



**RESEARCH: please consider this
patient for**

‘UPSTREAM’

Inclusion criteria: Men seeking further treatment for their bothersome lower urinary tract symptoms (LUTS) which may include surgery

Exclusion criteria:

- unable to pass urine without a catheter
- have a relevant neurological disease (*diabetes mellitus is not an exclusion criterion unless it is causing diabetic neuropathy*)
- undergoing treatment for prostate or bladder cancer (*including AS for low grade/stage and G1Ta TCC*)
- previously had prostate surgery
- not medically fit for surgery, or are unable to complete outcome assessments
- do not consent to be randomised and/or not willing to comply with essential study procedures

Thank you

Contact person(s):

Contact number(s):