Meta analysis using multilevel models with an application
to the study of class size effects

by

Harvey Goldstein and Min Yang
Institute of Education
University of London

Rumana Omar
Rebecca Turner
Simon Thompson
Imperial College School of Medicine
University of London
Abstract

Meta analysis is formulated as a special case of a multilevel (hierarchical data) model in which the highest level is that of the study and the lowest level that of an observation on an individual respondent. Studies can be combined within a single model where the responses occur at different levels of the data hierarchy and efficient estimates are obtained. An example is given from studies of class size and achievement in schools, where study data are available at aggregate level in terms of overall mean values for classes of different sizes, and also at student level.

Keywords

Class size research, meta analysis, multilevel modelling.

Acknowledgements

The research was funded by the Economic and Social Research Council under the programme for the Analysis of Large and Complex Datasets. We are most grateful to the referees and the editors for their helpful comments.
1. Introduction

The effects of class size on achievement have been studied since the 1920s quantitatively and qualitatively, and have certainly been debated for much longer. There is a large number of existing studies, including observational surveys, matched designs and randomised controlled trials (RCTs). Despite the number of studies, the results are often inconclusive. Glass and Smith (1979) first applied a meta analysis to 77 studies based on 70 years’ research in more than a dozen countries. They concluded that there were positive effects for class sizes of less than 20, based on 14 of these studies which were considered to be ‘well-controlled’. Their quantitative synthesis method has been followed by many more meta analyses on the same topic (Carlberg & Kavale, 1980; Hedges & Olkin, 1985; Slavin, 1986, 1990; McGiverin et al, 1989).

Slavin (1990) argued that Glass’s positive finding was based on only a small number of studies and the results were largely affected by one extreme case (Verducci, 1969). On reanalysis Slavin reported an effect much smaller than Glass. He also conducted an analysis of 9 randomised or matched studies. Among these studies some were used by Glass and Smith in 1979 but most of them were new studies selected according to strict inclusion criteria. The large-scale Tennessee Student/Teacher Achievement Ratio (STAR) RCT study (Word et al., 1990) was included. Slavin suggested a moderate effect size of 0.17 SD units of achievement score comparing smaller classes of 15/16 with larger classes of 25-30.
The use of random effect models in meta-analysis has been suggested by several authors (Hedges & Olkin, 1985; Raudenbush & Bryk, 1985; Hardy & Thompson, 1996; Erez et al., 1996; Cleary & Casella, 1997). The present paper focuses more on the methodology of meta analyses than the substantive issue of class size per se. For a more detailed discussion of the latter and a consideration of the role of RCTs in such studies see Goldstein and Blatchford (1998).

In this paper we tackle the problem of how to compare data from different studies with varying summary measures, using multilevel models (Goldstein, 1995). We also develop multilevel models to combine study level data and individual level data. This provides a statistically efficient method for the situation in which some studies have individual level data but others have only summary statistics available (for example means and standard errors from published papers). We first describe, in section 2, the studies included and data available for addressing the issue of class size effects. Section 3 introduces a multilevel model for meta analysis, focussing on aggregate level data, and section 4 describes how the model can be extended to combine both aggregate level and individual level data in the same analysis.

2. Data sources

2.1 Criteria for study inclusion

We restrict ourselves to those studies meeting the following inclusion criteria:
(i) The study is an RCT or has a matched design where there is an attempt to match smaller and larger classes initially using school or student level criteria.

(ii) The study outcomes are achievement scores, for example standardised test scores or rating scales.

(iii) The study is longitudinal with initial and final achievement measures and at least one school year period for both larger and smaller classes.

(iv) The smaller class is not less than 15 and the larger class is not more than 40.

These inclusion criteria are similar to those that Slavin (1990) set out for his analysis and the range of class sizes matches that found in educational systems of industrialised countries.

2.2 Scope and strategy of literature search

Several databases were searched using the key words class-size, longitudinal study, school achievement; the ERIC database from 1961 to 1997, the British Education Index (1954 - 1996 covering 300 journals of education), the Canadian Education Index (1976 – 1996 coverage) and the Australian Education Index (1978 – 1996 coverage). Psychological Abstracts was searched (1985 – 1996) using the subject titles class-size, classroom, group size, academic achievement, meta-analysis.

Nine studies met our criteria, among which seven studies were used by Slavin (1990). Two studies used by Slavin could not be traced through our database search, or by an additional Internet search for the authors’ names. The data on
these, as presented by Slavin, are not detailed enough for use in our analysis. Two new studies not used by Slavin are added into our collection. Only one study, the STAR study, provides individual level data.

In the next section we list some basic information about the selected studies.

2.3 Studies selected

A summary of the statistical information is given in Table 1.

Study 1: Balow (1969), California. This was an experimental (but non-randomised) study on reading achievement for students from grades 1-2, then grades 3-4. Class-sizes were defined as 15 for small and 30 for large classes. The means of the reading score at grade 1 for the two classes were reported equal so that scores at grade 2 were compared. Means at grade 4 were compared adjusting for the intake reading or pupils’ IQ measured at grade 3. No standard error for any measure was reported, except for F-test values in the paper.

