

**550  
PARTICIPANTS  
ENROLLED**

## GP Surgeries

### Bristol

Shirehampton	Mendip Vale
Pioneer MG	Monpelier HC
Clevedon MC	Horfield Health
Cadbury Heath	Close Farm
Gloucester Rd	Nightingale Val
Courtside	Frome Valley
Air Balloon	Fishponds FP
Portland	Eastville MP
Churchdown	Severn View FP
Westbury on Trym	Tyntesfield MG
Cleavelands	Cotswold
Trowbridge	Greenway
Falldon Way	Kingswood
Hanham Health	

### Wessex

Westlands	Liphook & Liss
Wareham	Swanage
Wellbridge	Bosmere
Adam Practice	Denmark Road
Barton Webb	Highcliffe MC
Gospport MC	Wistaria/Milton
Ringwood MC	Salisbury
Abbeywell	Mulberry House
Oaks Healthcare	Friarsgate
Three Chequers	Old Fire Station
Park & St Francis	Vine Medical

### Nottingham

Elmswood	Leen View
The Family MP	Riverlyn MC
Parkside MC	Rise Park
Fairfields	Derby Road
East Leake MG	Bilsthorpe
Brierley Park	Orchard MP
Collingham	Crown MP
Forest MG	The Valley
Torkard Hill	Daybrook MP
Roundwood	St George's MP
Ruddington	Hill View
Churchside	

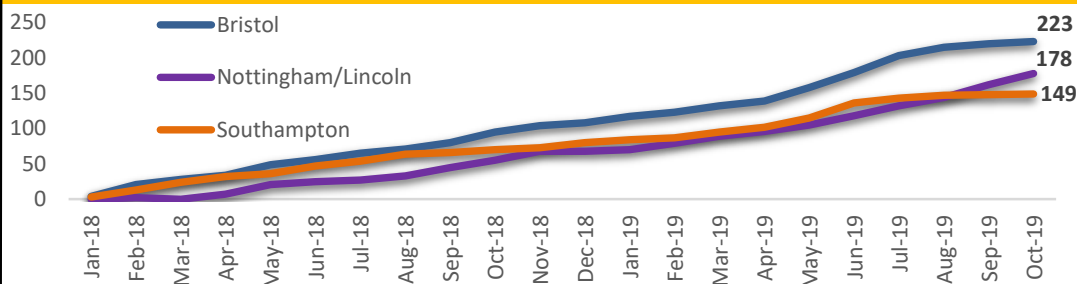
### Lincolnshire

Birchwood MP	Nettleham MP
Lindum MP	Glenside CP
Richmond MC	Welton Family
Bassingham	The Glebe
Parkside, Boston	Liquorpond
Cleveland Surgery	Woodhall Spa
Newark Road	Deepings
Market Rasen	Cliff House



Welcome to your BEE study newsletter where we keep all participants updated with news, information and progress of the study

## FINAL RECRUITMENT UPDATE



## QUESTIONNAIRES AND FOLLOW UP



A big thank you to all the GP surgeries and participants who helped us to exceed our target sample size.



Recruitment may be over but we still have lots to do before we are able to find out which the best emollients are!

- Please keep on filling in your questionnaires - it's so important and really appreciated.
- If you stop using your moisturiser or change it, you can remain on the study and your answers on the questionnaires still matter.
- Don't hesitate to contact the BEE team on [bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk) if you experience any problems – we are here to help.
- Remember, questionnaires are weekly for the first 16 weeks.
- After your week-16 visit, questionnaires will continue monthly up until week 52. Please remember to keep filling these in – every answer to every question matters.

## MEET THE CHIEF INVESTIGATOR: DR MATTHEW RIDD



I'm a GP and researcher at the University of Bristol. As Chief Investigator on the BEE study, I've got overall responsibility for making sure we do everything we said we would! This includes keeping promises we made both to the funder and you, our participants without whom the research simply wouldn't be possible.

I meet regularly with members of the research team who do the bulk of the work recruiting new children into the study, following-up on those already taking part, entering the data from questionnaires, and keeping an eye on the figures to make sure we're on course. It's a real privilege to be able to work with everyone involved, with all their different roles and perspectives.

But above all, I'm grateful to each and everyone one of you for taking part and contributing to something bigger than any of us can achieve individually. I especially enjoying seeing the bees that so many of your children have coloured-in! Please keep on answering as many of the questionnaires for as long as you can – this is still the only study of its type in the world, and every bit of data you give us counts.

