

Plymouth Vocational Training Scheme



Handbook August 2011

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Dear Foundation Dentist

RE: VOCATIONAL TRAINING IN THE SOUTH WEST OF ENGLAND

I am delighted that you have chosen to undertake vocational training on the Plymouth scheme and would like to welcome you to the South West Region.

As Dental Postgraduate Dean, it is my responsibility to ensure that you are given the help and support you need to meet the stated aim of vocational training by the end of your year. This is to enable you to be capable of independent practice.

Your Scheme Adviser, Bridget Ashton, has the necessary skills and expertise to guide you through this first year. Should you have any problem that you cannot resolve, your Adviser is available to assist. Should you both be unable to resolve the issues then you may contact me.

I mark the completion of vocational training by issuing you with a certificate. Before I can issue a certificate it is my duty to make certain that you demonstrate appropriate standards in practice, on the study days and as a member of the profession.

The Advisers record data of your attendance in practice, at the day release course and on the use of your portfolio, they also seek information from your trainer. All this data is used to help make the assessment for certification. Should we have concerns about whether we can issue a certificate we will discuss the matter with you at the earliest opportunity and agree ways to resolve these issues.

Critical parts of the assessment for certification will be attendance and performance in practice, participation in tutorials and attendance at the study day courses, as well as appropriate professional conduct.

It is essential that you attend all the study days on your scheme. Permission to be absent will only be granted in exceptional circumstances by the Adviser i.e. compassionate leave (close family bereavement or certifiable illness). Lost time will have to be made up with additional appropriate study or with courses agreed in writing with your Adviser. Failure to comply with the conditions stated in the contract between the Trainer and the VDP, and in this letter, may result in your vocational training certificate being withheld. Please note all other leave should be taken outside study days.

I hope you will have an enjoyable time on the South West Dental Vocational Training Scheme. Please make use of the skills and knowledge of your Trainer to help you complete your year successfully and gain your certificate. I look forward to meeting you during the year.

Yours sincerely

Alasdair Miller
Dental Postgraduate Dean

ADVISER'S INTRODUCTION AND WELCOME

Congratulations on passing finals, and on your appointment to your new job in general dental practice. May I wish you a very warm welcome to the Plymouth Vocational Training Scheme.

This folder contains all the information you need to start your Vocational Training Year. The study day programme for the first term and detailed notes for each session are included. Please read these notes carefully, they contain details of the venue and start time for each day as well as anything you may need to prepare beforehand or bring with you to the session.

The Postgraduate Dean requests that all those on the study day course should dress in an appropriate manner for professionals on informal business, smart casual clothes are acceptable but not jeans or trainers.

Part of my job is to organise the study day programme and to give you any help and support you may need throughout the year. Please don't hesitate to phone me if you want to talk about anything. My mobile number is: **07887 526846**, or my home number: **01752 514365**

I hope you have a very enjoyable year on the South West Scheme and I look forward to meeting you at our first study day on Thursday 4th August in the Mayor's Parlour of the Devonport Guildhall, Ker Street, Devonport (see map at the back of this handbook)

Please now take some time to look through the Study-day programme to see what we have planned for you!!

Bridget

USEFUL TELEPHONE NUMBERS

VT SECRETARIES:

Katy Williams and Emily Jones
South West Region Dental Postgraduate Department
Ground Floor, The Chapter House
Bristol Dental Hospital
Bristol BS1 2LY
Tel: 0117 3424522 Fax: 0117 3424526
Email: vocational-training@bristol.ac.uk

POSTGRADUATE DEAN:

Alasdair Miller
Tel: 0117 3424525
Email: alasdair.miller@bristol.ac.uk

REGIONAL ADVISER:

Martyn Green – Taunton Scheme
Tel: 01884 259495 (home)
01884 253040 (practice)
Email: martyn@megreen.demon.co.uk

VOCATIONAL TRAINING ADVISERS:

Bridget Ashton – Plymouth Scheme
Tel: 01752 500992 (practice)
01752 514365 (home)
Email: bridgeta@blueyonder.co.uk

Ian Holloway – Truro Scheme
Tel: 01736 762922 (home)
Email: ikholloway@aol.com

Phil Loughnane - Bristol Scheme
Tel: 01453 844646
Email: p.loughnane@chippingmanor.co.uk

Nathan Brown – Salisbury Scheme
Tel: 07787753816
Email: nathanlbrown@aol.com

John Makin - Exeter Scheme
Tel: 07989 353504
Email: johnmakin@aol.com

Philippa Riseley-Pritchard – Bath Scheme
Tel: 01380 722007 (practice)
Email: bathvt@btinternet.com

AIM OF VOCATIONAL TRAINING

The overall aim of Vocational Training is to prepare a dentist for unsupervised practice as a principle in the General Dental Services.

This aim is achieved by further developing your clinical abilities and teaching you the administrative and management skills you need.