Study 2: Shapson et al (1980), Toronto city. This was an RCT for four class size groups 16, 23, 30 and 37. The trial period was from grade 4 to 5. Efforts were made to keep the same group of pupils in the same class during the trial year. It was reported that the pupil changes in a class were limited to within ± 3 by the end of the study. Measures included test scores for composition, vocabulary, reading, math-concepts and math-problem solving. Means and standard deviations (SDs) adjusted for year of the study and teachers' experience were reported.
Study 3: Doss & Holley, (1982), Austin, Texas. This was a five year matched design study from grade 2 to 6 for school achievement in reading, language and mathematics. The class size was 15 for small and 30 for large classes. Initial means and SDs of test scores at the beginning of the year and those at the end of the year were reported for the five years. Correlation coefficients between the pre-scores and post-scores were also reported by grade and class.

Study 4: Wilsberg & Castiglione (1968), New York City. A total of 1127 grade 1 students from 13 schools and 516 grade 2 students from 7 schools were used. Grade 1 students were in small classes of 15 and grade 2 students were in large classes of 25 and over. Both received the same materials, and help for a year. The study reported means and SDs of a reading test at study entry, and means and SDs of vocabulary and comprehension tests taken at the end of the study.

Study 5: Wagner (1981), Toledo, Ohio. Grade 2 students in one school assigned to small classes of less than 15 were compared with a matched school with large classes of 25. This was published as a doctoral thesis.

Study 6: Mazareas (1981), Boston. A random sample of 1014 grade 1 pupils (368 from small classes of less than 20, 646 from large classes of more than 30) were used. Outcomes were adjusted for covariates and F-test values were reported for five school attainment scores including reading. This was published as a doctoral thesis.

Study 7: Butler & Handley, (1989), Mississippi. This was a matched design study of grade 1 and 2 students measuring reading, listening and mathematics
achievement. Outcomes for students in smaller classes (size 20) of grade 1 and grade 2 were compared with the same group of students in larger classes (size 27) followed for two years. Students in the smaller and larger classes were from the same school. The study matched for factors such as teachers' qualification and an entrance test, but did not carry out covariate adjustment. Means and SDs by subject by class group were reported.

Study 8: San Juan Unified School District (1991), California. A total of 2819 students from 10 high schools (grade 9) originally in large classes of 30 were assigned to reduced size classes of 20 for a year and compared with those in larger classes. The means of a reading comprehension test in grades 9 and 10 were reported.

Study 9: Word et al. (1990), Tennessee. The STAR project was an RCT longitudinal study with children followed from kindergarten to grade 3 for four years with measurements at one-year intervals. Smaller classes averaged about 15 students (13-17) and larger classes about 24 (22-25). There were some four thousand students available for analysis and initial assignment into kindergarten classes was at random.

(Table 1 here)

In this table the class size, number of pupils, means and standard deviations are taken from the published papers. The adjusted means and pooled standard deviations are computed using equations (1) and (2) respectively below. The standardised adjusted means are computed using equation (3) below.
As we can see from Table 1 a number of problems arise. The tests used to measure achievement are obviously different from study to study. Re-scaling the measurements to a common scale is essential for meta analysis. Common practice is to standardise the mean for each class group within each study using a pooled standard deviation. For example, the conventional effect size measure (Glass and Smith 1979, Hedges and Olkin 1985) is \( \frac{(\bar{y}_S - \bar{y}_L)}{SD_{pooled}} \), where the terms \( \bar{y}_S, \bar{y}_L \) indicate the mean score of smaller and larger class groups respectively. For our purposes we require, as a minimum, estimates of the means and pooled SDs. Some studies did not present standard deviations for their achievement measures. In this case an F-test or t-test value reported by such a study had to be used to derive the pooled SD for the two groups under comparison.

Differences in the effect of class size between studies may arise from a number of causes. Where common data are available, for example on socio-economic background, we can see whether such factors explain part of the study differences (Thompson, 1994). In the present case we have the additional problem that different achievement tests were used in each study and this will generally introduce further, unknown, variation. A further issue is that, apart from the STAR study where student level data were available, the between-school variation within a study is not separately reported, but should be included in our models.

### 2.4 Adjusting for pre-treatment score

Our inclusion criteria for non-RCT studies to be matched on student or class factors imply that for each study we can adjust for initial achievement. This is
important for non-randomised studies in order to allow for any association between initial achievement and allocation to classes of different sizes. In randomised studies it will generally increase precision as well as potentially helping to correct for any problems with the randomisation procedure.

Given the means and SDs for both pre-treatment and post-treatment as well as the within-group correlation coefficient \( r \) \((pre, post)\) between the pre and post test scores, we adjust the post-treatment mean of the small and large classes by equation (1) to obtain estimates of the adjusted means \( \hat{\mu}_{S,\text{post}}^C \) and \( \hat{\mu}_{L,\text{post}}^C \). This is equivalent to applying an analysis of covariance to the two class groups with the pre-treatment score as the covariate.

\[
\hat{\mu}_{h,\text{post}}^c = \bar{X}_{h,\text{post}} + \frac{\sigma_{\text{post}}}{\sigma_{\text{pre}}} \times r \times (\bar{X}_{h,\text{pre}} - \bar{X}_{\text{pre}}) \tag{1}
\]

where \( h \) indexes the class size and \( \bar{X}_{\text{pre}} \) is the overall pretest mean. The symbols \( \sigma \) and \( \bar{x} \) refer to the pooled between-subject standard deviation and treatment means respectively. If the correlation coefficient between the pre- and post-treatment scores is not provided, an estimate may be available from other studies (for example see the footnote to Table 1).

