

Welcome to Clifton ... from your neighbours

Your neighbours would like to welcome you, as a student new to Clifton, into your home here in this stunning conservation area, one of the best places to live in Bristol.

We are from the St John's Residents Association (on page 4, you can see a map of the roads we cover) and each year we want to make our students feel very much part of their local community. In doing so, we are delighted to offer you the opportunity to meet many of your neighbours on Tuesday 25 October (young and not so young!) over **a curry, pud and a pint** (and some wine) – **FOR FREE!!** You will see later in this booklet a full invitation to a fun evening especially for YOU – we do need you to tell us you're coming please by 19 October.

As well as the free evening welcome meal, we are thrilled that many of our local businesses have supported us in our work to welcome you – find out more about these businesses and the **DISCOUNTS** they are offering you later in the booklet.

On page 4 you will see too that many of your neighbours have really kindly offered to be contact points for you – aren't they amazing!! Some have even been brave enough to give us a photo! We want you to feel that if you have ANY questions (e.g. about recycling days or some tips on good local restaurants) or just to say hi, then give them a call/email. We can't cover every road, so please feel free to contact any of them with any queries you have.

We really hope you have one of the best years of your life living here, and maybe even enough to stay on more than a year or come back again soon! As your neighbours, we don't ask much of you whilst you live here – only a few simple things ... to be considerate with the levels of noise you make and to keep the front of your houses tidy and bins kept off the pavements. We all want to ensure the beautiful area we live in remains beautiful for many, many years!!

So, we can't wait to see you on 25 October and just shout if you need anything!
HAVE A FANTASTIC TIME (within reason!!!!!!).

Meet your neighbours... inside



Meet your neighbours...

We asked some of your new neighbours what they like best about living in the area, and if they had any advice for new residents. Find out what they said, and do come along and meet some of them on 25 October at our welcome evening!

Fatima and Aria are originally from Iran



Fatima and Aria (6 years old) have lived here for 3 years.

“The best thing about living here is that everything is nearby. Everyone is friendly and respectful to each other. It is also very safe here.

We really want to welcome new residents. We hope you have a lovely time here.”

Jude, Sarah and Neve (2 years old)

“The best thing about living here is being close to shops, station, Downs, and the lovely atmosphere. Everything is within walking distance. The only thing that is missing is a cinema.

This is a really nice diverse area. We have professional people, families with young children, elderly residents and the students add to this.”

Mr Singh runs the Clifton Mini Market on Alma Vale Road

“The best thing about owning a shop in this area is the clientele. They are a good crowd. Very well behaved. Everyone has good manners and we never have any trouble.

I like helping the elderly, disabled and infirm people in the area. A lot of our older residents can't make it to the main shops so we offer a delivery service for them. This is helpful when the weather is bad.



Students are our best customers. We offer them advice, support and help. We take every care to meet their needs. We really appreciate their loyalty.”

Your student representative



Dani Robbins is our student representative on St John's Road residents' association. She is invaluable in giving us a student perspective.

If you don't know who to contact about something, get in touch with Dani, and she can point you in the right direction

danielarobbins@hotmail.com

Dani is a medical student and has lived here just over a year.

Dani says, "It's a great place to live and everyone is easygoing. Just remember to be considerate about noise levels so that we don't give students a bad name! I hope you settle in well."

Rose is 85 years old and is a well known face in the area

"I've lived in the area for 49 years.

The best thing about living here are all the local amenities are nearby, shops, buses, doctors ... and of course the Downs.

It's a very friendly area and I have made lots of good friends.

I like to sit on my front wall on a sunny day and watch the world go by so if you see me stop to say hello."

Free membership of your local residents' association

The St John's Residents' Association serves the area of Clifton bounded by Whiteladies, Road Pembroke Road, Alma Road and Apsley Roads.

Our committee is formed from representatives of each road within the area and we do loads of things in the community including ensuring a really good environment, a weekly club for elderly residents, and supporting the neighbourhood watch. We're already planning for next year's Jubilee Street Party.

As a student, you will be entitled to FREE membership of our Residents Association, which includes receiving regular newsletters about our work in your local community. Simply register by contacting pandp.benham@blueyonder.co.uk

Find out more at our SJRA website is <http://www.digitalbristol.org/members/sjra/sjra.html> (note the double "r's", and also the number "1", not the letter "l").

Up your street...

If you've got ANY questions or just want to say hi, give any one of us a call – no-one lives too far away!