Vocational Training accomplishes this aim whilst at the same time promoting high clinical standards and the need for continuing professional development over the rest of your career.

Aims of VT:

To enhance clinical and administrative competence and promote high standards through relevant postgraduate training to meet the needs of general dental practice and in particular:

1. To enable dentists to practise and improve their skills.
2. To introduce dentist to dental practice in primary care.
3. To identify the dentist's personal strengths and weaknesses and balance them through a planned programme of training.
4. To promote oral health of, and quality dental care for patients.
5. To develop further and implement peer and self review and promote awareness of the need for professional education, training and audit as a continuing process.
6. To enable the dentist to:
 - make competent and confident professional decisions, including decisions for referrals to other services.
 - demonstrate that they are working within the guidelines regarding the ethics and confidentiality of dental practice.
 - implement regulations and guidelines for the delivery of safe practice.
 - know how to obtain appropriate advice on and practical experience of legal and financial aspects of practice and demonstrate that they have acquired skill and knowledge in the psychology of care of patients and can work as a member of a practice team.

A full version of the aims and objectives of VT can be found in the E Professional Development Portfolio

YOUR SALARY

The salary you will receive is payable by your trainer monthly in arrears, and is unfortunately subject (like every other working person) to deductions for income tax and national insurance.

The annual salary this year is £30,132, which compares favourably with average salaries for graduates.

You will receive a pay slip every month with a breakdown of your pay and deductions. As well as tax and national insurance you will see a further deduction for superannuation. Superannuation payments are deducted as a contribution to your own pension, and are for your benefit in the long term. They go toward the excellent NHS pension scheme which will provide you with an income in your retirement as well as other potential benefits. The amount of contributions you make over the years will determine the size of your pension when you retire.

Your pay statement will show the following information:-

Gross monthly pay		£2511.00
Superannuation	less	£163.22
Net pay for tax		£2347.78
Income tax		no set figure
National insurance		£190.41

The amount of tax you pay will balance out over the year but can be quite different from person to person initially. It will depend on various factors including whether or not you have worked before starting as a FD.

REQUIREMENTS FOR GAINING YOUR VT CERTIFICATE

In order to gain your VT certificate at the end of the year, there are several obligations on you that must be fulfilled.

These are:

- Attendance at your training practice for the contracted hours, and participation in weekly tutorials with your trainer
- Attendance at the 30 days of the day release course.
There can be no exception to this. Illness is the only reason for non-attendance and missing days must be made up by attendance on other approved courses.
- Satisfactory completion of the Professional Development Portfolio
- Completion of a presentation case
- Completion of a clinical audit
- Completion of the FGDP 5 Core Skills
- To exhibit professional behaviour in the practice and on the day release course
- To attain appropriate clinical proficiency as judged by your trainer

DAY RELEASE COURSE

Your Day Release Course is for 30 days during the VT year and is planned to help you in many areas, including the intricacies of the National Health Service and the more advanced clinical and treatment planning skills required for successful practice.

The study days will be held in a variety of locations during the year. Maps are provided at the back of this handbook, and **YOU ARE REQUESTED TO ENSURE THAT YOU ARE FAMILIAR WITH WHERE EACH STUDY DAY WILL TAKE PLACE.** We will also take part in a residential course for all six south west schemes at Center Parcs near Longleat at the end of the Autumn term (when the Christmas decorations have just been put up!!!!!!).

Most study days will include a 'problem solving' session where problems of a clinical or interpersonal nature can be discussed with your peers. It is amazing how many people have the same difficulties.

The structure of the course is not rigid and in the later stages will be influenced by the FDs, so speak to the VT Adviser and she will see what can be done to accommodate your wishes. Study days are not generally lectures but interactive, so your full participation and preparation for them is vital, the more you join in the more we will all learn. Attendance at the Day Release Course is compulsory. Your completion certificate will depend on it.

Enjoy your year, remember, the more you put into it, the more you will get out! Problems can and will be sorted out quickly if they are identified, so speak to your Trainer or your VT Adviser, they are there to help.

Important points to remember

If you are ill, please telephone the VT Adviser - this can be the only reason for not attending. Holidays, interviews and other personal arrangements must be organised outside term times.

Preparation for each Day Release Course is vital for your full participation - it may make a good topic for the preceding week's 'in practice' tutorial with your Trainer.

The start time for each day is 9.30 am unless otherwise indicated in the programme. Please remember that this is the time at which the first session will begin and that you will be expected to be present before the start time. Late arrival at a session may well mean that you are recorded as being 'not present' for the session. Allow time for parking!

Vocational Training is training for membership of a profession. Accordingly, professional standards of dress are expected at the Day Release Course. Smart casual dress is fine.

A record of attendance will be kept. Non-attendance could prevent certification of completion of the Course.

