

Truro Vocational Training Scheme

Study Day Programme



August - December 2011

Programme Summary

Thursday 4th August 2011

Falmouth Introduction to Vocational Training 1 Ian Holloway

Thursday 11th August 2011

Plymouth Pain and Rubber Dam Gillian Boswell

Wednesday 17th August 2011

Plymouth Crown and Bridge I Paul Bennett

Thursday 8th September 2011

am Treliske NHS Rules and Regs Jonathan Hindle
pm Bodmin Team building Ian Holloway & Trainers

Thursday 22nd September 2011

am Treliske Clinical Photography Ross MacRae
pm Treliske Trainers Cases Part I Trainers

Thursday 29th September 2011

Plymouth Endodontics Gillian Boswell

Thursday 6th October 2011

am Treliske Orthodontics in Cornwall Nick Wenger
pm Treliske So you've snapped off the crown James Parker

Thursday 13th October 2011

am Treliske Early signs for malignancy Steve Adcock
pm Treliske 5 Key Skills & case presentations Ian Holloway

Wednesday 19th October 2011

Truro Another Pair of Hands Ian Holloway & Jan Trott

Thursday 10th November 2011

am Treliske Some Mothers do 'ave 'em Tamsin Hearle
pm Treliske Design and X-infection Charles Taylor

Thursday 17th November 2011

Treliske People, patterns and Problems Alasdair Miller

Tuesday 29th Nov – Thursday 1st December 2011

Warminster VDP Residential Course

Thursday 8th December 2011

Treliske Treatment Planning advanced restorative cases Matt Jerreat

Thursday 4th August

all day: Introduction to Vocational Training

Ian Holloway

venue: Royal Duchy Hotel, Falmouth

The objectives for today will be to get to know each other, learn about how VT works and to discuss what we have to do to get our VT number at the end of the year. We will also be swapping ideas about our expectations and concerns for the year.

We will meet in the Duchy hotel on the sea front in Falmouth with spectacular views of Falmouth Bay, and going out for a meal with our trainers in the evening

Links with curriculum areas:

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 11th August

all day: Pain and Rubber Dam

Gillian Boswell

venue: Derriford Hospital Plymouth

Gillian Boswell is a specialist endodontic practitioner who lectures at Bristol Dental Hospital, so she may be familiar to some of you.

Today is split into two separate sessions. During the first we will look at pain control in dentistry, mainly concentrating on the 'hot pulp' and how to deal with the patient with acute and chronic toothache. We will look at local anaesthetic techniques but there will be plenty of time for questions you have on this or any aspect of endodontics.

In the afternoon we will be examining rubber dam placement in much more detail. This session is strictly hands on and will give you a chance to practice advanced techniques on phantom head.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Anaesthesia, sedation, pain & anxiety control; Non-surgical management of tissues; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Wednesday 17th August

all day: Crown and Bridge I

Paul Bennett

venue: Phantom Head Room, Peninsula Dental School, Plymouth.

Paul is a hands-on tutor and works both in practice and in the Peninsula Dental School.

This session is one of two in which we will cover aspects of crown and bridgework. Today is very much hands-on and we will be joining the Plymouth scheme in the state-of-art phantom head facility at the new dental school. We will be re-examining the basic principles behind our crown preparations as well as learning about more complex options for restoring teeth. We will also be examining techniques for gaining extra retention with our preps and practicing these on the phantom head units.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 8th September

am: NHS Rules and Regulations
Jonathon Hindle

Jonathan Hindle is a Clinical Policy Adviser (CPA) with the Dental Division of the Business Services Authority.

His role includes:

- supporting PCTs in assuring the quality and probity of the dental services they commission
- Help improve clinical performance, access and value for money for PCTs

CPAs:

Carry out targeted patient examinations and clinical record card checks to confirm / refute allegations relating to - Patient safety / Poor clinical performance / Financial irregularities / Administrative and Regulatory concerns

- Assist PCTs in resolving patient complaints by carrying out patient examinations
- Provide clinical advice to PCTs and dentists by means of a clinical helpdesk
- Give guidance on validity of claims, patient charges, private / NHS interface etc.
- Produce reports - clinical and statistical with risk assessment + interpretation

The Objectives for today are to give an understanding of:

- GDS Regulations: interpretation of the regulations / treatment claims - the basics
- Overview of NHS Dental Services activities, with particular reference to the Dental Reference Service (DRS)
- To explain how and why we monitor dental contracts
- To make dental practitioners aware of our services

Thursday 8th September

pm: Team Building & Clinical Tips
Ian and our trainers

venue: Bodmin Moor

This afternoon sees a team expedition to ascend Brown Willy, the highest point in Cornwall. It's another chance to get together with some of the trainers on the scheme, get to know them, and pick their brains for advice and tips after our first few weeks in practice.

