### **Paired Peers**

# A Day in the Life of a University Student....

# Morning

9am — wake up, print lecture slides for the day, get dressed and sort out everything I need for University — still feel tired — needed more sleep, struggling to sleep at the moment because I am feeling ill and fairly stressed

9.40am – walk up Park St. to University for my lecture at 10am in the [LECTURE

THEATRE] — I really don't look forward to walking up Park St. every morning but the hill wakes me up and keeps me fit, also stops me falling asleep in lectures like some other people do – I do look forward to walking down it though





**11am** — another lecture in the [SAME LECTURE THEATRE]— lectures are good this morning, interactive and interesting — everyone seems to be engaging

#### Lunchtime

12pm – go to the library to do reading for lectures for an hour – trying to keep up with all the reading this term and using time more efficiently but I hate how quiet the library is



13pm-go get a sandwich for dinner from Greggs and sit with a friend while eating – wish I could eat something a bit nicer for dinner like something from Cafe Gusto but when money is tight... I only have a Greggs twice a week, the rest of the time I eat at home



### Afternoon

**2pm** — go to practical in seminar room — this was interesting and interactive. I sometimes have practicals in the [LABORATORY] (the main computer room in the Building) and sometimes in the [LECTURE THEATRE] but I do not have these practicals every week

4pm — go food shopping to Sainsbury's to pick up what I need — just a few bits and pieces to collect such as onions, chopped tomatoes and milk



5pm — go to the Will's Library to take out some books for further reading for lectures — wanted to take out some books that I can only get from here but I love this library, it's really nice but I get distracted by it's aesthetics



5.30pm — walk home and do some more reading — as hard as I find it to keep going with reading it is necessary

## **Evening**

7pm — cook food and eat when it's done — sit in the kitchen with flatmates and relax — I always cook my own food and so I tend to be healthy. My meals average at £1 a meal and I tend to make big batches and freeze portions for those days when I'm too busy or lazy to cook



**8.30pm** — get ready to go out — we go out every Friday and occassionally another once or twice during the week (I went out on Tuesday as well) but this has calmed down A LOT since freshers week

9pm — everyone comes round to our flat for pre-drinks — still very close to many of the friends we made in freshers week but we are losing touch with some people

11 pm - go out to Ramshackle (get back at 3.30am, in bed for 4.30am) — don't always go to Ramshackle at the O2 Academy but I must admit it is my favourite night. I'm not one to get drunk, I get tipsy and then turn to water, normally because I run out of money but also because I don't really see the point in getting stupidly drunk