PROBLEM SOLVING

During the VT year there will be many opportunities for problems to arise. These may range from the 'crowns that never fit' to the 'DSA who never seems to do what is needed. During your Vocational Training year, you have available a wealth of expertise and experience to draw upon to help you to solve your problems.

In your practice the main source of assistance in problem solving is, of course, your Trainer. During normal working hours you can approach your Trainer for assistance, or alternatively during a tutorial you can bring up a matter that is causing concern.

Sometimes the speaker at the Day Release Course will be the expert able to answer the difficult question. You are recommended to bring along to the study days clinical problems that may need to be shared.

Your VT Adviser is also always available for help on a whole range of clinical, professional or personal problems. This does not have to wait until a study day; a telephone call to her practice or home may allow early resolution of a problem and help prevent a great deal of worry.

The VT Group is also a powerful force for resolution of problems. Opportunities for group discussion occur in nearly every session of the Day Release Course. Sharing difficulties, problems or concerns with the other members of the group often brings to light examples of the same problem that have been experienced by others, and answers can often be found and discussed. This is why openness and frankness is valued so highly on the course, and all members of the group will respect our rule of confidentiality outside the sessions.

If you have a problem that you do not wish to discuss with the group, please always feel free to bring it to your VT Adviser and a mutually convenient time for discussion can be arranged.

SESSION EVALUATION

The Day Release Course strives to meet your needs and requirements and we need to know your opinions on the course content and presentation in order that improvements can be made and standards maintained. It is therefore important for you to complete an evaluation form for each session. In this way we have a measure of the value and standard of each presentation, and where necessary, adjustments and refinements can be made.

Please ensure that at the end of the day you have completed all the questionnaires for the day's sessions. We ask you to think carefully about your answers as it is important that they reflect your true opinion of that session. Free comments are particularly valuable as they may bring forward points that have not been addressed.

An additional form will be distributed at the end of the year to give you the opportunity to reflect on the whole course. Perhaps a session regarded as unsuitable at the time will become a 'life saver' later.

Remember that you are benefiting from the feedback given by previous VDPs.

It is also a requirement that you reflect on each study-day in your portfolio - please make sure that you do this as soon after the study-session as possible in order to record your reflections accurately.

THE PORTFOLIO, PRESENTATION CASE AND PROJECT WORK

Portfolio

Progress in all areas of professional life is increasingly dependent on records of the extent and nature of previous experience. This is difficult and inaccurate to do in retrospect and the habit of record keeping is best developed at the outset so that no opportunity is missed for the registration of higher professional recognition. Completion of Vocational Training is dependent upon your maintaining and keeping your Portfolio up-to-date.

As we will be using the electronic, web-based portfolio it is important that you have regular access to a broadband internet connection. Your trainer understands this, and should have access for you in the practice, if not in your own surgery. The electronic version makes tracking your progress very straightforward. You can, of course, print off pages if you wish to keep a paper copy, but **you must make electronic entries for your adviser to access.**

The PDP is not only a record, it is an essential tool for self assessment and development. As postgraduates we no longer have teachers and tutors to tell us what we need to learn. We have to be able to reflect on our own abilities and experience to identify our personal learning needs. This is becoming especially vital now as it is mandatory for dentists to engage in fifty hours of courses and reading per year to maintain registration with the GDC. The portfolio is designed to help you develop and establish the lifelong habit of critically reflecting on your work to identify your learning needs.

Presentation Case

Towards the end of the course you will be required to present a case you have treated during the year. This will need to be accompanied by radiographs, study models and photographs. The scheme has its own camera to help you with this work. The VT Adviser will explain early in the course how you need to go about this, and the standard of presentation you will need to reach and there are detailed instructions in your Portfolio.

Project Work

In addition to the presentation case you will be required to complete a portfolio containing Five Core Skills, as required for the MJDF examination. You will have help and guidance in this, but the work will need to be your own.

You will have a list of deadlines for completion of the Core Skills - please make sure you adhere to these.

Each Core Skill will be assessed by a pair of trainers to ensure consistency in feedback. Please make sure you keep up with the work, as delay in completion could mean your VT certificate being withheld at the end of the VT year. If your initial draft needs improvements you may have an opportunity to resubmit, but please endeavour to reach the required standard first time round...your study-day in October will help with this.

Tutorials

The tutorial is one of the absolute cornerstones of VT. It is a regular weekly hour of one-on-one learning with your trainer. In the tutorial you can discuss problems that have arisen during the week and talk about topics relevant to general practice. Good tutorials need good planning by trainer and FD. You will benefit much more from your tutorials if you regularly discuss with your trainer which subjects you are going to cover. Tutorials do not need to be about clinical topics. Much of general dental practice is about management, communications and values. These are subjects which may not have been explored greatly in dental school, yet need to be taught and learned. A good tutorial is not a monologue by the trainer, it is interactive, and the more involved you are and the more you put into it the better it will be.

