



April 2020

Newsletter for the Best Emollients for Eczema

Web: www.bristol.ac.uk/bee-study/

Email: bee-study@bristol.ac.uk Twitter: @bee study



550

GP Surgeries

Bristol

Shirehampton	Mendip Vale
Pioneer MG	Monpelier HC
Clevedon MC	Horfield Health
Cadbury Heath	Close Farm
Gloucester Rd	Nightingale Val
Courtside	Frome Valley
Air Balloon	Fishponds FP
Portland	Eastville MP
Churchdown	Severn View FP
Westbury on Trym	Tyntesfield MG
Cleevelands	Cotswold
Trowbridge	Greenway
Fallodon Way	Kingswood
Hanham Health	

Wessex

Westlands	Liphook & Liss
Wareham	Swanage
Wellbridge	Bosmere
Adam Practice	Denmark Road
Barton Webb	Highcliffe MC
Gosport MC	Wistaria/Milton
Ringwood MC	Salisbury
Abbeywell	Mulberry House
Oaks Healthcare	Friarsgate
Three Chequers	Old Fire Station
Park & St Francis	Vine Medical

Nottingham

Elmswood	Leen View
The Family MP	Riverlyn MC
Parkside MC	Rise Park
Fairfields	Derby Road
East Leake MG	Bilsthorpe
Brierley Park	Orchard MP
Collingham	Crown MP
Forest MG	The Valley
Torkard Hill	Daybrook MP
Roundwood	St George's MP
Ruddington	Hill View
Churchside	

Lincolnshire

Birchwood MP	Nettleham MP
Lindum MP	Glenside CP
Richmond MC	Welton Family
Bassingham	The Glebe
Parkside, Boston	Liquorpond
Cleveland Surgery	Woodhall Spa
Newark Road	Deepings
Market Rasen	Cliff House







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Welcome to your BEE study newsletter where we keep all participants updated with news, information and progress of the study

It is a strange spring this year, with the world in the middle of a pandemic and the nation on lock down, but we still wanted to wish you a belated Happy Easter and we hope that all our BEE families stay in, stay safe and stay well.

FOLLOW-UP

Over 300 of our lovely participants have now reached the 1 year mark and completed the BEE study!

Approximately 250 families are still in the study and completing the monthly surveys. We are grateful for every survey that you complete.

At this current time, it might be difficult to think about BEE with everything else going on, but it is as important as ever that we continue to collect this important information from you and we thank you for sticking with it!



Best Emollients

ECZEMA AND HAND WASHING DURING THE CORONA VIRUS

Professor Hywel Williams, Professor of Dermatology from the University of Nottingham, is part of the collaboration behind the BEE Study. He has produced this very useful video about hand washing for eczema sufferers.

Please view here:



https://mediaspace.nottingham.ac.uk/media/COVID-



19+hand+washing+advice/1 wlufymil





Like many of you, the BEE team is having to work from home right now.



This means there are a few changes to the way we are working.

Paper surveys: Those of you that are completing paper surveys will be receiving all your remaining surveys at once. This is because we are not in the office to post them out monthly. They are clearly marked with the date they should be completed. Please return them monthly as normal, using the pre paid envelope.

Our post is being collected safely and scanned on to the system, so we will receive your answers.

Online surveys: Those of you completing online surveys, please continue as normal with no change

Contacting us: The easiest way to contact us is by email: bee-study@bristol.ac.uk Several team members can access this account and it will be checked regularly. If necessary, we can call you back, so please include your number if you think we will need to speak to you.



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Have you seen our BEE gallery with all your wonderful coloured in bees? Visit our website: www.bristol.ac.uk/bee-study/



@bee_study

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SOUTHAMPTON TEAM

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NOTTINGHAM/LINCOLN TEAM

Principal Investigator Professor Kim Thomas

Clinical Study Officer Valentina Lazarevic

Research Nurses Sue Davies-Jones Karen Duff Stephen Bosel-Doyle Janet Beecham



Trial Co-ordinator Victoria Maddox

How might the corona pandemic affect my eczema care?

To cope with COVID19, GP surgeries have changed the way they are working, with no or minimal face-to-face appointments. However, they are still expecting to speak to people about all the usual problems, including your child's eczema if you need help, advice or a prescription. We have produced some 'What should I do?' questions and which our Chief Investigator and GP Dr Matthew Ridd has answered:



I don't want to bother my GP but my child is having a flare of their eczema and I'm unsure what to do

If you are having difficulty with your child's eczema, it is important you seek medical advice. Phone your GP surgery (do not visit in person) and they should be able to offer you a telephone appointment with a GP or nurse practitioner. Some are able to accept digital photos or offer video consultations.

I am concerned that there will be a problem getting my child's usual eczema treatment, including their moisturiser. What should I do?

We are not aware of any supply problems with the usual treatments for eczema, such as moisturisers and topical corticosteroids. If you do encounter problems, your pharmacist or GP surgery should be able to prescribe an alternative. For moisturisers, ideally this should of the same 'type' (e.g. lotion, gel, cream or ointment). It would also be very useful if you could let us know, by emailing <u>bee-study@bristol.ac.uk</u> so we can monitor the situation and help if needed.

We are self isolating and are unable to collect our prescription. My child is going to run out of emollient. What should I do?

It is very important that you do not break your isolation, therefore you need to find someone else to collect/deliver it for you. If you do not have a friend or neighbour able to collect for you, please contact your pharmacy as some are able to provide delivery services to vulnerable or isolating patients at the moment.



If you have any further corona related eczema questions, Prof Hywel Williams has started a useful question and answer page, and he is happy to answer any additional questions.



Simply follow the link:

http://www.nottinghameczema.org.uk/information/covid-19-questions-answers.aspx

Thank you & goodbye to BEE staff

Since the end of last year we have sadly said goodbye to several of our busy bees, whose contracts have ended as their part of the work has finished. Each one of them has made an important contribution to BEE.

Thank you Kate Martinson in Southampton, Vicky Maddox and Sue Davies-Jones in Nottingham and Anna Gilbertson and Ali Heawood in Bristol. Thank you also to the CRN team in Lincoln, Karen Duff, Janet Beecham and Steve Bosel-Doyle.



A special thank you and goodbye to Lyn Liddiard in Bristol, who has been a very crucial member of the BEE team, covering not only the research nurse role in Bristol, but lots of general 'BEE Keeping' as well.

A great big THANK YOU to our participants and all involved for your continued participation and support of the BEE study

This research was funded by the NIHR Health Technology Assessment (ref 15/130/07). The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care





