UNIVERSITY OF BRISTOL
SWIM SCHOOL

EASTER PROGRAMME

Intensive Swimming Lessons  £7 lesson
8 to 12 April (£35 for the week) and 15 to 18 April (£28 for 4 days)

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<td>2</td>
<td>9-9:30</td>
<td>4</td>
<td>10-10:30</td>
<td>6</td>
<td>9:30-10</td>
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<td>3</td>
<td>9:30-10</td>
<td>5</td>
<td>9-9:30</td>
<td>7</td>
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NB: After school lessons continue as normal 8-12 April, but not 15-18 April.

Snorkelling  9:30-10:30am  £28 course
10 & 11 April (2 day course)
Introduces basic techniques of the use of fins, masks & snorkels and breathing underwater. If you have your own mask and snorkel, please bring it with you.
For stages 6+

Rookie Lifeguard  9:30-10:30am  £28 course
8 & 9 April (2 day course)
Please bring t-shirt and shorts to wear in the water. Valuable survival, rescue and sports skills, all delivered in an exciting way that will get children involved and motivated. For stages 6+. Please note you must attend both days of the course.

Book via reception or call 0117 331 8577
Any questions? seh-swimschool@bristol.ac.uk or visit our website

bristol.ac.uk/sport  @bristolunisport

Pre requisite for lifeguard & snorkelling: your child should be able to swim 100m continuously (on back and front).