**2.5 Adjusting and pooling SDs**

Given the residual sum of squares of the post-treatment score adjusted for the pre-treatment score for each class size group separately, say \( SS_s \) and \( SS_L \), a pooled SD is calculated as
\[ SD_{pooled} = \sqrt{\frac{SS_s + SS_l}{D_s + D_L}} \]  

(2)

where \( D \) refers to the degrees of freedom used for each class size group.

The final summary statistics are the adjusted means and pooled SDs in Table 1. The standardised adjusted means are computed by calculating, for each grade in each study, the mean over all class sizes weighted by numbers of students, subtracting this from each standardised mean and dividing by the pooled SD, namely

\[ y_{h,jk} = (\hat{\mu}_{h,jk} - \sum_h n_{h,jk} \hat{\mu}_{h,jk} / \sum_h n_{h,jk}) / SD_{jk} \]  

\( h = 1 \) for large class; \( h = 2 \) for small class

(3a)

The standardised adjusted means are the responses used for the aggregate level data.

Based on these the conventional effect size can be estimated as in the last column using equation (3b), namely

\[ y_{s,jk} - y_{L,jk} = (\hat{\mu}_{s,jk} - \hat{\mu}_{L,jk}) / SD_{jk} \]  

(3b)

The homogeneity test (Hedges & Olkin, 1985) for the weighted and bias corrected effect size estimates for the eight studies with aggregate level data indicates significant heterogeneity among them \( (\chi^2_{15} = 255.5, \ p < 0.001) \). Heterogeneity may have arisen in a number of ways including inappropriate assumptions about ways of combining effect sizes and omitted levels (between classes and between schools) in the analyses.
As an alternative to working with adjusted effects, we could consider treating the pretest score as a covariate in the multilevel model described in the next section. A difficulty with this approach, however, is that the coefficient for the pretest will vary from study to study, and we shall not pursue this further.

3. A multilevel meta analysis model

In this section we formulate a general class of meta analysis models by considering a simple 2-level structure. We shall assume that we have a collection of studies, each concerned with the comparison of several ‘treatments’. These treatments may be distinct categories (represented by dummy variables) or may be effects represented by regression coefficients or a mixture of the two kinds. The basic models we shall develop are ‘variance component’ models but we will also illustrate a random coefficient model, and the variance heterogeneity case can also be incorporated (Goldstein, 1995, Chapter 3)

For the \(i\)-th subject in the \(j\)-th study who received the \(h\)-th treatment, we can write a basic underlying model for outcome \(y_{hij}\) as

\[
y_{hij} = (X_\beta)_{ij} + \alpha_h t_{hij} + u_{hj} + e_{hij}
\]

\(h = 1, \ldots, H; \quad j = 1, \ldots, J; \quad i = 1, \ldots, n_{hj}\)

\[
u_{hj} \sim N(0, \sigma^2_{hu}); \quad e_{hij} \sim N(0, \sigma^2_{he})
\]

(4)

where \((X_\beta)_{ij}\) is a linear function of covariates for the \(i\)-th subject in the \(j\)-th study, \(u_{hj}\) is the random effect of the \(h\)-th treatment for the \(j\)-th study and \(e_{hij}\) is the random residual of the \(h\)-th treatment for subject \(i\) in study \(j\). The term \(t_{hij}\) is a
dummy treatment variable (contrasted against a suitable base category) and $\alpha_h$ is the treatment contrast of primary interest. If the treatment dummy variables are replaced by a continuous variable $t_{ij}$ then (4) becomes

$$
y_{ij} = (X\beta)_{ij} + \alpha h_{ij} + u_j + e_{ij}
$$

$$
j = 1, \ldots, J; \quad i = 1, \ldots, n_j
$$

$$
u_j \sim N(0, \sigma_u^2); \quad e_{ij} \sim N(0, \sigma_e^2)
$$

It is also possible to allow the variances within and between studies to be different for each treatment or to vary with the value of a continuous treatment variable, leading to complex variance structures (Goldstein, 1995, Chapter 3). We can also introduce covariates where data are available and appropriate, and interactions between treatments and covariates. For example, a particular treatment contrast may differ according to covariate values. We may also relax the Normality assumption of the level 1 residuals, for example if fitting a generalised linear multilevel model (Goldstein, 1995, Turner et al., 1999).

### 3.1 Aggregate level data

Consider now the case where (4) is the underlying model but we only have data by treatment group at the study level. Aggregating to this level we write the mean response as

$$
y_{h,j} = (X\beta)_{h,j} + \alpha_h t_{h,j} + u_{hj} + e_{h,j}
$$

(5)
where the \( . \) notation denotes the mean for study \( j \). This implies particular constraints; for example \( \text{var}(e_{h,j}) = \text{var}(e_{hj}) / n_{hj} \). A difficulty may arise with the first term in (5) since this implies that the mean of the covariate function \((X\beta)_j\) for each study is available.