SPECIAL NOTE: PLEASE BRING WALKING CLOTHES AND SHOES WITH YOU TODAY

Links with curriculum areas (am and pm):

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 22nd September

am: Clinical Photography

Ross MacRae

Ross is a practitioner and VT trainer working in the beautiful North Cornwall fishing port of Padstow. He has special interests in computer technology and photography. He also organises the local training course for the dental nurses to prepare for their National Exam.

Clinical photography is becoming an increasingly important tool in our work. This morning Ross will be discussing techniques for taking good photographs with different types of camera. This session is hands-on and we will have our fingers on the button.

pm: Trainers Cases Part 1

In this session, some of our trainers will bring in cases they have treated that have given them pause for thought. We will be discussing these cases with them in a workshop format. This is the first of three similar sessions and we will be hosting our remaining trainers later on this term. The objective will be to meet other VDP's trainers and examine treatment planning problems with them.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 29th September

all day: Endodontics

Gillian Boswell

Venue: Phantom Head Room, Derriford Hospital, Plymouth

Gillian is back again, this time to deal in much more detail with endodontic techniques.

We will be looking at the current theories and techniques surrounding the subject of endodontics and practicing the techniques in the clinical lab facility.

Aims and objectives are:-

- To review current endodontic procedures
- To review case assessment prior to endodontic treatment.
- To practice endodontic techniques in Vitro.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 6th October

am: **Orthodontics in Cornwall**
Nick Wenger

Nick is area consultant orthodontist, based in Treliske, in the orthodontic department. Nick is responsible for the delivery of orthodontic services in the county.

These services are quite complex, with orthodontics being delivered by the hospital, salaried service, specialist practitioners and general practitioners with an interest in ortho. This morning Nick will be explaining how all these branches of the service are delivered and which patients are suitable for referring to the different branches.

Nick will also be discussing some of the key orthodontic issues that affect us every day in practice that we must be aware of to help us time referrals appropriately.

pm: **So You've Snapped off the Crown**
James Parker

James is an associate specialist working in the Oral and Facial Surgery Department here at Treliske Hospital. He has spent years as a GDP and has a wealth of knowledge and experience of oral surgery in practice and hospital settings.

This afternoon James will guide us through the nuts and bolts of surgery in practice. We will discuss when and how to tackle surgical problems and when to refer. Perhaps most importantly he will give us some valuable tips on how to cope when that crown comes off. Panic isn't the only option!

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 13th October

am: Early Signs of Malignancy
Steve Adcock

Steve Adcock is one of our two consultants in the Oral and Facial Surgery Department at Treliske.

This morning Steve will be talking about malignant and potentially malignant lesions of the oral mucosa and discussing with us what to look out for and when and when not to refer. We will also look at some of the techniques for treating these lesions.

pm: 5 Key Skills and Case Presentations.
Ian Holloway

As you will know by now, you must complete a project during your VT year. In the South West this means preparing a portfolio of evidence that you are competent in the 5 key skills. Preparing this portfolio will also help you enormously toward the MJDF examination. Many of you will want to gain this qualification aimed at 2 years post qualification, and your VT year is your best chance of completing the key skills quickly and easily. This afternoon we will be discussing how we can do this.

In this session we will also be looking in detail at how to go about obtaining and preparing a case for our presentations at the end of the year

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Wednesday 19th October

all day: Another Pair of Hands

Ian Holloway
Jan Trott

venue: Peninsula Dental School, Truro.

Our nurses are an absolutely crucial part of the team and make a huge contribution to the smooth running of a practice as well as to patient care. In many surgeries however, they are not involved in the patients treatment as much as they could be. We can often benefit so much more from their skills and they could achieve greater job satisfaction from having more involvement in the work we do.