Below is a suggested outline plan for tutorials. It does not have to be adhered to rigidly, but it nevertheless provides a good basis for a regular tutorial plan. Some weeks will be taken up with the Self-Assessment sections of the Portfolio, other weeks will involve the 'topic' taking a major place. However, it is worth having some sort of structure to get the best out of them over the year.

1. Review of Portfolio

2. Areas of concern, or problems to be solved.

This may consist of discussion of cases you are treating but could be on problems you are having with particular treatments or techniques.

3. Discussion of Study Days, both last course and next course.

4. Tutorial topic for the week.

5. Next week's tutorial topic.

6. Record the tutorial in the Portfolio.

SUGGESTED TUTORIAL TOPICS

This list is not meant to be comprehensive or prescriptive. It may be useful as a guide or to help prioritise certain areas.

Terms and conditions of service

Subject	Priority - high/med/low	Notes:
NHS Regulations		
Health and Safety Rules		
Ionising Radiation Regulations		
Sterilisation and Infection Control		
Employment Legislation		
Role of Health and Professional Bodies		
Medico-legal and ethical issues		

Diagnosis

Subject	Priority;	Notes:
Patient management		
Caries detection		
Periodontal assessment		
Consultation skills		
Pain relief		
X-rays and special tests		
Referral and assistance		

Treatment planning

Subject	Priority:	Notes:
Assessing patient needs		
Co-ordinating dental disciplines		
Patient explanation and motivation		
Socio-economic factors		
Written treatment plan		
Consent and confidentiality		

Oral surgery and oral medicine

Subject	Priority:	Notes:
Routine extraction technique		
Local anaesthesia		
Minor oral surgery		
Complications - dry socket, post-extraction haemorrhage		
Sedation		
Biopsy		
Early diagnosis of oral carcinoma		
Referral criteria for specialist opinions		
Pharmacology and use of drugs/medicines		

Restorative dentistry

Subject	Priority:	Notes:
Moisture control		
Materials handling in conservative dentistry		
Endodontics		
Crown and bridgework		
Periodontal assessment		
Periodontal surgery		
Tooth wear- the management of erosion, abrasion and attrition		

Gerodentics

Subject	Priority:	Notes:
Implications of an aging population		
Treatment planning for partial dentures		
Problems with full dentures		
Copy denture techniques		
Domiciliary visits		
Dealing with elderly patients		
Relaxation techniques for impressions		
Aesthetics		

Children's dentistry

Subject	Priority	Notes
Preventive dentistry. Philosophy and management		
Modern restorative techniques for children		
Management of rampant caries		
Management of the nervous child		
Orthodontic assessment and diagnosis		
Orthodontic treatment planning		

Management of emergencies

Subject	Priority	Notes
Collapsed patient		
Emergency drugs and equipment		

Behavioural sciences

Subject	Priority	Notes
Communication and counselling skills		
Patient management and motivation		
Delivering prevention		
Management of anxiety		
Psychology of pain		
Stress control and relaxation techniques		

Staff management and training

Subject	Priority	Notes
Staff management and teamwork		
Chair a practice meeting		
4- handed dentistry		
Liaising with the dental hygienist		
Liaising with the technician		

Practice management

Subject	Priority	Notes
Organise, plan and manage a practice		
Use of resources, money, time, skills, practice team		
Budget forecasts		
Business plans - Accounts		
Delegation		
Responsibilities of a team leader		
Computers		
Superannuation		
Taxation		

Professional development

Subject	Priority	Notes
Clinical governance		
Peer review		
Continuing professional development		
Clinical audit		
Planning your career		
MJDF and the Faculty of General Dental Practitioners		

CLAIMING YOUR TRAVEL AND SUBSISTENCE EXPENSES

The expenses you incur attending the day release course, including the trips away from the Postgraduate Centre, can be claimed by filling in an expense claim form provided and signed by your VT Adviser.

The Adviser will go through how to complete these with you, but below you will find the appropriate claims you can make.

Please remember that these expenses are paid from the public purse, and we should try to keep claims to a minimum. Where possible you should share lifts, and you should always endeavour to buy public transport tickets in advance, when they are cheaper.

Travel

Travel in your own car	24p per mile
For each passenger also attending the course	+2p per mile
Travel by train or plane	Receipted cost of 2 nd class ticket (see above note)

Overnight allowance

When we are away on conferences your accommodation will normally be booked and paid for directly by the department. if you do NOT wish to use this means of organising accommodation then you MUST inform the VT secretary well in advance (ideally at the start of the year) **Failure to do this may mean that you are charged for the cost of the wasted booking.**

Actual cost of B&B	£55 max (Receipts must be submitted)
Informal B&B (staying with friends)	£25 (no receipt required)

The expense claim form must be signed by your VT Adviser and sent to Mrs Kate Williams at the Dental Postgraduate Department, please try to send them on a monthly basis.