The corresponding model for the case of a continuous treatment variable is

\[
y_{.j} = (X\beta)_{.j} + \alpha \cdot j + u_j + \epsilon_j
\]

### 3.2 The two treatment case

Consider the special case of two treatments, \( h=1,2 \). We collapse (5) and, using an obvious notation, rewrite to give

\[
y'_{.j} = y_{1,.j} - y_{2,.j} = \alpha + u'_j + \epsilon'_j
\]

\[
\alpha = \alpha_1 - \alpha_2
\]

This implies the constraint \( \text{var}(u'_j) = \text{var}(u_{1,j}) + \text{var}(u_{2,j}) - 2\text{cov}(u_{1,j},u_{2,j}) \). We can combine (5) and (6) into a single model for the case where some aggregated responses are in terms of separate treatment groups and some are in terms of contrasts of groups.

### 3.3 Defining origin and scale

When combining data from aggregate level studies it is necessary to ensure that the response variable scales are the same and that there is a common origin. In traditional two-treatment meta analyses the treatment difference is divided by a
suitable (pooled) within-treatment standard deviation as described earlier. In our general model, likewise, the response variable in each study can be scaled by dividing it by an estimate of the level 1 standard deviation. Where individual data are available we may use an estimate of the level 1 standard deviation from a preliminary analysis and for aggregate data we may derive this from reported summary information, if this is available.

In situations where the same response variable is used in each study, and scaling has been carried out, we can apply (4) and (5) directly. In many cases, however, different response variables are used. For example, in class size studies different reading tests are used. In this case we would not generally expect the means for corresponding treatments to be identical. One procedure for dealing with this is to choose one treatment as a reference treatment (or control) and in each study subtract its mean from the values of the other treatments and work with these differences. This is the standard approach in two-treatment studies. Thus we chose one treatment described by an intercept term with dummy variables for the remainder. The coefficients of the intercept and of these dummy variables would generally be modelled as random at the study level. In the two treatment case this leads to (6).

Where we have a study with individual data we likewise subtracted the mean of the reference treatment group from the response variable. In the fixed part of the model, for the level 1 units with that treatment, the intercept term (and other treatment dummy variables) will be zero.
3.4 Variance information

We may have additional information about variances from studies, for example information from other meta analysis studies about between or within study variation. Suppose, for example, in model (4) we have an external estimate, say \( r_{\text{hue}}^2 \), of \( \sigma_{\text{hu}}^2 + \sigma_{\text{he}}^2 \), where we might have \( a^2 = 1/\eta_j \). If we write an additional component to the model as an extra level 2 unit

\[
 r_{\text{hue}} = u_{\eta j} + a e_{\eta hij} \tag{7}
\]

where the fixed part is identically zero and we have additional constraints imposed as above, this information is then incorporated into the estimation. We note, however, that this extra level 2 unit is given the same weight as every other level 2 unit in the model, and we may wish to assign a different weight depending on the accuracy of the information obtained. Weighting is discussed in the next section.

3.5 Weighting units

We shall consider only weighting of the level 2 units, although extensions to differential weighting of level 1 units are possible. Suppose that the \( j \)-th level 2 unit is assigned a weight \( w_j \). These weights may reflect information about study quality or possibly non-response. Such an analysis might be undertaken as a sensitivity analysis to complement an unweighted analysis. Note that sample size weighting is already incorporated into the estimation via (5). Assuming that the weights are uncorrelated with the random effects, we rewrite (4) to include the
vector of the inverses of the square roots of the weights as the explanatory variable for the level 2 random effects. This gives

\[ y_{hij} = (X\beta)_{ij} + \alpha_{h} t_{hij} + u_{hj} w_{j}^{-0.5} + e_{hij} \]  

(8)

and we can carry out the standard estimation for this model. This procedures for carrying out a weighted multilevel analysis is discussed in Pfeffermann et al. (1997) and is equivalent to their 'step A only' method. The authors also discuss the case where the weights are correlated with the random effects.

### 3.6 Modelling class size

In our analysis class size is treated as a continuous variable centred at a value of 15. In all of the studies, as is clear from Table 1, only the average class sizes for 'small' or 'large' classes are reported. These values are therefore the ones used in the analysis.

One of our aggregate level studies (Doss & Holley, 1982) sampled separate grades within schools. In principle this provides a further level between the class and the school. A preliminary analysis, however, detected variation at this level only for the simplest model, so we do not include it in further models, although grade level itself is incorporated as a fixed factor.

### 3.7 Aggregate level models for class size data

For the aggregate level studies we can write a basic model as
\[ y_{jk} = \alpha_{0jk} + \alpha_{1k} C_{jk} + \sum \beta_l G_{l,jk} + \epsilon_{jk} \]

where \( j,k \) now index the grade and study respectively. The parameter \( \alpha_0 \) estimates the mean score for a class size of 15. The term \( u_{0jk} \) is the random departure (residual) of the \( j \)-th grade mean from the \( k \)-th study, \( \beta_l \) the fixed effect for grade \( l \), with the \( G_{l,jk} \) being grade dummy variables, these being covariates in the model as described in (4). The term \( v_{0k} \) is the residual for the \( k \)-th study. The variable \( C_{jk} \) is class size and the parameter \( \alpha_1 \) estimates the overall class size effect per additional student. The term \( v_{1k} \) estimates the additional random departure for the \( k \)-th study of the overall class size effect. Further covariates could of course be added, if available. Not all the studies sampled more than one grade level and in some studies several grades are sampled within each school, whereas in others different grades are sampled in different schools. In the latter case grade differences are confounded with school differences so that interpretation of between-grade variation is difficult. For this reason we do not fit grade as a level in the following analysis, although we do study fixed grade effects.
Since all our data have been standardised, the underlying level 1 variance is equal to 1. We therefore define the explanatory variable $z_{jk} = 1/\sqrt{n_{jk}}$ and we can write the first line of (9) for the aggregated model as

$$y_{jk} = \alpha_{0jk} + \alpha_{1jk} C_{jk} + \sum_{l} \beta_{l} G_{l,jk} + w_{jk}z_{jk},$$

$$w_{jk} \sim N(0,1)$$

(10)