Today we will see how we can work and communicate more effectively with our nurses for the benefit of dentist, nurse and patient.

This is strictly a hands-on day for VDPs and their nurses.

Special note: You will need to bring your nurse with you today

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative

Thursday 10th November

am: Some Mothers do 'ave 'em

Tamsin Hearle

Tamsin is a Senior Dental Officer working in the Salaried Dental Service. She is based in Redruth and is on the specialist register working with special needs patients.

The objectives of this session will be to examine techniques for managing children in our surgeries and treating their dental problems. We will have plenty of opportunity to discuss problems we are having in this area and we will also have a brief look at hypnosis.

pm: Design in Dentistry (and cross-infection control)

Charles Taylor

Charles is one of our trainers and has recently completed the design of an innovative dental practice. He has also designed a radical toothbrush which has been on sale for 10 years. Charles will be talking today about design in dentistry and the importance of putting your own ideas and personality into the design of your dream practice.

Charles will also be updating us on all the latest on HTM 01-05 which will help us with our cross-infection key skill.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 17th November

all day: People, Patterns and Problems

Alasdair Miller

Alasdair's roots are in General Practice but he has been involved in Vocational Training for many years as a trainer and adviser. He is currently our Postgraduate Dean. Alasdair is an expert on communication and learning and today we will have a chance to pick his brains on these and other subjects.

We will be looking at:-

- How people learn and your own learning styles
- What motivates people
- How thinking patterns affect communication
- How to communicate with patients
- Current clinical issues and problems

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Tuesday 29th November – Thursday 1st December

VDP Residential Course

Warminster

For these three study days we combine all seven VT schemes from the Southwest region for a series of workshops on a variety of issues that concern us in general practice.

The programme includes sessions on:-

- How to stay out of trouble! Risk management for the VDP with the Dental Defence Union
- Hands-on bonded amalgam build ups
- Hands-on Endodontic re-treatments
- Careers in dentistry
- Teamwork theory and practice
- Materials

There will be other sessions too which are in the planning stage, and plenty of time for socialising.

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Thursday 8th December

All day: Treatment Planning Advanced Restorative Cases

Matt Jerreat

Some of you will know Matt well if you qualified at Peninsula. He is a restorative consultant with a huge amount of teaching experience. Today he will be helping us with some advanced restorative treatment planning. He will be going over treatment planning issues in the morning, then working frantically through his lunch hour having a look at cases you have brought in. In the afternoon we will be discussing these cases so we can all learn a bit from them. This is a great opportunity to check out any questions you may have about your presentation case.

DON'T FORGET TO BRING SOME CASES IN!!

Links with curriculum areas:

Clinical Domain: Patient examination & diagnosis; Treatment planning & patient management; Health promotion and disease prevention; Medical & dental emergencies Anaesthesia, Sedation, pain & anxiety control; Periodontal therapy; Hard & soft tissue surgery; Non-surgical management of tissues; Managing developing dentition; Restoration and replacement of teeth.

Communication Domain: Communication with Patient and family; Communication with Clinical team and peers; Communication with other professionals.

Professional domain: - all areas

Management & Leadership domain: Personal & practice organisation; Financial; Leadership and management; Legislative.

Details of Speakers

Steve Adcock, Consultant Maxillo-Facial Surgeon
Dept Oral & Facial Surgery, Royal Cornwall Hospital, Truro, TR1 2HZ

Paul Bennett, GDP and Postgraduate Tutor
Plymstock Dental Care, 150 Pomphlett Road, Plymouth, Devon, PL9 7BS

Gillian Boswell, Specialist Endodontic Practitioner & Lecturer
Bristol Dental Hospital, Lower Maudlin Street, Bristol, BS1 2LY

Cascade Theatre Co.
TIE Co., P.O Box 70, Truro, TR4 9YF

Tamsin Hearle, Senior PDS Office in Special Needs and Trainer
PDS Dental Clinical, Chapel Street, Redruth, Cornwall

Alasdair Miller, Dental Postgraduate Dean and GDP in Taunton
Dental Postgraduate Dept, Chapter House, Bristol Dental Hospital, BS1 2LY

James Parker, GDP/Associate Specialist in Oral Surgery, LDC Chairman
Royal Cornwall Hospital, Infirmary Hill, Truro, Cornwall, TR1 2HZ