PLYMOUTH/FD PAIRS

TITLE	ADDRESS	CONTACT NO	FD
Martin Buckle	42 Milehouse Road Plymouth PL3 4DA	01752 563301	Leah Sears
Simon Hall	Lynbridge House 26 West Street Tavistock Devon PL19 8AN	01822 612828	Jane Stokes
Greg O'Brien & Justin Marney	Pure Dental Care 21 High Street Totnes Devon TQ9 5ND	01803 862007	Alexander Mitchell
Malcolm Prideaux	15a Cumberland Street Devonport Plymouth PL1 4DX	01752 500992	Beverly Buahin & Jamie Durrant-Fellowes
Sacha Young	Fauchard House 53 North Hill Plymouth PL4 8HB	01752 669160	Alan Cook
Katherine Dunning	Salcombe Dental Practice Hannaford Landing Island Street, Devon TQ8 8FE	01548 844844	Anne Green
Lorna Brown	Ivybridge Health Centre/Station Rd, Ivybridge, Devon, PL21 0AJ,	01752894142	Alexandra Pointon
Andrew Coombes	Terrace Dental Care 21-23 Iddeleigh Terrace Dawlish Devon EX7 9HX	01626 889268	Katherine Tatham
Yim Sun Chan	Avenue Dental Surgery 156 Avenue Road Torquay Devon TQ2 5LQ	01803 213888	Leah Gosdon
Finley Bason	Lostwithiel Dental Surgery Station Yard Lostwithiel Cornwall PL22 0EN	01208 873290	Thomas Bartley
Laura Akast	Salisbury Villa Dental Surgery 1 Salisbury Terrace Teighmouth Devon TQ14 8JQ	01626 772751	Ryan Fisher

STUDY DAY PRACTICAL DETAILS

Start times

Study days are scheduled from 9.30 am – 5 pm unless otherwise stated. The usual study day is Thursday but this is not always the case, please check the programme for details.

Parking

Parking for each site differs in charges, so you **MUST** ensure that you carry sufficient change to purchase 'Pay and Display' tickets. I would suggest that you carry no less than £10 in change for this purpose (although the cost in most cases will be less) You will be able to claim parking charges back, but **NOT** where a penalty fee has been incurred!!!

Catering

Catering facilities vary at each venue, so details are given alongside the location map. There is a small charge for teas and coffees if you require them to be provided where there is no canteen on site.

If you have special dietary requirements, e.g. intolerance or for religious preference, please make sure that we are made aware of these

Overnight accommodation

Where overnight accommodation is required, e.g. where we attend a conference outside the region, block bookings will be made by our VT secretary. If you do **NOT** require accommodation (for example if you have friends or relatives with whom you can stay) it is **ESSENTIAL** that you let the VT secretary, Kate Williams (or her deputy whilst she is on maternity leave) If you do **NOT** inform her, and a booking is made on your behalf you will be charged for the booking and unable to reclaim the charge.

