TUTORIAL GUIDE FOR YEAR 4 STUDENTS

Substance misuse

Yr 4 learning objective: *Make an initial assessment of someone with an alcohol or drug problem. Demonstrate ability to recognise alcohol dependence & offer help with stopping drinking. Be aware of the associated medical and social problems. Gain understanding of services for addicts within primary care.*

PRE TUTORIAL
- Direct the student to Health Talk online / Speaking Clinically for videos patient’s views

TUTORIAL
- Cup of tea, develop rapport, how’s life / the placement going?
- What do they know / understand? They may have personal / family experience of these issues.
- What do they want to get out of the tutorial?
- Establish what they know re assessment. “What’s a unit?” “How many in a litre of 5% cider?” “Do you know any screening questions?”(CAGE, AUDIT-C) “How would you ask about drugs?” “How would you assess risk (inc. occupation / driving / safeguarding issues)?” “What forms can problem substance misuse take (problematic binging vs. addiction)?” “What would you examine (inc. mental state)?” Fill in the gaps for them.

POST TUTORIAL
- Set some goals – use some screening questions in a future consultation – be prepared to do a brief intervention if they screen positive.
- Arrange a sit in on a drug or alcohol clinic especially if you have a clinician who comes to your surgery.