In practice, for classes of a given size in a study, typically we only have available the mean over all classes, so that while the contribution to the variance from these classes for the $k$-th study is $\sum (n_{jk})^{-1}$, the data available provide only the value of $\sum (n_{jk})^{-1}$. When these class sizes are constant, however, the first expression can be obtained from the second where the number of classes is known.

### 3.8 Results

We first present results for the aggregate level studies only and follow this with results from both the individual level study and the combined individual and aggregate level studies.

Table 2 presents the results of fitting (9) and (10) for the aggregate data studies (numbers 1 - 8 in Table 1), using maximum likelihood estimation for three models as shown, together with a 95% confidence interval for the estimates based upon a parametric bootstrap with 1000 replications (Goldstein, 1995).

(Table 2 here)
Model A allows the class size effect to vary across studies, model B allows no such variation, and model C includes a quadratic effect of class size. As can be seen from the log likelihoods, model A fits the data substantially better than model B, so there is substantial evidence of heterogeneity in the class size effect across studies. Model A estimates the effect on reading scores as a decrease of 0.02 SD units per additional student. This is slightly greater than the 0.17 units estimated by Slavin (1990) comparing classes of 15/16 with larger classes of 25-30. Model C indicates a quadratic effect of class size whereby from a class size of 15 to one of 30 there is a continuing decrease in achievement, but an increasing one thereafter. This result, however is influenced by study 2 with the large classes over 30.

A test for equality of grade effects is not significant ($\chi^2 = 1.8$) so these have been omitted from these models. The likelihood ratio test statistic suggests that the class size effect varies across studies. Note, however, there are only 8 studies in the data set so that inferences based upon large sample results should be viewed with caution. Also these models ignore between-school variation within studies and between-grade variation as pointed out above. If for model A, however, we allow the level 1 variance to be estimated we obtain an estimate of 1.81 with a likelihood ratio test statistic, for comparison with Model A, of 3.0 with 1 degree of freedom so that there is only rather weak evidence for a value different from 1.0. If we do the same for model B the level 1 variance estimate is 16.6 and the test statistic is 285.5. The analysis utilises all the information available for the published aggregate studies. Since we are working with standardised data the only
flexibility lies in the modelling of the class size effect and the between-study variation. In comparison with the inclusion of individual level data the analysis illustrates the limitations of using aggregate level data.

4. Models for combining individual level data with study level data

Although the STAR individual level data set has covariates available, the aggregate level data has not been adjusted for covariates in a consistent fashion, other than for class size and initial test scores as discussed above. Some studies, however, such as that of Shapson et al. (1980) reported their results adjusted for other factors, and some of the studies carried out initial matching. In the following analysis we shall ignore this variation, but it needs to be borne in mind when results are interpreted.

The STAR study has three levels, school, class and student. Children were recruited when they entered kindergarten where they were randomly assigned to three sizes of class; a small class of 13-17, a regular class of 22-25 and a regular class of 22-25 with a teaching aide. The last two categories are combined since in the STAR study they show no differences. The students were followed for four years to the end of grade 3, and for present purposes we use the reading test score data at the end of grade 1, adjusted for reading test scores at the end of kindergarten, that is a study extending over 1 year. The study attempted to retain the original class compositions, but this was not entirely possible. A discussion of
the problems of interpreting data from this study is given by Goldstein and Blatchford (1998).

The following model is a combined model for the STAR study and the previously analysed aggregate level studies. We omit the effect of grade since this was not significant for the aggregate level analysis.

\[ y_{ijkl} = (\alpha_{0l} + \alpha_{1l}C_{ijkl}) + e_{ijkl}(1-z_1) \]
\[ + (\alpha_{0ijkl} + \alpha_{2x_{2ijkl}} + v_{ijkl}C_{ijkl})z_1 \]
\[ \alpha_{0l} = \alpha_0 + w_{0l}, \quad \alpha_{1l} = \alpha_1 + w_{1l}, \]
\[ \alpha_{0ijkl} = v_{0kl} + u_{0,ijkl} + e_{ijkl} \]

\[ z_1 = 1 \text{ if individual data study, } 0 \text{ otherwise} \]

\[ w_{0l} \sim N(0, \sigma_{w0}^2), \quad w_{1l} \sim N(0, \sigma_{w1}^2), \quad \text{cov}(w_{0l}, w_{1l}) = \sigma_{w01} \quad (11) \]
\[ v_{0kl} \sim N(0, \sigma_{v0}^2), \quad v_{1kl} \sim N(0, \sigma_{v1}^2), \quad \text{cov}(v_{0kl}, v_{1kl}) = \sigma_{v01} \]
\[ u_{0,ijkl} \sim N(0, \sigma_{u0}^2) \]
\[ e_{ijkl} \sim N(0, \sigma_e^2), \quad e_{ijkl} \sim N(0, \sigma_e^2 / n_{ijkl}) \]

where \( x_{2ijkl} \) is the end of kindergarten score, with the standard assumption that it is independent of the random effects, and \( C \) is the class size. The parameter \( \sigma_{w1}^2 \) represents the between study variance in the class size effect, and \( \sigma_{v1}^2 \) the between school variance in the class size effect.

