

Does going to the cinema make you smoke and drink?

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If you watch lots of movies where people smoke and drink, are you more likely to smoke and drink yourself?



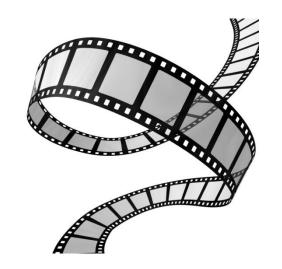
Why do we want to know?

Poor health is associated with both cigarette and alcohol use

Do movies have a role to play?



What we wanted to know.....







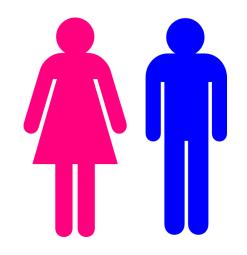






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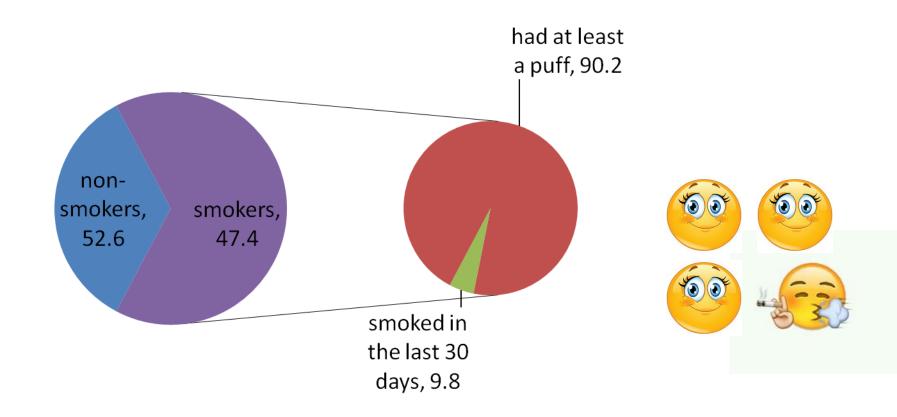






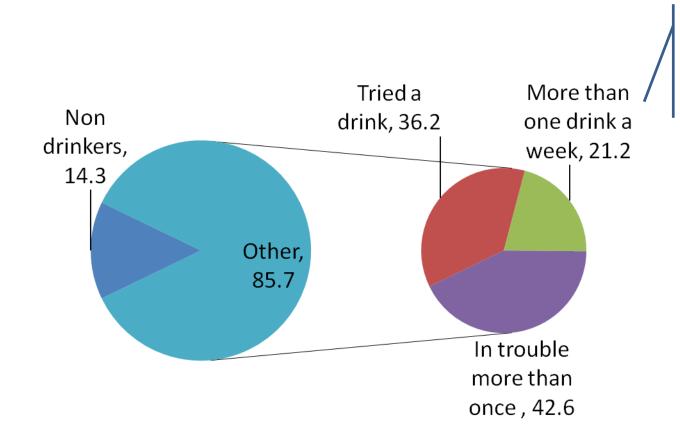


Did you and your friends smoke at 15?





Did you drink when you were 15?

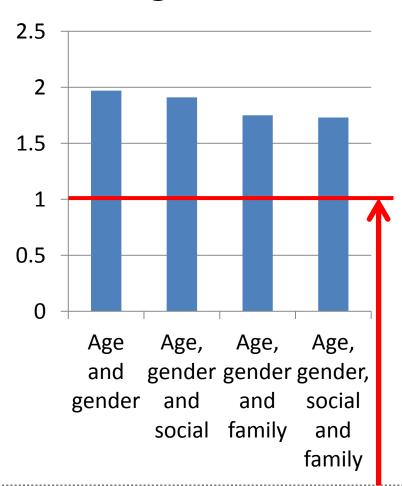


47% binge drink: more than 5 drinks in one go



Starting to smoke....

Cigarettes

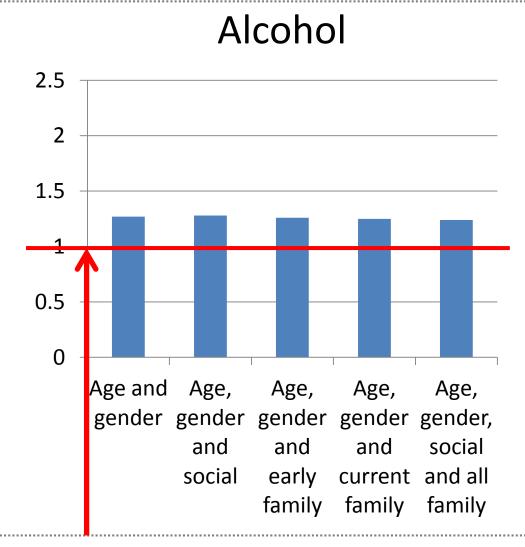


"Light" viewers (Lowest exposure)

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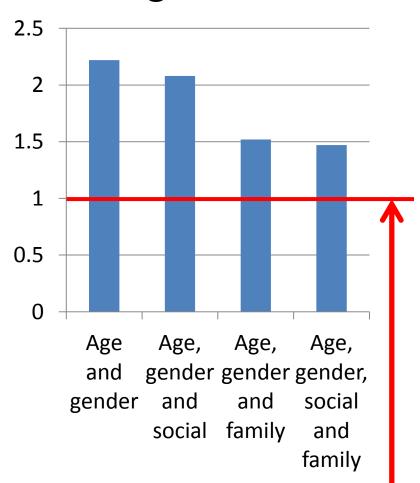
Starting to drink....





