

12/2014

Primary Health Care
<http://www.bristol.ac.uk/primaryhealthcare>

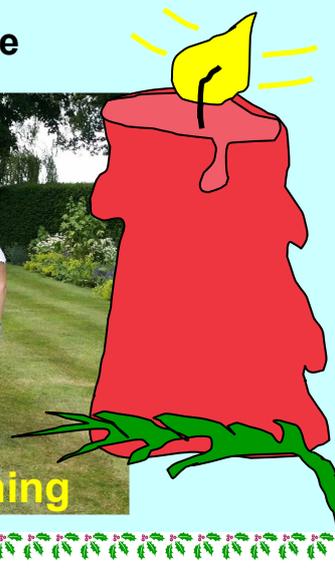
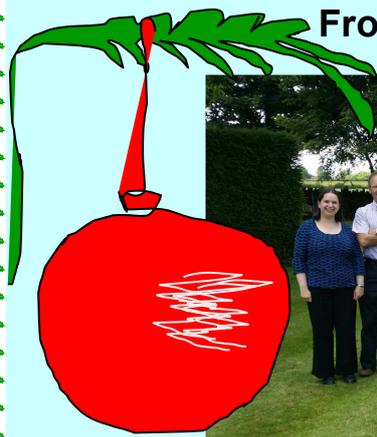


Teaching Newsletter

Canyng Hall, 39 Whatley Rd, BS8 2PS Tel 0117 3314546 Fax 0117 9287325
phc-teaching@bristol.ac.uk

MERRY CHRISTMAS AND A HAPPY NEW YEAR

From all of us in Primary Care



Thank you for all your teaching

From the Teaching Office

- ◆ It would be really helpful if you could always add the name of your practice to your emails into the shared inbox. Sometimes we get emails with just a first name and then have to search the database to work out which practice the email came from.
- ◆ Please could you remind your 3rd Year students to complete the online feedback form.

New year's resolution? Is it on your PDP?

Want to join a Balint group?

Judy Malone, a Bristol doctor and psychotherapist, still has some places in the Balint group for GPs who are recently qualified or in the first 10 years of their GP career. The next meetings are scheduled for December 2 and January 6 in BS7 and the group will continue to meet regularly on the first Tuesday of each month. New members can join at any time. For more information, the exact location and if you have any questions about joining a Balint group, please call Judy Malone on 07906479564. The >10 years GP experience Balint group is currently full.

Honorary Teacher Scheme

Please note, we had to drop the 'Clinical' to comply with UoB requirements. Being an HT entitles you to a UoB email address and use of UoB libraries (electronic and real). Information has been emailed to all practices. Deadline for applications is **9.1.15**

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GPSoc and speed dating on page 3



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Speed dating with GPSoc

Text by Stephanie Whitehead and photos by Zoe Bush

"I am one of those medics who has no idea what they want to do as a doctor. So I thought I would, instead of going to see fireworks, go and meet some GPs for Speed Networking at GPSoc's first event of this Academic year. Similarly to speed-dating (I presume), when the bell went to change tables, many of us were still engaged in interesting discussions and reluctant to move tables, only to find the next GP's story just as interesting.



One of the things that struck me about being a GP from what nearly every single doctor said that evening is how busy being a GP is. You spend the day, pretty much on your own, with patients who could come in with anything from a cold to atrial fibrillation, whilst making phone calls, chasing things up and doing prescriptions amongst many other things including the business side of things. If you contrast this to hospital medicine where you are very much working as a team and there may be periods where there is not much happening and then suddenly lots to do, the two couldn't be more different, but both are challenging in their own way. Although the GP day can be tiring and exhausting, getting home and knowing that really is the end of the day and you can relax (if there are no kids) is rather an appealing prospect.



Many of the doctors we quizzed work part time in the practice as GPs and then spend time doing other things like teaching, expedition medicine or even endoscopy. It was interesting to discover that many services are becoming more primary care-based and that some surgeries are offering services usually done in hospital, like endoscopy. This enables GPs with a special interest to keep that going whilst doing other things, in case they weren't busy enough!

It was also interesting to hear from a doctor in Cuba via video link. It was fascinating to see how primary care is done in another country and also how health promotion was one of their main aims. If you wish to find out more about this and the financial support available then do get in touch with GPSoc as there are many resources available.



Having not been to a GPSoc event before, I can recommend it for anyone, especially if you have no idea what you want to do or whether you want to be a GP. I would advise though that everyone should know what it is like to be a GP, whatever career they end up in."

It is likely that GPSoc will hold similar events in the future. Let us know if you are interested in attending a similar event in the future

Merry Christmas