This model utilises a similar notation as before and is now a 4-level model with students \( (i) \) grouped within classes \( (j) \) within schools \( (k) \) within studies \( (l) \). The STAR data are standardised using the residual variance from a preliminary 3-level model with only the STAR data. For analyses B and C in table 3 the random parameter estimates at levels 1 - 3 are derived from the STAR data and at the class
level (2) the aggregate level variance, which is not shown, is constrained to be 1. The between study level (4) intercept and class size coefficient random parameters are estimated from the complete data set.

4.1 Results

(Table 3 here)

In Table 3 the level 4 (between-study) variation is somewhat smaller than that estimated from the aggregate data studies only. We see that the class size effect for the STAR data and the combined estimate is little different from that in the analysis using only aggregate level data (Table 2) and the quadratic effect is now negligible. In fact the linear class size effect in the combined model is less precise than for the STAR study alone because of the substantial heterogeneity between studies in the class size effect. The STAR data shows only a small and not significant ($\chi^2 = 1.5$) variation in the class size effect between schools. In fact Goldstein and Blatchford (1998) show that for Mathematics test scores there is a marked variation between schools. A study of the (shrunken) estimated residuals at the study level does not reveal any outliers.

5. Discussion

We have shown how a series of studies, with results reported at different levels of aggregation can be combined efficiently within a single multilevel model to provide effect size estimates. Since the analysis is based upon maximum
likelihood estimation within an explicit model it can be expected to yield more
efficient estimates than traditional approaches to meta analysis. These traditional
models also have been unable to combine studies with both individual and
aggregate level responses. Our approach does not require balanced data, but it
does require that the reporting of studies for inclusion in the model conforms to
certain minimum requirements. As we have illustrated, these requirements are
such that it should be possible to carry out a suitable standardisation for means
and variances, after adjusting for relevant covariates. One of the problems with
observational studies, especially those involving institutions such as schools, is
that (multilevel) modelling incorporating institutional (and other) differences is
absent and this can result in biased inferences. In the present case (Table 3) the
intra-class and intra-school level correlations are sizeable which implies that some
of the inferences from the aggregate level studies may overestimate statistical
significance. The estimates themselves, however, should be relatively unaffected,
and this is consistent with our analysis.

A remaining problem which we have not investigated in detail occurs where
studies adjust effects using different sets of explanatory variables. In the Normal
case, if information is available about the covariance matrix of all such covariates
then for the aggregate level studies common adjustments can be carried out as we
have done in (1).

The model can be extended readily to the multivariate case where more than one
outcome is considered, for example in the bivariate analysis of Mathematics and
Reading achievement scores. This approach can also be used where not all studies
measure all responses so that the joint analysis within a single model will provide more efficient estimates than analysing each response separately.

Since we have adopted a model based approach it is possible in principle to incorporate further model components. An important one is the modelling of publication bias (Copas, 1999), although such models may not lead to improved estimates unless the bias is large (Hedges and Vevea, 1996). In the present case we would argue that publication bias may not be a serious issue. The criteria for study selection have been quite stringent so that the relevant studies are carefully executed long term ones which are unlikely to remain unpublished.

It should be noted that in combining studies for modelling purposes we are making an assumption that the responses used in the various studies are indeed measuring the 'same thing'. In social science applications of meta analysis this is more problematic than in, say, clinical trials and needs to be borne in mind when interpreting results.

Finally, although the thrust of this paper is methodological, it is of some interest that the one large randomised controlled trial (RCT) gives a very similar estimate for the class size effect as the observational studies. This point is pursued further by Goldstein and Blatchford (1998) who also discuss the usefulness of RCTs in this kind of research.
References