St John's Road,

Elinor Whitaker,

elinorwhitaker@blueyonder.co.uk

Hurle Crescent,

Helen Lancaster,

helen@crystalmarketresearch.co.uk

0117 973 4746

Pembroke Road,

Sue Pears,

s.m.pears@btinternet.com

Dorothy Field

0117 9739483

Chantry Road,

Lori McPoland,

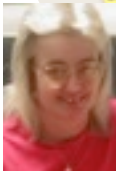
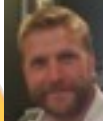
lorimcp@btinternet.com

07836 584673

Alma Vale

Darrell Rowe

vindar@live.co.uk



Pembroke Road

and **All Saints,**

Fiona Bristow,

[fiona.bristow@bevan](mailto:fiona.bristow@bevanbrittan.com)

brittan.com,

0870 194 1226

Thorndale Mews and Thorndale Court,

Ian Mitchell,

mitchthorn@talktalk.net,

0117 974 4327



St John's Road

Adrienne Howe

adrienne.howe@sky.com



Alma Vale Road,

Jonathan Jeanes

jonathan_jeanes@hotmail.com,

07803 935545



Osborne Road, Patsy

Rose

rosepatsy@hotmail.co.uk



FREE CURRY, DRINKS AND A PUD!

25

OCT

TUESDAY

Please join us for our welcome meal on Tuesday 25 October. Be there at **8pm** to register for free food and drink at the **Bristol Raj, Alma Vale Road** and then going on to the Alma Tavern for pudding.

There will be free curry and pudding, and also the first couple of drinks are on us. **RSVP by 19 October** to Adrienne Howe, adrienne.howe@sky.com and let us know of any special dietary requirements (including if you are a vegetarian). Looking forward to seeing you there!

Kindly sponsored by the Bristol Raj and the Alma Vale Tavern

A message from the UOB and UWE Community Liaison Officers

We are here to promote positive relationships between students and local residents and help ensure that you and your neighbours have a happy year. The majority of students and non-student residents live in harmony, but lifestyle differences can cause conflict so here are 10 top tips to help prevent this happening to you.

1. When you move in say a polite hello to your neighbours. Good relations with your neighbours will make your life much easier.
2. This will be your home for at least the next year, so try to become part of the community. Volunteering for community projects through your University helps you gain valuable skills which will boost your employability.
3. Take an interest and pride in your home and neighbourhood.
4. Keep your front and back gardens tidy.
5. Recycle as much of your rubbish as you can, remember to take your bins in after a collection (see information opposite).
6. Park considerately and don't block driveways or obstruct pavements. Remember emergency vehicles may need to get through.
7. Please keep noise levels down. Tell your neighbours in advance if you are going to have a party, end the party at a reasonable hour and make sure your guests to leave quietly.
8. Please be considerate to your neighbours at all times.
9. Mark your valuables with an ultra violet pen with your postcode and house number and register them at www.immobilise.com. Don't leave valuables on display and lock your doors and windows when going out. Leave a radio on when going out.
10. Visit www.bristolneighbours.com for further information and guidance or contact either Nigel England at UWE , Nigel2England@uwe.ac.uk, Tel: 0117 3281366, Nicola Minton at Univeristy of Bristol, Conduct-accom@bris.ac.uk, Tel 0117 9546640, <http://www.bris.ac.uk/accommodation/prs/community/comliv/>

Recycling made easy

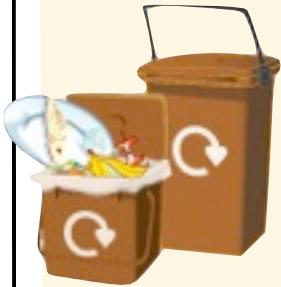
Black box collected every week for dry mix recycling: newspapers, magazines, junk mail, telephone directories, aerosols, spectacles, shoes (please place in a plastic bag to keep dry), glass bottles and jars (rinse and remove lids), foil (food trays, take away containers, kitchen foil), food and drink cans (rinse and flatten where possible), clothes, blankets and sheets (please place in a plastic bag to keep dry), and household batteries (keep together in a small bag).



What's out! Broken glass, household rubbish, window glass, plastic, cardboard (place next to food waste bin), drinking glasses, foil crisp packets, pyrex glass, cooking oil, rags, duvets, cushions

Brown bin and cardboard collected every

week for all cooked and uncooked food such as cheese, fish, bones, fruit and veg, teabags, meat, bread, plate scrapings. **Cardboard** should be flattened and placed next to your brown food waste bin, small pieces can go in the bin.



What's out! Any packaging, plastic, including plastic bags, metal and glass, any other household waste.

Black rubbish bin collected every other week

for any waste that can't be recycled.

What's out! Any items that can be recycled.

Further information: www.bristol.gov.uk/recycling New bins and boxes can be ordered from Bristol City Council's website or by ringing **0117 922 2100**.

Plastic recycling station next to Clifton Down Station/ Roo Bar. We're hoping to have doorstep plastic collection in the next year.

Getting rid of big items like furniture, or looking for some **free** furniture for your new place? Check out the local Freecycle group at <http://groups.yahoo.com/group/FreecycleBristol/>



Useful contacts...

