8 Wed

Parentline Plus Bristol 0117 953 5525



E1. a) What is her height at the moment (without shoes)? The best way to measure **height** is to stand barefoot as straight as possible against a wall, and then ask someone to make a mark on the wall at the highest point on your head, and to measure the distance from the mark to the floor.



b) What is her weight at the moment (without shoes)? Please fill in using kilos or stones.



c) What was her lowest weight in the last 12 months? Please fill in using kilos or stones.



d) What was her highest weight in the last 12 months? Please fill in using kilos **or** stones.





E2.	At present would yo	ou describe her as:			
	Very thin 1	Thin 2	Average 3	Plump 4 🗖	Fat 5 🗖
E3.	How do you fool sh	a a munara a thia wa	or with providence		
ΕЭ.	How do you feel she				
	Thinner in previous years	Abor	ut the same $2 \square$	A little this ye	e thinner ³
	A lot thinner 4 this year		thin than ₅ □ evious years		
E4.	At present would sh	e <u>describe herself</u>	<u>f</u> as:		
	Very thin \Box	Thin 2 🗖	Average 3 🗖	Plump 4 🗖	Fat 5 🗖
	·		-	-	
E5.	Have you or other p that her weight has			been seriously c	oncerned
	Yes 1	No 2 🗖			
E6.	Is she afraid of gain	ing weight or getti	ng fat?		
	No 1	A little ²	A lot 3	It really ter	rifies her 4 🗖
E7.	Does she avoid the	sorts of food that s	he thinks will mak	e her fat?	
	No 1	A little ²	A lot 3		
E8.	How often does she	avoid fattening fo	od?		
	Never 1	Sometimes 2	Most of the	time ³	Always 4 🗖
				2	8291
		28			



E9. Does she spend a lot of her time thinking about food?

Yes 1 No 2 Don't know 9 D

E10. Sometimes people say that they have such a strong desire for food, and that this desire is so hard to resist, that it is like what an addict feels about drugs or alcohol. Does this apply to her?

No 1 A little 2 A lot 3 A

E11.a) Sometimes people lose control over what they eat, and then they eat a very large amount of food in a short time. Does she ever do this?

Yes 1 □ No 2 □ → If <u>no</u>, go to E12 on page 30

If <u>yes</u>,

b) Over the last 3 months, how often has this happened?

Hasn't happened	1	Occasionally	2
About once a week	3	Two or more times a week	4

c) When this happens, does she have a sense of losing control over her eating?

Yes 1 No 2 Not sure 3

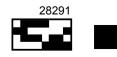
d) Please describe how much she typically eats during one of her episodes of eating too much:





E12. Over the <u>last 3 months</u>, has she done any of the following to avoid putting on weight?

		No	A little	A lot	Tried to but not allowed	Don't know
a)	Ate less at mealtimes	1	2	3	4	9 🗖
b)	Skipped meals	1	2	3	4	9 🗖
c)	Went without food for long periods, e.g. all day or most of the day	1	2	3	4	9 🗖
d)	Hid or threw away food that others gave her	1	2	3	4	9 🗖
e)	Exercised more	1	2	3	4	9 🗖
f)	Made herself sick	1	2	3	4	9 🔲
g)	Took pills or medication in order to lose weight: (Please mark & describe what she took)	1	2	3	4	9 🗖
h)	Did other things: (Please mark & describe what she does)	1	2	3	4	9 🗌





E13. If she eats too much, does she blame herself a lot?

Yes 1 No 2 Never eats too much 3

E14. Is she upset or distressed about her weight or body shape?

No, not at all	1	Yes, a little	2	Yes, quite a lot	3
Yes, a great deal	4	Don't know	· 🗖		

E15. How much do you think her eating pattern or concern about weight and body shape has interfered with:

		Not at all	A little	Quite a lot	A great deal
a)	How well she gets on with you and the rest of the family.	1	2	3	4
b)	Making and keeping friends.	1	2	3	4
c)	Learning or class work.	1	2	3	4
d)	Hobbies, sports or other leisure activities.	1	2	3	4

E16. If a doctor told her that she needed to put on 5 pounds (2 kilos) for the sake of her health, how would she find this? She may have a physical problem that makes it hard for her to put on weight. Here we are asking if she is willing to try, not whether she can succeed.

Easy 1 D Difficult 2 D Impossible 3	3
-------------------------------------	---





E17. Has her eating pattern or concern about weight or body shape put a burden on you or the family as a whole?

