More people are using complementary and alternative medicine (CAM) in England, but access is unequal

CAM use is rising

More **women** than men used CAM

- **16%**
- **2015**

More **rich** than poor used CAM

- **12%**
- **2005**

**67%** paid for themselves (or had friends and family pay)

**70%** self-referred

**17%** referred by GP

Reasons for use

- Mental health: 12%
- Neck, shoulder or knee pain: 22%
- Back pain: 38%

From Ipsos MORI survey of a representative sample of 4,862 people, 766 of whom had seen a CAM practitioner (e.g. acupuncture, massage, osteopathy, chiropractic) in the last 12 months (2015).

Read the full article online: ‘Complementary medicine use, views and experiences – a national survey in England’. Sharp D. et al. [ow.ly/ICPt30my5ik](ow.ly/ICPt30my5ik)