If you need support don’t hesitate to reach out. You’re not alone. bristol.ac.uk/wellbeing
Welcome to Stoke Bishop Campus

Sometimes the demands of studying and life in general can seem a challenge so it’s important to look after your wellbeing.

Taking care of your physical, emotional and mental health can help you manage the ups and downs of University life.

This map has been created to help you make time for the activities you love and keep a good balance between studies and leisure.

Residential Life

If you’re a student living in University accommodation, you can contact your Residential Life team at any time.

Your Residential Life team can help with anything from homesickness to problems with flatmates; they also organise events and activities in residences.

You can contact Residential Life by telephone or email 24 hours a day, or by visiting your Student Support Centre in person.

Tel: 0117 428 3300
Email: reslife-north@bristol.ac.uk
Address: North Village Student Support Centre, Baker Hall, Parry’s Lane
Bristol BS9 1AD

Wellbeing Support

If you’re feeling worried or upset contact us.

We’re open to all students and offer professional help and guidance if you’re experiencing challenges. If you have any queries relating to wellbeing support, including an existing request for support, our phone line is accessible 24 hours a day, or contact us by:

Opening times: Monday to Friday, 9am to 8pm.
Email: wellbeing-access@bristol.ac.uk
Tel: 0117 456 9860

Out of hours? Call the NHS 111 service. If it’s a medical emergency, or if there’s a fire or crime taking place, call 999.