## BEE Main Trial Office

Bristol Medical School,  
University of Bristol,  
Canynge Hall,  
39 Whatley Road,  
Bristol BS8 2PS

Tel: 0117 3314532

Email: [bee-study@bristol.ac.uk](mailto:bee-study@bristol.ac.uk)

Have you seen our BEE gallery  
with all your wonderful coloured  
in bees? Visit our website:  
[www.bristol.ac.uk/bee-study/](http://www.bristol.ac.uk/bee-study/)



@bee\_study

**Chief Investigator**  
Dr Matthew Ridd

**Trial Manager**  
Doug Webb/Sian Wells

**Administrator**  
Zoe Wilkins

**Trial Coordinator/Qualitative  
researcher**  
Eileen Sutton

**Clinical Study Officers**  
Lyn Liddiard  
Anna Gilbertson

### SOUTHAMPTON TEAM

**Principal Investigator**  
Dr Miriam Santer

**Clinical Study Officers**  
Martina Prude  
Kate Martinson

### NOTTINGHAM/LINCOLN TEAM

**Principal Investigator**  
Professor Kim Thomas

**Clinical Study Officer**  
Valentina Lazarevic

**Research Nurses**  
Sue Davies-Jones  
Karen Duff

Stephen Bosel-Doyle  
Janet Beecham

**Trial Co-ordinator**  
Victoria Maddox

## FUN PALACES



LOCAL PEOPLE SHARING SKILLS, CREATING TINY REVOLUTIONS



On the 5<sup>th</sup> October the Bristol BEE Team went to the Barton Hill Settlement as part of the Fun Palaces.

FunPalaces is a campaign promoting community at the heart of culture and culture at the heart of community, with an annual weekend of action created by, for and with local people.

<http://funpalaces.co.uk/>

So while the children joined in with the craft activities making paper and pipe cleaner bees; creating Itchy-saurus stories with Rosie Wellesley, and finding out about the different types of emollient, what they thought of them and how to apply them; the parents were free to discuss clinical research in general, the BEE study and the issues of living with eczema.

### WHAT IS IT LIKE TAKING PART IN A RESEARCH?

During our interviews with families we have asked them what it has been like for them being randomised to one of the four types of moisturisers, using their study moisturiser and filling in the questionnaires. Here is what some of you said:

Parent: I think that's held her interest, the lady coming round and giving her a bumble bee as well it's sort of maintained her interest more

Parent: I think (son) was quite excited. I was a little bit apprehensive. I think I was worried that maybe he was going to end up with a (moisturiser) or something that maybe trying to apply during the winter might have been quite cold to put on the skin but yeah, I don't know, I think it's just one of those things. (Son) was quite happy to take part and the case if it was going to be pot luck and that made it more exciting for him.

Child: I think you should get other people - more people in the study, put posters around BEE study, get more people with eczema and I'll spread it around if they have eczema. Or it depends on their skin and should go to the BEE study 'cos it's very good.

Parent: It was fine. I mean there were a few occasions where we might have a lazy morning and I would just quickly get her dressed and go out 'cos I was dilly dallying or something and I wouldn't want to keep her awake longer than she had to be, so I wouldn't necessarily have used it twice a day every time. But in general it was fine 'cos it's essentially what I try and do anyway.

Parent: It has got me thinking about it, like filling out the questionnaires, I'm just kind of more - I just feel I'm considering those things we wouldn't have considered... the questions you are asked, is his sleep disturbed, you know, is his skin more dry, like I'm just thinking about it a lot more.

Child: I like filling in the surveys.

### ARE YOU READY FOR WINTER?

The weather is getting a little colder and the nights are getting a little darker. Winter is on the way, which means so is Christmas. Below is a little help for those whose skin is a bit itchier during the winter months:

Fact sheet provided by Nottingham Support Group for Carers of Children with Eczema, with information and tips on managing eczema in the winter:

[www.nottinghameczema.org.uk/documents/caring-for-eczema-during-winterfinal.pdf](http://www.nottinghameczema.org.uk/documents/caring-for-eczema-during-winterfinal.pdf)

Advice from the American National Eczema Association: <https://nationaleczema.org/eczema-in-winter/>

Please help spread awareness for people with asthma this winter.

Share a #Scarfie, save a life: <https://www.asthma.org.uk/scarfie>



**A great big THANK YOU to our participants and all involved for your continued participation and support of the BEE study**

This research was funded by the NIHR Health Technology Assessment (ref 15/130/07). The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.