Table 1 Raw and adjusted data of each study for Reading scores

<table>
<thead>
<tr>
<th>Study</th>
<th>Grade</th>
<th>Class size</th>
<th>Number of pupils</th>
<th>Mean ± SD reported</th>
<th>Adjusted mean</th>
<th>Pooled SD</th>
<th>Standardised adjusted mean</th>
<th>Effect size</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$x_{h,jk} \pm \sigma_{h,jk}$</td>
<td>$\mu^c_{h,jk}$</td>
<td>$SD_{jk}$</td>
<td>$y_{h,jk}$</td>
<td>$y_{S,jk} - y_{L,jk}$</td>
</tr>
<tr>
<td>1</td>
<td>1</td>
<td>15</td>
<td>251</td>
<td>50.9 ± N/A</td>
<td>50.9</td>
<td>12.01</td>
<td>a</td>
<td>0.125</td>
</tr>
<tr>
<td>1</td>
<td>30</td>
<td>744</td>
<td></td>
<td>48.9 ± N/A</td>
<td>48.9</td>
<td>12.01</td>
<td>-0.042</td>
<td>+0.17</td>
</tr>
<tr>
<td>3</td>
<td>15</td>
<td>656</td>
<td></td>
<td>248.9 ± N/A</td>
<td>248.9</td>
<td>12.37</td>
<td>0.012</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>30</td>
<td>602</td>
<td></td>
<td>245.6 ± N/A</td>
<td>248.6  (^b)</td>
<td>12.37</td>
<td>-0.013</td>
<td>+0.02</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>16.6</td>
<td>256</td>
<td>0.00 ± 0.30</td>
<td>0.00</td>
<td>0.275</td>
<td>-0.012</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>23.7</td>
<td>368</td>
<td></td>
<td>-0.04 ± 0.30</td>
<td>-0.04</td>
<td>0.275</td>
<td>-0.157</td>
<td>+0.15</td>
</tr>
<tr>
<td>4</td>
<td>30.3</td>
<td>450</td>
<td></td>
<td>0.02 ± 0.27</td>
<td>0.02</td>
<td>0.275</td>
<td>0.061</td>
<td>-0.07</td>
</tr>
<tr>
<td>4</td>
<td>35.7</td>
<td>555</td>
<td></td>
<td>0.02 ± 0.25</td>
<td>0.02</td>
<td>0.275</td>
<td>0.061</td>
<td>-0.07</td>
</tr>
<tr>
<td>3</td>
<td>2</td>
<td>15</td>
<td>78</td>
<td>2.39 ± 0.809</td>
<td>2.67  (^b)</td>
<td>0.620</td>
<td>0.282</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>30</td>
<td>542</td>
<td></td>
<td>2.52 ± 0.895</td>
<td>2.47</td>
<td>0.620</td>
<td>-0.041</td>
<td>+0.32</td>
</tr>
<tr>
<td>3</td>
<td>15</td>
<td>156</td>
<td></td>
<td>3.16 ± 0.954</td>
<td>3.49  (^b)</td>
<td>0.588</td>
<td>0.212</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>30</td>
<td>555</td>
<td></td>
<td>3.42 ± 1.074</td>
<td>3.33</td>
<td>0.588</td>
<td>-0.061</td>
<td>+0.27</td>
</tr>
<tr>
<td>4</td>
<td>15</td>
<td>57</td>
<td></td>
<td>4.38 ± 1.181</td>
<td>4.37  (^b)</td>
<td>0.661</td>
<td>0.188</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>30</td>
<td>441</td>
<td></td>
<td>4.23 ± 1.400</td>
<td>4.23</td>
<td>0.661</td>
<td>-0.024</td>
<td>+0.21</td>
</tr>
<tr>
<td>5</td>
<td>15</td>
<td>43</td>
<td></td>
<td>5.40 ± 1.534</td>
<td>5.55  (^b)</td>
<td>0.665</td>
<td>0.395</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>30</td>
<td>413</td>
<td></td>
<td>5.22 ± 1.680</td>
<td>5.21</td>
<td>0.665</td>
<td>-0.041</td>
<td>+0.44</td>
</tr>
<tr>
<td>6</td>
<td>15</td>
<td>63</td>
<td></td>
<td>5.69 ± 1.510</td>
<td>6.28  (^b)</td>
<td>0.700</td>
<td>0.320</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>30</td>
<td>374</td>
<td></td>
<td>6.19 ± 1.925</td>
<td>6.10</td>
<td>0.700</td>
<td>-0.037</td>
<td>+0.36</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>15</td>
<td>1127</td>
<td>49.7 ± 14.45</td>
<td>53.4  (^d)</td>
<td>9.01</td>
<td>0.098</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>25</td>
<td>516</td>
<td></td>
<td>50.6 ± 16.12</td>
<td>50.6</td>
<td>9.01</td>
<td>-0.213</td>
<td>+0.31</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
<td>15</td>
<td>57</td>
<td>52.0 ± 9.93</td>
<td>52.0</td>
<td>8.379</td>
<td>0.198</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>25</td>
<td>55</td>
<td>48.7 ± 7.25</td>
<td>48.7</td>
<td>8.379</td>
<td>-0.205</td>
<td>+0.39</td>
<td></td>
</tr>
</tbody>
</table>

6 | 1 | 19 | 368 | 43.2 ± N/A | 43.2 | 10.46<sup>a</sup> | -0.085 |
|   | 1 | 31 | 646 | 44.6 ± N/A | 44.6 | 10.46 | 0.049 | -0.13 |

7 | 1 | 20 | 371 | 523.8 ± 88.7 | 523.8 | 137.6 | 0.191 |
|   | 1 | 27 | 350 | 469.8 ± 175.4 | 469.8 | 137.6 | -0.176 | +0.39 |
|   | 2 | 20 | 309 | 590.2 ± 49.6 | 590.2 | 50.41 | 0.115 |
|   | 2 | 27 | 313 | 578.7 ± 51.2 | 578.7 | 50.41 | -0.114 | +0.23 |

8 | 9 | 20 | 2819 | 70.6 ± 11.2<sup>c</sup> | 70.6 | 13.3 | 0.300 |
|   | 9 | 30 | 2543 | 62.6 ± 15.4<sup>c</sup> | 62.6 | 13.3 | -0.301 | +0.60 |