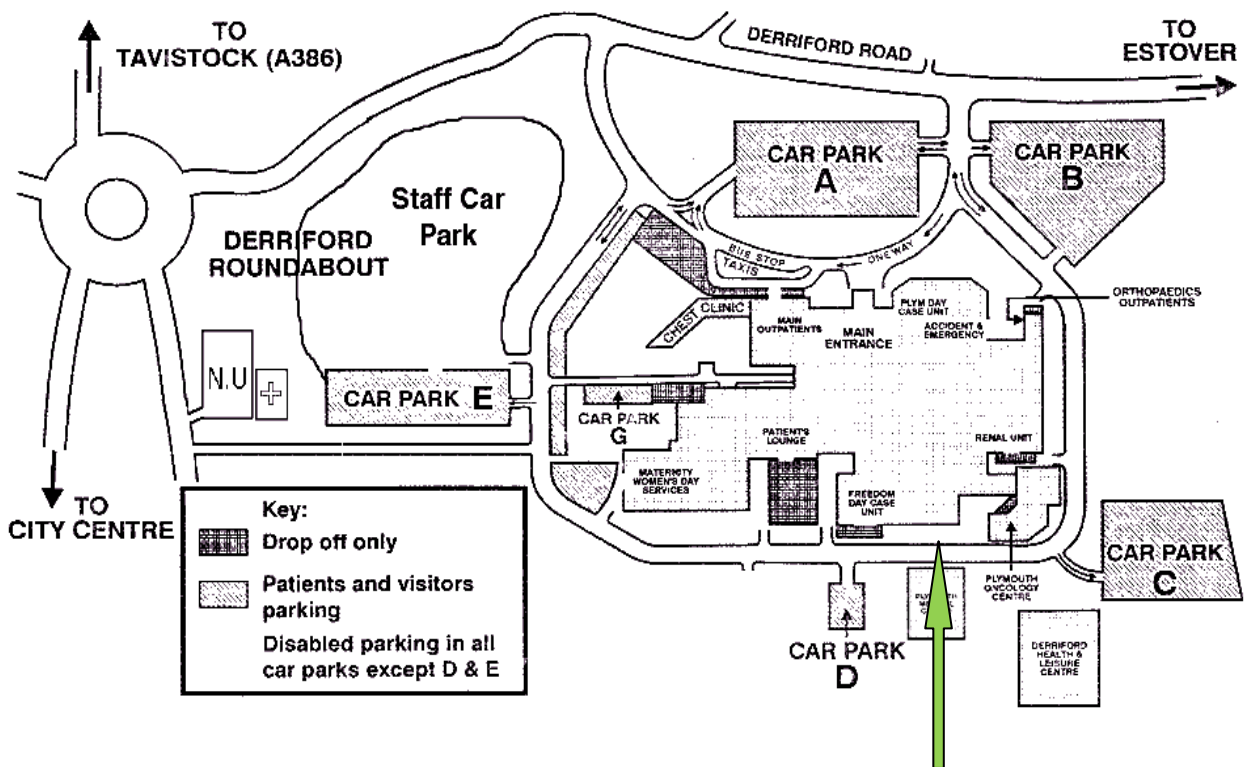
PLYMOUTH MEDICAL CENTRE

Some study days will be held at Derriford Hospital - the PRIDE unit is on Level Seven, adjacent to the Orthodontic department.

Parking is in a pay display car park used by visitors to Derriford Hospital. The car park becomes full quite early so please allow plenty of time to park

The Hospital address is:
Derriford Hospital,
Derriford,
Plymouth PL6 8DH

DERRIFORD HOSPITAL - SITE MAP



DIRECTIONS TO DERRIFORD HOSPITAL

Derriford Road, Plymouth PL6 8DH
Tel: 0845 155 8155 / 01752 202082



When travelling from Exeter:
Take the M5, and then A38 to Plymouth.
Take the A386 signposted to Tavistock.



Follow signs to Derriford Hospital & airport along Tavistock Road.
After approx 1 mile, take the third exit off Derriford Roundabout into Miller Way.
The hospital is just along this road on the right hand side.

Devonport Guildhall

realideas.org/ DevonportGuildhall

14 Free Parking Spaces

24 Free Public Parking Spaces

10 minutes walk from town

Parking for Special events only

Please note there is significant building work on Ker Street over 2010

Directions from Cornwall

- Join A38, towards Tamar Bridge and Plymouth
- Go over Tamar Bridge
- Exit onto A3064/The Pkwy towards Devonport B3396 (continue to follow A3064)
- Slight left at A3064/Wisely Road
- Turn right at B3396/Saltash Road (continue to follow B3396)
- Turn right at B3396/Park Avenue (continue to follow Park Ave)
- Continue onto A374
- Continue straight on Cumberland Street
- Turn right at A374/Cumberland Street (continue to follow Cumberland Street)
- Turn left at George Street
- Turn right onto Ker Street, destination will be in front of you, at the top of the road

Direction from Exeter

- Join A30 towards A38 Plymouth
- Take the exit onto A38
- Take the A374/B3416 exit toward Plympton/Kingsbridge/A379
- At the roundabout, take 1st exit onto A374/Plymouth road (continue to follow A374/ go through 1 roundabout)
- Slight left at Exeter Street (go through 1 roundabout)
- At St Andrews Cross Roundabout, take the 3rd exit onto Royal Parade
- Turn left at Derry's Cross
- Continue onto Union Street
- At The Octagon Roundabout, take the 2nd exit onto A374/Union Street
- (continue to follow A374/go through 2 roundabouts)
- Turn left at A374/Cumberland Street
- Turn left at George Street
- Turn right onto Ker Street, destination will be in front of you, at the top of the road

The bus information

CityBus routes 26, 34, 46, 47
 First Bus routes 3, x81 (this is from the Torpoint Ferry)

Ferry information

The Torpoint Ferries operate 24 hours a day with a half hour service between 21.30 and 6.30, every day of the year and operate to a set timetable.