	Not at all \Box	A little 2	Quite a l	ot 3 🗖	A gre	at deal 4 🗖
E18.				Yes	No	Don't know
a)	Has she <u>ever</u> thought she we people said she was very this		other	1	2	3
b)	Would she be ashamed if ot much she eats?	her people knew l	ıow	1	2	3
c)	Has she <u>ever</u> deliberately m	ade herself sick?		1	2	3
d)	Do worries about eating rea	lly interfere with	her life?	1	2	3

E19. Does she think her weight has been bad for her physical health?

Yes 1 🗖 No 2 🗖

E20a) If she has started her regular periods, have there been any months when the period didn't happen at all?

Yes 1 D No 2 D Don't know 3 D

Hasn't started her periods yet 4

If <u>yes</u>,

b) Has she had any periods in the last 3 months?

Yes 1 🗆 No 2 🗖



Section F: Your Teenager's Health

F1. Has she ever had wheezing or whistling in the chest at any time in the past?

Yes $1 \square$ No $2 \square \longrightarrow$ If <u>no</u>, go to F5 below

F2. a) Has she had wheezing or whistling in the chest in the past 12 months?

Yes 1 \square No 2 \square \longrightarrow If <u>no</u>, go to F5 below

If <u>yes</u>,

b) How many attacks of wheezing has she had *in the past 12 months*?

None $1 \square$ 1 to 3 $2 \square$ 4 to 12 $3 \square$ More than 12 $4 \square$

F3. <u>In the past 12 months</u>, how often, on average has her sleep been disturbed due to wheezing?

Never woken 1

Less than one $2 \square$ night per week

One or more $3 \square$ nights per week

F4. <u>In the past 12 months</u>, has the wheezing <u>ever</u> been severe enough to limit her speech to only one or two words at a time between breaths?

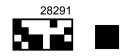
Yes 1 No 2

F5. Has she <u>ever</u> had asthma?

Yes 1 No 2

F6. In the past 12 months, has her chest sounded wheezy during or after exercise?

Yes 1 No 2





F7. **In the past 12 months**, has she had a dry cough at night, apart from a cough associated with a cold or chest infection?

Yes 1	No	2
-------	----	---

- F8. These questions are about problems which occur when she **DOES NOT** have a cold or the 'flu.
 - a) Has she <u>ever</u> had a problem with sneezing, or a runny or blocked nose when she DID NOT have a cold or the 'flu?

Yes 1 □ No 2 □ → If <u>no</u>, go to F9 on page 35

- b) In the past 12 months, has she had a problem with sneezing, or a runny or blocked nose when she DID NOT have a cold or 'flu?
 - Yes 1
- No 2 I If no, go to F9 on page 35
- c) <u>In the past 12 months</u>, has this nose problem been accompanied by itchy-watery eyes?
 - Yes 1 No 2
- d) <u>In which of the past 12 months</u>, did this nose problem occur? (Please mark **all** that apply).

January	1	May	1	September 1
February	1	June	1	October 1
March	1	July	1	November 1
April	1	August	1	December 1

e) In the past 12 months, how much did this nose problem interfere with her daily activities?

Not at 🗉 🗖	A little 2	A moderate 3	A lot 4 🗖
all		amount	
			28291
	24		



- F9. Has she ever had hayfever?
 - Yes 1 No 2

F10. Has she ever had an itchy rash which was coming and going for at least six months?

Yes 1 \square No 2 \square \longrightarrow If <u>no</u>, go to F11 on page 36.

If <u>yes</u>,

a) Has she had this itchy rash at any time <u>in the past 12 months</u>?

Yes 1 \square No 2 \square \longrightarrow If <u>no</u>, go to F11 on page 36.

b) In the past 12 months was the rash: (Mark **all** that apply).

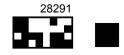
	Yes
i) Confined to the creases of the knees/ankles/elbows or wrists	1
ii) Covering the trunk	1
iii) Affecting the face	1

c) Has this rash cleared completely at any time during the past 12 months?

Yes 1 No 2

d) In the past 12 months, how often on average, has she been kept awake at night by this itchy rash?

