

**[550]  
PARTICIPANTS  
ENROLLED**

**Newsletter for participants in the Best Emollients for Eczema study**

Web: [www.bristol.ac.uk/bee-study/](http://www.bristol.ac.uk/bee-study/)

Email: [bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk) Twitter: [@bee\\_study](https://twitter.com/bee_study)

**GP Surgeries**

**Bristol**

Shirehampton	Mendip Vale
Pioneer MG	Monpelier HC
Clevedon MC	Horfield Health
Cadbury Heath	Close Farm
Gloucester Rd	Nightingale Val
Courtside	Frome Valley
Air Balloon	Fishponds FP
Cleavelands/S Post	Eastville MP
Greenway	Kingswood
Westbury on Trym	Tyntesfield MG
Hanham Health	Cotswold
S View/Thornbury	Trowbridge

**Wessex**

Westlands	Liphook & Liss
Wareham	Swanage
Wellbridge	Bosmere
Adam Practice	Denmark Road
Barton Webb	Highcliffe MC
Gosport MC	Wistaria/Milton
Ringwood MC	Salisbury
Abbeywell	Friarsgate
Oaks Healthcare	Old Fire Station
Park & St Francis	Three Chequers

**Nottingham**

Elmswood	Leen View
The Family MP	Riverlyn MC
Parkside MC	Rise Park
Fairfields	Derby Road
East Leake MG	Bilsthorpe
Brierley Park	Orchard MP
Collingham	Crown MP
Forest MG	The Valley
Torkard Hill	Daybrook MP
Roundwood	St George's MP
Ruddington	Churchside

**Lincolnshire**

Birchwood MP	Nettleham MP
Lindum MP	Glenside CP
Richmond MC	Welton Family
Bassingham	The Glebe
Parkside, Boston	Deepings
Cleveland Surgery	



**Welcome to your BEE study newsletter where we keep all participants updated with news, information and progress of the study**



We hope that all our BEE families are staying safe and well at this time.



**FOLLOW-UP COMPLETE!**

We have now followed everyone up for 52 weeks.



As you may remember, the aim of the study was to find out which are the best emollients to start with, for treating the symptoms of childhood eczema – a lotion, cream, gel or ointment?



In 2021 we will start analysing all the questionnaires you have completed and compare the effectiveness (and acceptability) of the different emollients that you have been using.

**RECRUITMENT SUMMARY**



Participants were recruited across 3 centres – Bristol, Nottingham/Lincolnshire and Southampton.



In total 77 GP practices were recruited to the study.



We recruited a total of 550 participants who have all now reached 52 weeks and completed the BEE study!



**WHAT HAPPENS NEXT?**

Since your 16 week visit you have been free to change moisturiser if you wanted. Now participant recruitment and follow-up has ended, you should be able to continue to request the same moisturiser you have been using from your GP, if you want.

The information you have provided will be analysed for the first time over the next few months and we should be ready to publish the findings in the summer of 2021.



We will write a study newsletter summarising the findings and send it to you as soon as we can and we will prepare the findings for publication in medical journals. The rules of publication mean that we have to wait until the medical journal is ready to publish the papers before we can send you the details in the newsletter. We will try to send your newsletter to you as close to the publication date as we can.

Although the research team won't know the findings of the study until next year we have already been thinking about what the results might mean. We have been talking to groups of parents and carers to get their views on how the results might be interpreted. Amanda Roberts, our Trial Public Contributor, has written a blog about this which you can read here: <http://www.bristol.ac.uk/primaryhealthcare/researchthemes/bee-study/blogs/>



**BEE** Best Emollients  
for Eczema

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Have you seen our BEE gallery  
with all your wonderful coloured  
in bees? Visit our website:  
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@bee\_study

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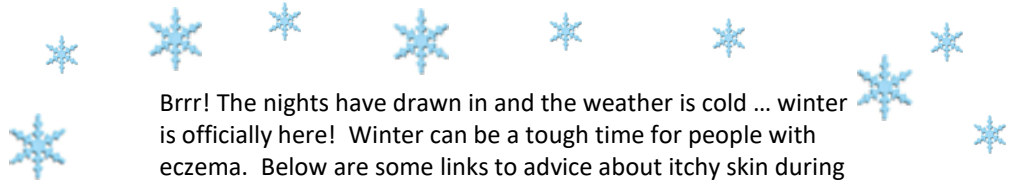
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Janet Beecham

**Trial Co-ordinator**  
Victoria Maddox

## WINTER IS HERE!



Brrr! The nights have drawn in and the weather is cold ... winter is officially here! Winter can be a tough time for people with eczema. Below are some links to advice about itchy skin during the winter months that you may find helpful:

Fact sheet provided by Nottingham Support Group for Carers of Children with Eczema, with information and tips on managing eczema during the winter months:  
[www.nottinghameczema.org.uk/documents/caring-for-eczema-during-winterfinal.pdf](http://www.nottinghameczema.org.uk/documents/caring-for-eczema-during-winterfinal.pdf)



Advice from the American National Eczema Association:  
<https://nationaleczema.org/eczema-in-winter/>



## CORONAVIRUS AND ECZEMA

If you have Coronavirus related eczema questions, Prof Hywel Williams has a useful question and answer page, and is happy to answer any additional questions. Simply follow the link:  
[www.nottinghameczema.org.uk/information/covid-19-questionsanswers.aspx](http://www.nottinghameczema.org.uk/information/covid-19-questionsanswers.aspx)



## BUSY BEE MEETS ICE ICE PUPPY!



Busy Bee snaps a selfie with 'Ice Ice Puppy'

In November our BEE mascot 'Busy Bee' was searching for Aardman characters on the Wallace and Gromit sculpture trail whilst enjoying his daily exercise!

The socially-distanced trail will raise money for The Grand Appeal, the Bristol Children's Hospital Charity.



## USEFUL INFORMATION

Remember to update us if your email address changes as this is how we will continue to contact you over the coming months. To let us know if your details have changed you can email us at [bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk). You can also stay up to date with us on twitter (@bee\_study) and visit our website for the latest BEE study news and information ([www.bristol.ac.uk/bee-study](http://www.bristol.ac.uk/bee-study)).



## A big THANK YOU...

A happy festive season to our participants and a huge THANK YOU to all involved for your support!



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