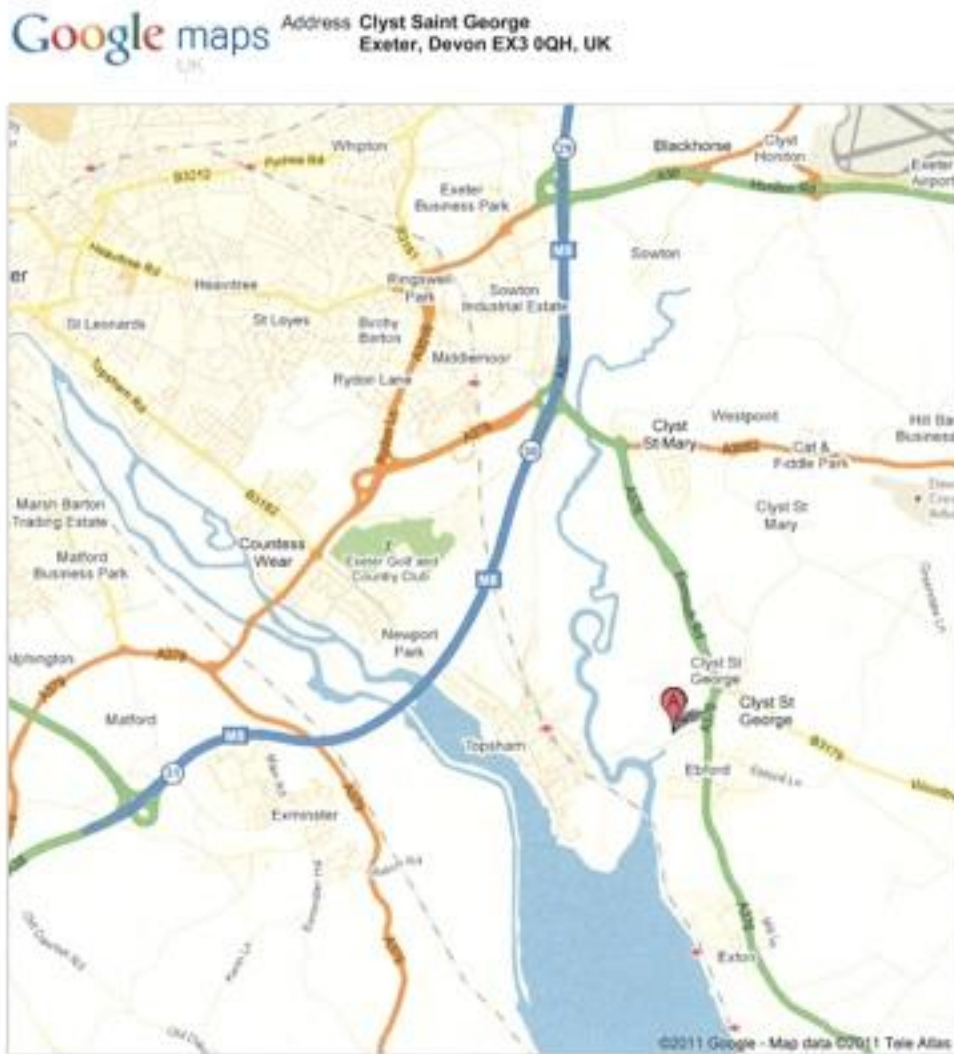
0 100 200
Metres

Parking is at the owner's risk

Darts Farm, Topsham, Devon EX3 0QH

EX3 0QH - Google Maps

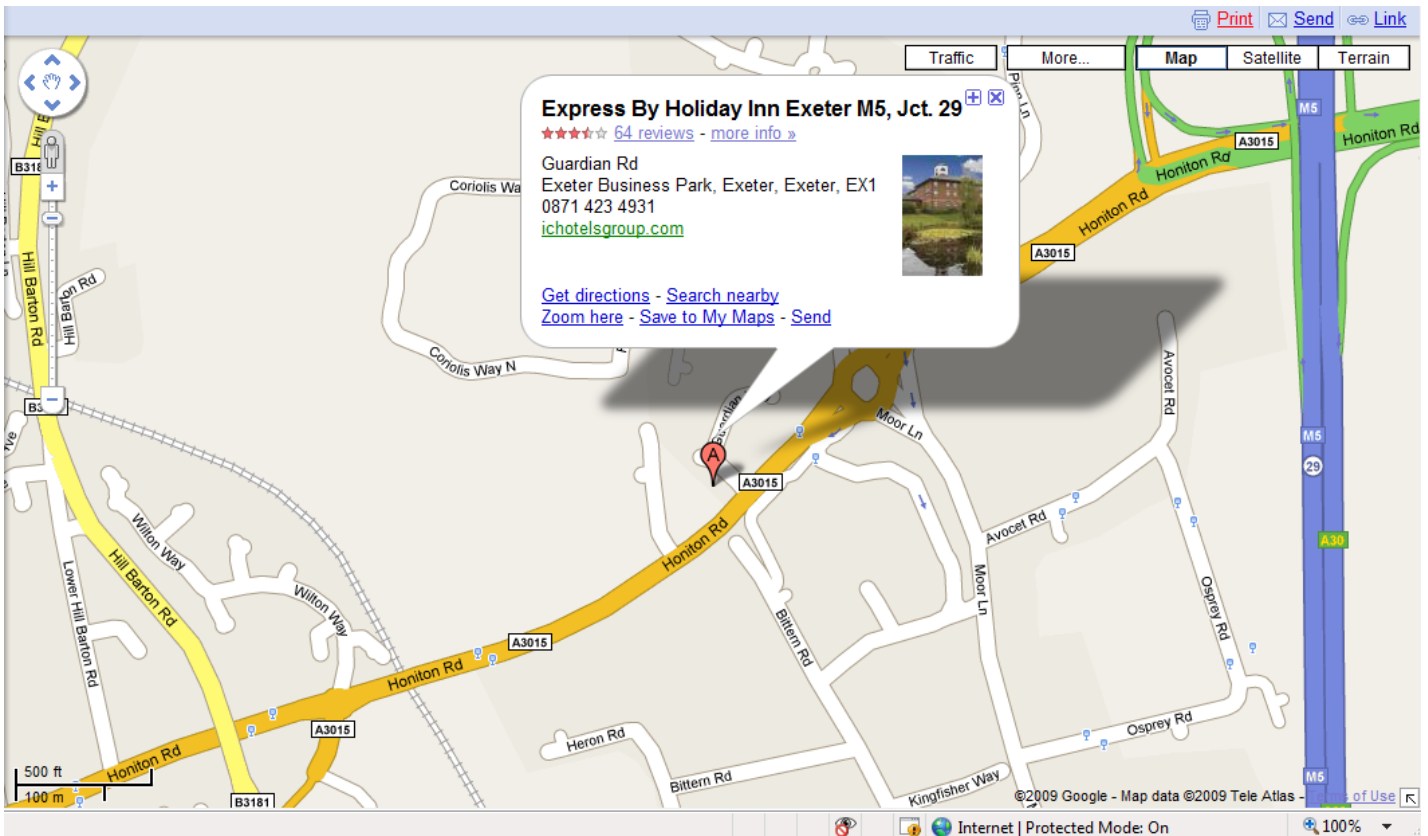
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<http://maps.google.co.uk/maps?q=EX3+0QH&ie=UTF8&hq=&hnear=Exeter+EX3+0...> 09/06/2011

