

5/2015

Primary Health Care  
<http://www.bristol.ac.uk/primaryhealthcare>



## Teaching Newsletter

Canyng Hall, 39 Whatley Rd, BS8 2PS Tel 0117 33 14546  
[phc-teaching@bristol.ac.uk](mailto:phc-teaching@bristol.ac.uk)



### Student 'Well Being Day'

This was the brainchild of Andrew Blythe, Head of Primary Care teaching. Andrew persuaded the medical school to agree, devised the programme and found sponsors to provide students with a nice lunch. This was planned as a pilot and offered to Years 4 and 5. It is hoped that this may become a regular event. More on Page 2.

### Booking your teaching for 2015-16—now on-line

To make booking your teaching quick and simple we have developed an on-line booking form for each year. The web addresses for that are in our recruitment letters which have just gone out. You will be able to print a copy of your booking for your own records. Please email any queries to [phc-teaching@bristol.ac.uk](mailto:phc-teaching@bristol.ac.uk)

### Bristol curriculum review

Bristol medical school is undertaking a review of the entire undergraduate curriculum to take account of societal, medical and teaching changes and to give our students the best preparation for their future work as doctors. This will have a **major impact on Primary Care teaching**. There is a general drive by the GMC for more medical student teaching to be delivered in Primary Care. The new curriculum will come into effect in 2017.



### Curriculum event for GP Teachers 8th Sept.

It is very important that all our GP Teachers have a say in this and we have therefore organised a curriculum event for GP Teachers on Tuesday 8<sup>th</sup> September at the Engineers' Hse, Clifton, Bristol. This will be an evening meeting from 6-9.15pm including a hot meal. Please mark this day in your diary. To book please email [phc-teaching@bristol.ac.uk](mailto:phc-teaching@bristol.ac.uk)

### GP Teacher Workshops for 2015-16

Year 1 29<sup>th</sup> September

Year 2&3 GP 7<sup>th</sup> October

Both will be held at the Engineers' Hse, Clifton, Bristol and both will be whole day workshops. To book please email [phc-teaching@bristol.ac.uk](mailto:phc-teaching@bristol.ac.uk)



### Writing questions for the Prescribing Safety Assessment

Although there is not yet a national exit exam for all medical schools (like there is in North America and most of Europe), there is a national exam on prescribing called the Prescribing Safety Assessment. Medical students have to pass this or its equivalent before they can start work as doctors. In Bristol the Prescribing Safety Assessment forms part of Finals.

The Medical School Council and British Pharmacological Society are looking for more GPs who teach students to write questions for this prescribing exam. They will provide training. If you are interested in getting involved please contact Dr Anna Zecharia at the British Pharmacology Society [anna.zecharia@bps.ac.uk](mailto:anna.zecharia@bps.ac.uk) / 020 7239 018

This could act as an incentive to revise newer or less familiar medication or prompt a review of the drugs you most commonly prescribe. You could log this as CPD in your portfolio.

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### Student 1

*I attended the Well Being Day, as I really appreciated the University showing that they recognised that at times, Medicine can be a challenging course. This day highlighted the importance of balance, and shared ways to ensure that we look after our physical and mental health. A group Zumba with your fellow medical students and also the heads of the Faculty made for an amusing start! Everyone was very relaxed and it was nice to feel free of pressure. The different activities were all practical tools to promote Well Being. Learning from a Physio how to fix those painful parts that could prevent an injury, to ensure I could still use exercise to manage stress was invaluable. In addition hearing from a motivational successful business man as to how to think positively and create constructive change was inspiring. I really hope that this day becomes an annual part of our training and it was a privilege to be a part of. A delicious lunch to top it off, thank you Bristol!*



### Student 2

*The well being day was a brilliant day enabling medical students to have a good break with each other and not feel guilty of not doing work as everyone was doing it! The sport options were all really fun and an opportunity to try out different sports. It was refreshing to know the medical school acknowledged that its good to look after ourselves and have a break and not only that but that they organised it for us.*



*The talks were very informative and addressed important issues that I think all medical students should hear such as how to set goals, alcohol and eating issues. All in all a very good day!*