Current smoker....

Cigarettes

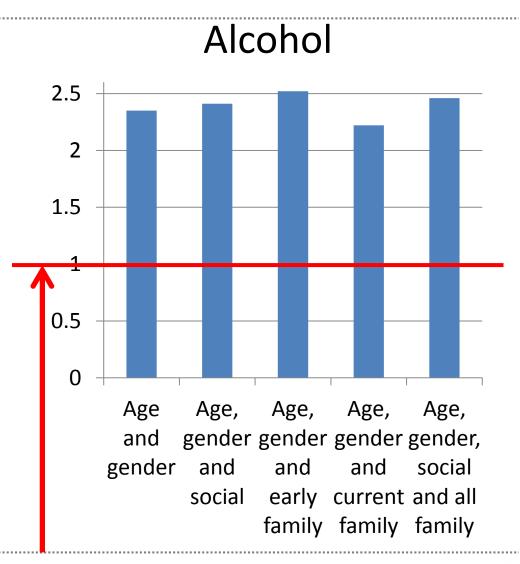


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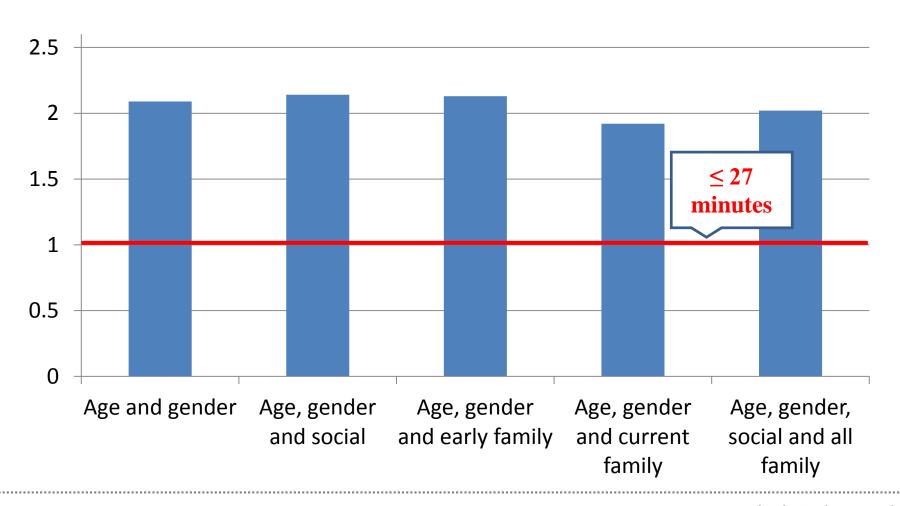


Current drinker....



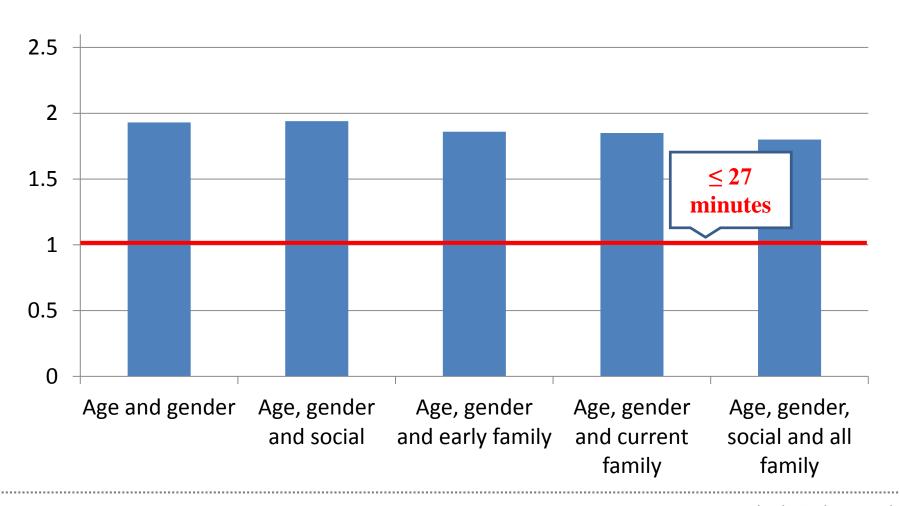


Getting into trouble?





Bingeing?





What might be happening?

Modelling

"Hello Mum. I know you walk past here. That's why I thought it'd be a good place to say, don't smoke, I'm scared that you'll die."

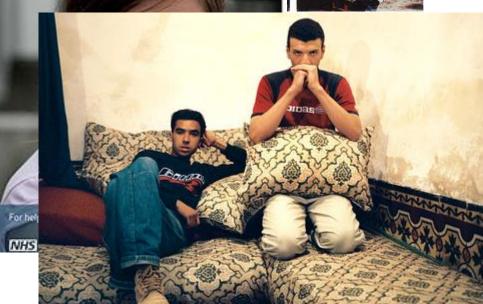




Cultivation



Transportation





Lots of movies.....





Increased risk of "trying" cigarettes and alcohol

Increased risk of being a current drinker

increased risk of getting into trouble

Increased risk of bingeing



Conclusions

 Watching cigarette and alcohol use in movies is associated with an increased risk of substance use in British adolescents

 Friends and family factors are important for cigarette but not alcohol use



With thanks to.....

- Sam Leary
- Andy Ness
- Jim Sargent



Thank you for listening

