

10/2015

Primary Health Care
<http://www.bristol.ac.uk/primaryhealthcare>



Teaching Newsletter

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Teaching Tip from Nick Halsey, GP lead for North Bristol Academy

When teaching consultation skills, the simplest things seem to have the biggest impact on the students; for example the power of what we tend to call the 'golden minute'. Starting the consult right from the outset with a nice first open question. Then letting the patient just 'talk' for the first minute whilst the student or doctor just empathetically nods - listens, but doesn't interrupt. Normally this allows 80%+ of the patient agenda to be delivered to the 'doctor' on a plate. We demonstrated that nicely on a few occasions. I think students really appreciate simple practical tips!

New Bristol Curriculum 2017— advance notice

A broad framework for Years 1-5 has been agreed and work has begun for individual year groups to flesh out this framework. These groups include scientists, specialists and a GP. To achieve a consensus on the learning objectives for the different years a Delphi process (see <http://pareonline.net/pdf/v12n10.pdf>) may be used. We would like to involve GP Teachers in this process. It would involve reading through lists of learning objectives, grading them according to importance and adding to them if any are missing. We will keep you informed.

Healthy city

Bristol Health Partners is working with the Bristol Festival of Ideas on a special health day as part of the **Festival of the Future City on 17 November** at the Watershed in Bristol. All the events on the 17th Nov. are free. They tackle important issues how the built environment can contribute to or detract from physical and mental well being. Read more here

<http://www.bristolhealthpartners.org.uk/events/view/2015/11/17/festival-of-the-future-city/18/>

Year 5 workshop 3rd Dec. 2015 Engineers' House, Clifton, Bristol

- ◆ Annie Noble (TLHP) on Mini Cex—new assessment in Year 5
- ◆ Giving feedback, LGBT, Best Teaching Practice in Year 5 and more

To book your place email phc-teaching@bristol.ac.uk

Online resilience training for doctors

If you are a Bristol GP you may remember Dr. Chris Johnstone. He trained as a GP in Bristol and also worked in Mental Health. Some of you will have his first book 'Find your power' or be familiar with his website at <http://chrisjohnstone.info/>

Chris has now developed an online course for resilience training for doctors.

- ◆ Free trial <https://app.ruzuku.com/courses/10869/about>
- ◆ Free webinar on 29th October see <http://www.eventbrite.co.uk/e/free-webinar-resilience-for-doctors-tickets-18697803634>
- ◆ Course starts 12th Nov.
- ◆ For a £50 discount enter the discount code **£50discount**



Facing impossible pressures?
Or you'd like to help others manage theirs?
Here's an opportunity to deepen your understanding of what helps resilience grow, with evidence-based tools you can use yourself +/- or pass on to others

Free Trial till 12th Nov
Free Webinar 29th Oct
Course starts 12th Nov

ONLINE RESILIENCE TRAINING FOR DOCTORS