DIRECTIONS TO HOLIDAY INN EXPRESS, EXETER.

Exit M5 at J29, Following signs for Exeter city centre at the roundabout.
Take the exit for Exeter city centre, take the first right into Guardian Rd. The hotel



entrance is on the right hand side.

Longleat Center Parcs

By road from the north

Go south on the M5, leave at Junction 15 and join the M4 (m32) to London and Bristol. Leave the motorway at Junction 18 and follow the A46 to Bath. Turn right onto the A4 (A36 Warminster) to Bath. After approximately 1 mile turn left onto the A36 for Warminster. Follow the A36 for 16 miles until you reach a roundabout with Esso Services. Turn right keeping on the A36 to Salisbury. After 1 mile, at the next roundabout, turn right onto the A362 to Frome. After 1/4 mile, at the Picket Post Gate roundabout turn left towards Horningsham. Center Parcs is the second turning on the left.

Alternative Route

During peak travel times, 8am-9.30am and 4pm-6pm, Bath can be very congested. Therefore, the alternative route of leaving the M4 at Junction 17 may be preferred. For directions from this junction please refer to "From London using the M4".

From London using the M3

Leave the M3 at Junction 8 and join the A303 signposted to the South West, Salisbury and Andover. After 38 miles turn left at Wylde, onto the A36 towards Warminster. After 6 miles, cross the Heytesbury roundabout keeping on the A36. After a further 3 miles, cross the A350 Blandford roundabout still keeping on the A36. After 1 mile turn left at the next roundabout taking the A362 to Frome. After 1/4 mile, at the Picket Post Gate roundabout turn left towards Horningsham. Center Parcs is the second turning on the left.

From London using the M4

Leave the M4 at Junction 17 and follow the A350 to Chippenham. Continue on the A350 to Warminster for about 22 miles until you reach a roundabout with Esso Services. Go straight over, joining the A36 to Salisbury. After 1 mile, at the next roundabout turn right onto the A362 to Frome. After 1/4 mile, at the Picket Post Gate roundabout turn left towards Horningsham. Center Parcs is the second turning on the left.

From the South West using the A303

Follow the A303 signposted Andover.

Approximately 4 miles after Mere, turn left onto the A350 and follow it to Warminster. After approximately 7 miles there is a roundabout, turn left onto the A36 to Bristol and Bath. After 1 mile turn left at the next roundabout taking the A362 to Frome. After 1/4 mile, at the Picket Post Gate roundabout turn left towards Horningsham. Center Parcs is the second turning on the left. From the South (Southampton)

Go north on the A36 to Salisbury and continue on the A36 for a further 21 miles to Warminster. Cross the A350 Blandford roundabout, keeping on the A362 to Frome. After 1/4 mile, at the Picket Post Gate roundabout turn left towards Horningsham. Center Parcs is the second turning on the left.

By Rail

The nearest mainline station is Warminster, which is approximately 3 miles away and had frequent services to London Waterloo. Westbury Station, which is approximately 6 miles away, has frequent services to London Paddington. A taxi may be taken to Center Parcs from Warminster or Westbury.