Never in the \Box	Less than one $2 \square$	One or more $3 \square$
past 12 months	night per week	nights per week



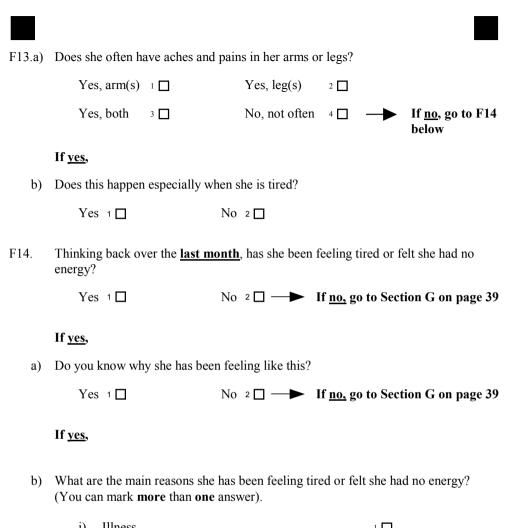


F11.	Has she <u>ever</u> had eczema?		
	Yes 1	No 2	
F12.a)	Have there been times in th	e past year, when she has had a	pain in her stomach?
	Yes 1	No 2 🗌 — 🕨 If <u>no</u> , go to	o F13a) on page 37.
	If <u>ves</u> ,		
b)	How many separate times h	as this happened in the past year	<u>r</u> ?
	Once ¹	Twice ²	3-4 times ₃ □
	5 or more 4 🗖 times	Don't ⁹ know	
c)	Did she have vomiting or di	arrhoea at the same time as the p	ain?
	Yes, every time ⊥□	Yes, for some $2 \square$ of the times	No, not all ₃ 🗖
d)	What do you think were the	causes of her stomach pains? (M	lark all that apply).
	i) Something she ate	1	
	ii) An infection	1	
	iii) Constipation	1	
	iv) Other, please descr	ribe: 1	

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1

v) Don't know



i)	Illness	1
ii)	Problems with sleep	1
iii)	Playing a lot of sport (or other physical exercise)	1
iv)	Stress or worry	1
v)	Other reason (please give details below):	1
		28291
	27	



F15. How long has she been feeling tired or felt she had no energy? (Mark one only).

Less than 3 months	1	Between 3 and 5 months	2
Between 6 months and 5 years	3	More than 5 years	4

F16. Does she feel better after resting?

- F17. During the <u>last month</u>, has this tiredness or lack of energy stopped her from playing, taking part in hobbies, sport or leisure activities?
 - Not at all
 1
 Only a little
 2

 Quite a lot
 3
 A great deal
 4
- F18. During the past year, how many days has she been off school/college/work because of this tiredness or lack of energy? (If none, write **00**)



F19. Has she seen a doctor in the past year because of this tiredness or lack of energy?

Yes 1 🗌 No 2 🗖





Section G: Your Teenager's Future

G1. What are your <u>aspirations</u> for your daughter's future job? Please mark **one** box to show which best describes the sort of work you <u>would like</u> to <u>see</u> her doing eventually.

Higher professional occupations <i>such as:</i> accountant - lawyer - doctor - engineer - solicitor - scientist -academic - managing directors - actuarial - investment bankers	1
Lower professional occupations <i>such as:</i> teacher - nurse - manager - senior administrator (usually responsible for planning, organising and co-ordinating work and for finance)	2
Intermediate / Technical <i>such as:</i> IT specialist - electronic technician - medical technician - clerical officer - legal secretaries	3
Skilled manual workers <i>such as:</i> plumbers - electricians - plasterers - roofers - forestry workers - gardeners - farm hands - hairdressers	4
Small business employers / Self-employed <i>such as:</i> small business owners - farmers - builders - driving instructors - shopkeepers - hairdressers	5
Lower supervisory <i>such as:</i> secretaries - administrative - foreman - bar manager - restaurant manager - retail manager	6
Routine manual and non-manual <i>such as:</i> van driver - cleaner - porter - packer - sewing machinist - shop worker - labourer - waitress - bar staff	7





G2. What are your <u>expectations</u> for your daughter's future job? Please mark **one** box to show which best describes the sort of work you <u>think</u> she <u>will</u> end up doing.

Higher professional occupations such as: accountant - lawyer - doctor - engineer - solicitor - scientist -academic - managing directors - actuarial - investment bankers	1 🗖
Lower professional occupations <i>such as:</i> teacher - nurse - manager - senior administrator (usually responsible for planning, organising and co-ordinating work and for finance)	2
Intermediate / Technical <i>such as:</i> IT specialist - electronic technician - medical technician - clerical officer - legal secretaries	3 🗖
Skilled manual workers <i>such as:</i> plumbers - electricians - plasterers - roofers - forestry workers - gardeners - farm hands - hairdressers	4 🗖
Small business employers / Self-employed <i>such as:</i> small business owners - farmers - builders - driving instructors - shopkeepers - hairdressers	5
Lower supervisory <i>such as:</i> secretaries - administrative - foreman - bar manager - restaurant manager - retail manager	6 🗖
Routine manual and non-manual <i>such as:</i> van driver - cleaner - porter - packer - sewing machinist - shop worker - labourer - waitress - bar staff	7 🔲



H1. How much do you give your 16-year old in pocket money/allowance each month? If it varies, please mark the amount you would most often give in a month. If you normally give pocket money weekly, please calculate how much the monthly amount is by multiplying the weekly amount by 4.