9 | 1 | 15 | 2644 | 531.0 ± 57.1 | 529.1<sup>e</sup> | 37.23 | 0.070 |
|   | 1 | 24 | 1414 | 520.0 ± 54.4 | 516.1<sup>e</sup> | 37.23 | -0.167 | +0.24 |
|   | 2 | 15 | 3112 | 591.0 ± 45.6 | 591.1<sup>e</sup> | 28.98 | 0.020 |
|   | 2 | 24 | 1482 | 583.0 ± 45.4 | 579.2<sup>e</sup> | 28.98 | -0.042 | +0.06 |
|   | 3 | 15 | 3353 | 619.0 ± 38.5 | 619.5<sup>e</sup> | 21.77 | 0.008 |
|   | 3 | 24 | 1357 | 615.0 ± 38.2 | 619.2<sup>e</sup> | 21.77 | -0.020 | +0.03 |

<sup>a</sup> - SD was derived from the F - test value reported;
<sup>b</sup> - both mean and SD were adjusted for pre-treatment score based on the reported correlation coefficient between the pre- and post-treatment scores;
<sup>c</sup> - both mean and SD were calculated based on an average measure from 10 schools available in the paper;
<sup>d</sup> - both mean and SD were adjusted for pre-treatment score assuming a correlation coefficient of 0.8;
<sup>e</sup> - Both the mean and SD were adjusted for pre-treatment score using a 3-level model with covariates.
Table 2. Model estimates for the aggregated study data using model (9). The constrained parameter at class level is omitted. 95% bootstrap intervals in brackets.

<table>
<thead>
<tr>
<th></th>
<th>Model A</th>
<th>Model B</th>
<th>Model C</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fixed</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intercept</td>
<td>0.163 (0.028, 0.308)</td>
<td>0.207 (0.149, 0.261)</td>
<td>0.224 (0.053, 0.393)</td>
</tr>
<tr>
<td>Class size, linear</td>
<td>-0.020 (-0.036, -0.004)</td>
<td>-0.022 (-0.025, -0.019)</td>
<td>-0.048 (-0.072, -0.025)</td>
</tr>
<tr>
<td>Class size, quadratic</td>
<td>0.002 (0.001, 0.003)</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Random (between-study)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{v0}$</td>
<td>0.060 (0.0, 0.101)</td>
<td>0.004 (0.0, 0.014)</td>
<td>0.067 (0, 0.135)</td>
</tr>
<tr>
<td>$\sigma^2_{v01}$</td>
<td>-0.006 (-0.010, -0.001)</td>
<td>-0.006 (-0.013, 0.004)</td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{v1}$</td>
<td>0.0006 (0.0, 0.0010)</td>
<td>0.0006 (0, 0.0010)</td>
<td></td>
</tr>
<tr>
<td>-2 log-likelihood</td>
<td>-46.1</td>
<td>266.3</td>
<td>-54.1</td>
</tr>
</tbody>
</table>
### Table 3 Parameter estimates for model (11). Standard errors in brackets.

<table>
<thead>
<tr>
<th></th>
<th>STAR data only</th>
<th>Combined data (linear)</th>
<th>Combined data (quadratic)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fixed</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\alpha_0$</td>
<td>0.078</td>
<td>0.184</td>
<td>0.175</td>
</tr>
<tr>
<td>$\alpha_1$ (class size, linear)</td>
<td>-0.024 (0.006)</td>
<td>-0.022 (0.007)</td>
<td>-0.017 (0.011)</td>
</tr>
<tr>
<td>$\alpha_3$ (class size, quadratic)</td>
<td></td>
<td></td>
<td>-0.0003 (0.0006)</td>
</tr>
<tr>
<td>$\alpha_2$ (pre-test)</td>
<td>0.907 (0.018)</td>
<td>0.907 (0.018)</td>
<td>0.907 (0.018)</td>
</tr>
<tr>
<td><strong>Random</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 4 (between study)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{w0}$</td>
<td>0.038 (0.020)</td>
<td>0.037 (0.019)</td>
<td></td>
</tr>
<tr>
<td>$\sigma_{w01}$</td>
<td>-0.004 (0.002)</td>
<td>-0.004 (0.002)</td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{w1}$</td>
<td>0.0004 (0.0002)</td>
<td>0.0004 (0.0002)</td>
<td></td>
</tr>
<tr>
<td>Level 3 (between school)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{v0}$</td>
<td>0.305 (0.064)</td>
<td>0.305 (0.064)</td>
<td>0.305 (0.064)</td>
</tr>
<tr>
<td>$\sigma_{v01}$</td>
<td>0.00014 (0.004)</td>
<td>0.00012 (0.004)</td>
<td>0.00013 (0.004)</td>
</tr>
<tr>
<td>$\sigma^2_{v1}$</td>
<td>0.0006 (0.0006)</td>
<td>0.0006 (0.0006)</td>
<td>0.0006 (0.0006)</td>
</tr>
<tr>
<td>Level 2 (between class)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{u0}$</td>
<td>0.139 (0.023)</td>
<td>0.138 (0.023)</td>
<td>0.138 (0.023)</td>
</tr>
<tr>
<td>Level 1 (between student)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\sigma^2_{e}$</td>
<td>1.000 (0.023)</td>
<td>1.000 (0.023)</td>
<td>1.000 (0.023)</td>
</tr>
<tr>
<td>-2 log likelihood</td>
<td>11996.5</td>
<td>11948.3</td>
<td>11948.1</td>
</tr>
</tbody>
</table>