NHS Direct on 0845 46 47

Doctors' surgeries

Clifton Village Practice, 52 Clifton Down Road, Bristol, Avon, 0117 973 2178

Pembroke Rd practice. 111 Pembroke Road, Clifton, Bristol, Avon, 0117 973 3790

Student Health Service. Hampton House Health Centre St Michael's Hill Bristol BS6 6AU, 0117 330 2720

The Family Practice. Western College Cotham Road Bristol BS6 6DF, 0117 946 6455

Whiteladies Medical Group. Whatley Road Clifton Bristol BS8 2PU, 0117 9731201

Pharmacies

Boots, 9 Clifton Down Shopping Centre, Clifton Down, Bristol, BS8 2NN, 0117 974 2896

Boots, 112 - 114 Whiteladies Road, Clifton, Bristol, BS8 2RP, 0117 973 3173

Lloyds pharmacy, Whiteladies Medical Group, Whatley Road, Clifton, Bristol, BS8 2PU, 0117 9741348

Cotham Pharmacy, 3-5 Cotham Hill, Cotham, Bristol, BS6 6LD, 0117 973 658

Buxton and Grant Pharmacy, 176 Whiteladies Road, Clifton, Bristol, BS8 2XU, 0117 9735025

Police

PC 278 Jez Burstow (0117 945 4417) is the Beat Manager for Clifton East, which includes the SJRA area

Jeremy.Burstow@avonandsomerset.police.uk

He is supported by PCSO 7068 Sue Passmore (0117 945 4455)

Susan.Passmore@avonandsomerset.police.uk

All at Redland Police Station, Lower Redland Road, Bristol BS6 6SU, telephone (non-urgent) 101 (was 0845 456 7000).

The local Police website is <http://www.avonandsomerset.police.uk>.

Churches

Alma Church, 29 Alma Road, Clifton, Bristol BS8 2ES, 0117 973 8776 <http://www.almachurch.co.uk>/ There will be a "Student Welcome" service on 9th October followed by lunch for the whole church. There will also be lunches for all students after the service on the 2nd, 23rd and 30th October.

All Saints Parish Church, Pembroke Road, Clifton, Bristol, BS8 2HY. 0117 9741355 www.allsaintsclifton.org

Pubs and takeaways

Bristol Raj, 36 Alma Vale Road, Clifton, Bristol, BS8 2HS, 0117 973 1414 and 0117 923 7969, <http://bristolraj.co.uk>

Alma Tavern & Theatre, 18-20 Alma Vale Road, BS8 2HY, 0117 973 5171, www.almataverntheatre.co.uk

**As local businesses
we would also like
to welcome you to
the area!**

Please print out a copy of these pages and bring it along to get the discounts mentioned here.

**Clifton Mini Market
Alma Vale Road**



Sam Singh offers a loyal and friendly local convenience.

Open Mon-Sat 7am-9pm. Sun
9am-7pm.

**50p Off wine and 4 beers for
£5.00 on selected brands.**

Bristol Raj



Find us at 36 Alma Vale Road, Clifton,
Bristol, BS8 2HS

**0117 973 1414 and
0117 923 7969**

<http://bristolraj.co.uk>

Clifton Rentals your only locally owned and operated property management specialist offers you three months' free property management for every new property instruction.

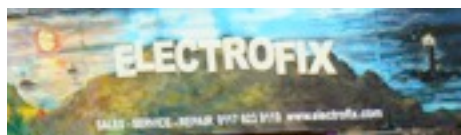
0117 911 3423

info@clifton-rentals.co.uk

29 Alma Vale Road BS8 2HL.

www.clifton-rentals.co.uk





Graham, Matt and Nagea would love to meet you in their fab shop.

"We have been here at 34 Alma Vale Road since 1985 and are very proud of it and the all the goodies we sell from Guitar strings to quality Hi Fi.

If you mention this ad when saying hello, we will give you a 10% discount on whatever you buy.

We also provide a very comprehensive repair service, mending, servicing and setting up guitars, and are happy to give advice too, we will even restring your electric or acoustic guitar for you for a fiver! www.electrofix.com

We have just launched a new shop front painted by local artists which we think looks pretty awesome! Drop in and say hello!

Hair by Altered Image is an established salon in 26 alma vale road BS8 2HY run by local residents.

Latest fashion styles for both men and women. Great favourite with students, relaxed and friendly!!

**10% Discount for students.
10% For anyone else on first visit.**

Tel. 0117 973 9763



FRESH clinics

Clinically led by expert cosmetic doctors and nurses, we aim to provide the best evidence-based non-surgical procedures available today.

33 Alma Vale Road BS8 2HL

0117 9732600

www.freshclinics.com

The Alma Tavern and Theatre

Friendly local serving good quality pub food in a relaxed traditional pub atmosphere. Smoke-free throughout with good sized beer garden and sourcing produce locally. Bristol's only theatre pub the Alma Tavern & Theatre runs a busy programme of local and national theatre groups, specialising in the production of new writing.

18-20 Alma Vale Road, BS8 2HY,

0117 973 5171

<http://www.almataverntheatre.co.uk/>