


Home treatment for young people with **CFS/ME**

Do you know a young person affected by chronic fatigue syndrome/ ME?



Young people (aged 11-17) with CFS/ME can now access specialist treatment at home as part of a research study

Ask for a GP referral to the FITNET-NHS Trial

for information visit:

www.bristol.ac.uk/fitnet-nhs

- **Children with CFS/ME have severe fatigue that is disabling**
- **Symptoms of CFS/ME may also include:**
headaches, muscle pain, sore throats, dizziness, nausea

Before referral, the GP will need to check:

**Confirmed diagnosis of CFS/ME
Screening blood tests (see NICE, 2007)**