Nothing	1	Less than £10	2	£10-£29	3
£30-£49	4	£50-£69	5	£70-£89	6 🔲
£90-£109	7	£110-£129	8	£130+	9 🗖

H2. What does she do with her pocket money/allowance? Please mark **all** that apply.

		Yes
a)	Spends it all immediately	1
b)	Saves towards big items for herself now (e.g. expensive clothes or games)	1
c)	Saves in a savings account	1
d)	Saves towards expected costs of adult life (e.g. educational fees, car, house)	1



Section I: Your teenager and work

We are interested in whether your daughter works or not, and the type of work she does.

I1. Is she in full-time education?

Yes $1 \square \longrightarrow$ If <u>yes</u>, go to I2 below No $2 \square \longrightarrow$ If <u>no</u>, go to I3 below

12. Does she ever do any work in a <u>spare-time</u> **paid** job in term-time (even if it's only for an hour or two now and then)? Please don't include jobs only done during the school holidays or voluntary work.

Yes $1 \square \longrightarrow$ If <u>ves</u>, go to I4 below No $2 \square \longrightarrow$ If <u>no</u>, go to I5 on page 43

I3. Is she currently? (You **can** mark **more** than one box).

Doing voluntary work

- a) Unemployed and seeking work
 b) Unemployed through sickness/disability
 c) Go to I5 on page 43
 c) Go to I5 on page 43
- b) Onemployed unough sickness/disability 1
- d) Working part-time **Go to I4a) below**
- e) Working full-time ¹ □ → Go to I4a) below
- I4. a) What is her current job title?

c)

b) When did she start her current job?

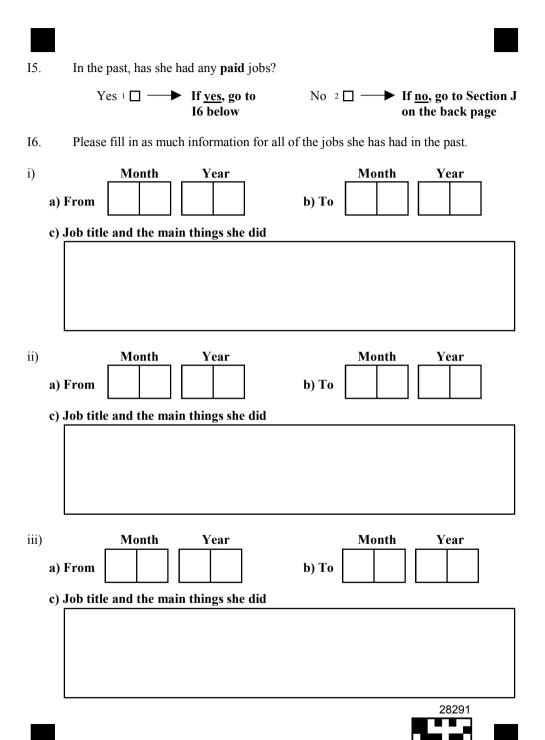


 $1 \square \longrightarrow$ Go to I5 on page 43

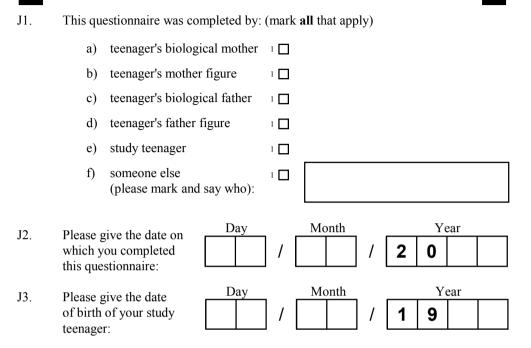
c) Please describe the main things she does in this job.



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Section J:



Thank you VERY much for your help

Space for any additional comment you would like to make NB: Please remember we cannot reply to any comment unless you sign it.

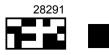


When completed, please send this back to:

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