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Primary Health Care
<http://www.bristol.ac.uk/primaryhealthcare/>



Teaching Newsletter

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All of us in the Primary Care Teaching Office wish you a great time over the Christmas holidays and a very Happy New Year.

Thank you for all your teaching.

Changes

Jacqui Gregory who is looking after Years 1 and 2 is starting her maternity leave next week. A temporary replacement has been appointed. Please bear with us while our new colleague is learning the ropes.

Dates for your diary

Year 2&3 workshop 17 April 2013

Summer workshop 18 June 2013

'Education is not filling a bucket but lighting a fire'
WB Yeats



Year 4 GP Teacher Workshop

Tuesday 19 Feb. 2013, Engineers House, Clifton, Bristol



Topics this year are

- * **Shalini Narayan** on 'More lumps and bumps'
 - * **Sue Wensley** on 'What do students learn in Care of the Elderly and how are they assessed?'
 - * **Trevor Thompson** on innovations in teaching
 - * **Tim Davis** on teaching Dementia in Primary Care
- Plus Year 4 updates and **Top Tips**

You don't want to miss it!

To book your place email

phc-teaching@bristol.ac.uk

New teaching opportunity lead by Trevor Thompson

On the morning of Friday 18th January, Primary Care is running a "Whole Person Care Symposium" for all Year 3 students in the capacious surroundings of the Victoria Rooms. This will weave strands of medical history, poetry, self care and focused reflection on "Frontline Features" - students' own narratives of exemplary and egregious care in hospitals. At the time of writing we don't have a budget to pay tutors but we would love to hear from any GP or portfolio doctor who would like to join us for the morning (or part of the morning) in offering some group facilitation.

Contact Trevor if you want to find out more: trevor.thompson@bris.ac.uk

You can find the MB ChB Programme newsletter at

<http://www.bris.ac.uk/medical-school/staffstudents/student/newsletter/>

Book launch and Christmas reading on page 2



If we had the money...

here are some of the books we would like to put under your tree

'Bad Pharma' by Ben Goldacre. "This is a fierce and mordant critique not only of the pharmaceutical industry but of the regulatory and academic edifices that support it. If you want a comfortable Christmas I suggest you don't tackle it until the New Year. Trevor

'ABC of Teaching and Learning in Medicine' which is one of those paperback ABC ones from the BMJ. It's well written and easy to read and can be used for teaching by all health professionals, not just doctors. So is a useful practice resource as well. Lucy

'Diving bell and the Butterfly' by Jean-Dominique Bauby gives real insight into locked in syndrome and also celebrates the human spirit, and it's kind of uplifting, though sad too. Lucy



And if you wondered what people get up to when they are not teaching or seeing patients - they write a book

**Sustainable Healthcare: Schroeder, Thompson, Frith and Pencheon.
Wiley-Blackwell 2012.**

Should people working in the health sector be interested in sustainability? The answer we think is a resounding "yes" and we have written this book with the hope of bringing it to its rightful place at the centre stage of healthcare policy and practice. The science is now unequivocal – the planetary system is under stress due to human activity. We unpack these stresses, such as climate change and the loss of biodiversity, and consider the various ramifications for human health. We describe a new paradigm to tackle these pressing predicaments - a collection of ideas and perspectives (mostly developed by others, but some of our own) that fall, however untidily, under the banner of sustainable healthcare. The idea for the book came from Knut Schroeder, and Trevor Thompson was able to bring his experience of teaching SSCs to the task. Though it is three years since we got a contract with Wiley Blackwell, most of the book was written in the wee small hours during 2011, and fitted in around our other commitments. We have tried to keep the book concise and balance 'need to know' with 'useful to know' information. Who would have thought even 10 years ago that in many countries smoking would be banned in public places? A similar shift in public policy and human behaviour, involving innovative technology and better models of care, needs to happen to develop health systems that can sustain us through the challenging decades ahead.

Knut Schroeder is a GP in Stoke Gifford, Bristol

Trevor Thompson is a Reader in General Practice and an inner city GP in Bristol

The book was launched at Canynge Hall on 13th December and will be published on 23rd December 2012.