

Contents of your free UoB isolation box

On arrival at their residence, every self-isolating international student, who has let us know that they are self-isolating by ticking the relevant section in their online induction, will receive **1 each** of the following items delivered to their bedroom:

- **Bedding Pack** - 1 x Polypropylene pillow, 1 x Polypropylene Duvet 10.5 tog, 1 x Linen set containing: Duvet Cover envelope end, Fitted Sheet, and Pillowcase
- **Crockery Pack** - Knife, Fork, Tablespoon, Teaspoon, Dinner plate, Side plate, Cereal bowl, Mug and Glass tumbler
- **Food Parcel** (Contents listed below and dependent on dietary preferences)

The following items will be **shared between roughly 3-4 students**, or at least one of each for every Living Circle where a self-isolating student is allocated, delivered to kitchens:

- **Ultimate Kitchen Pack** (for self-catered kitchens) - Corkscrew, Slotted serving spoon, Slotted turner, Tin opener, Wooden spoon, Vegetable peeler, Kitchen scissors, 18cm Non-stick saucepan with glass lid, 20cm Non-stick saucepan with glass lid, 24cm Non-stick frying pan, Chopping board, Kitchen knife and Utility knife.
- **Kitchenette Pack** (for catered pantries/kitchenettes) - Tin Opener, Kitchen Scissors, Chopping Board, Utility Knife.
- **Household Pack** - Washing Up Bowl, Washing Up Liquid, Tea Towel, Surface Cleaner, Sponge, Cloth, toilet roll, female hygiene products.
- **Quarantine Cleaning Kit** - Toilet Cleaner, Disposable Vinyl Gloves, Anti Bac Handwash, Antibacterial Wipes (multipack) 2 x pk of 50 pcs, Antibacterial Surface Cleaner, Dish Cloths x2, Bin Bag 1 x 50 litre bag, Toilet Roll x 12 (3-4 rolls per self-isolating student).

The contents of your box are yours to keep and do not need to be handed back at the end of the isolation period.

Example food parcel contents (dependent on dietary preferences, some items may vary)

| Product code | Product Name | Pack size | Qty per box |
|--------------|-------------------------------------------------------------------|------------------------|-------------|
| 8354 | McVitie's Rich Tea | 1 x 1 x 24 x 200 g | 1 |
| 37885 | Kallo Traditional Grissini | 1 x 1 x 12 x 125 g | 1 |
| 44867 | NINE Peanut Seed Bar | 1 x 1 x 20 x 40 g pk | 1 |
| 61430 | Nakd Blueberry Muffin | 1 x 1 x 18 x 35 g pk | 1 |
| 79642 | FPS FRUITY OAT BAR | 1 x 1 x 200 x 32 g pk | 1 |
| 84796 | Nakd Lemon Drizzle Bar | 1 x 1 x 18 x 35 g pk | 1 |
| 60979 | Nestle Crisp rice | 1 x 1 x 6 x 500 g pk | 1 |
| 1023 | SIMPLY FRUITY 85G | 1 x 1 x 18 x 85 g ea | 1 |
| 54090 | Wicked Cake Co. Oaty Flapjack | 1 x 1 x 30 x 105 g pk | 1 |
| 92410 | SOREEN BANANA LBOX LOAVES | 1 x 1 x 30 x 30 g pk | 1 |
| 32287 | Princes Mango Slices in Juice | 1 x 1 x 6 x 432 g pk | 1 |
| 9476 | Heinz Beanz Snap Pots | 1 x 1 x 6 x 4x200 g | 4 |
| 17571 | Napolina Five Bean Salad | 1 x 1 x 6 x 800 g | 1 |
| 29043 | Heinz Spaghetti in Tomato Sauce | 1 x 1 x 24 x 400 g | 1 |
| 36696 | Cannellini Beans in Water | 1 x 1 x 6 x 800 g | 1 |
| 37010 | Young Green Jackfruit In Brine | 1 x 1 x 24 x 565 g pk | 1 |
| 42360 | Cirio Passata | 1 x 1 x 6 x 1 Kg pk | 1 |
| 81234 | Sweetcorn | 1 x 1 x 12 x 340 g pk | 2 |
| 81400 | Processed Peas | 1 x 1 x 12 x 400 g pk | 2 |
| 20719 | Compleat Vegetable Chilli | 1 x 1 x 24 x 300 g | 2 |
| 33924 | One Meal Pilau Rice | 1 x 1 x 1 x 24 Ea pk | 2 |
| 28894 | Heinz Vegetable Soup | 1 x 1 x 24 x 400 g | 2 |
| 33568 | Instant Spring Vegetable Soup | 1 x 1 x 20 x 95 g pk | 1 |
| 625 | Golden Wonder Crisps Salt & Vinegar | 1 x 1 x 48 x 32.5 g | 2 |
| 60134 | Snacking Essentials Nutty Mix | 1 x 1 x 12 x 100 g ea | 2 |
| 60220 | Alpro Sweetened Soya Milk | 1 x 1 x 8 x 1 Ltr pk | 2 |
| 16093 | KTC Vegetable Oil. | 1 x 1 x 6 x 1 Ltr Bot | 1 |
| 33391 | Triple LionThree Colour Quinoa | 1 x 1 x 12 x 500 g pk | 1 |
| 89389 | Sunpat Crunchy Peanut Butter | 1 x 1 x 6 x 400 g pk | 1 |
| 14428 | Alpro Soya Dessert Chocolate 125g | 1 x 1 x 6 x 4x125 g pk | 4 |
| 81100 | Noodles Rice Vermicelli Stir | 1 x 1 x 30 x 400 g Box | 1 |
| 81127 | Noodles Udon Japanese Fuku | 1 x 1 x 10 x 600 g Bag | 1 |
| 1170 | One Meal Vegetarian All Day Breakfast | 1 x 24 x 300g | 2 |
| 23358 | TWIN EVERYDAY TEA TAGS & ENV\$ | 1 x 1 x 6 x 50x2 g | 1 |
| 40855 | FRUITY POT PEACH AND PEAR IN JUICE | 18x 113g | 1 |
| 40857 | FRUITY POT PINEAPPLE IN JUICE | 18x 113g | 1 |
| 40880 | FRUITY POT MANDARIN IN ORANGE JELLY | 18x 120g | 1 |
| 55032 | Orange Juice From Concentrate.. | 12x1L | 1 |
| 87948 | Lyons Rich Roast Instant Coffee Granules 100g | 12 x 100g | 1 |
| 50639 | Flora Original Sunflower Spread 250g | 1 x 1 x 8 x 250 g pk | 1 |
| 36332 | Emily Fruit Crisps Crunchy Apple | 14 x 15g | 1 |
| 36883 | Emily Veg Crisps Crunchy French Beans Sugar Snap Peas and Edamame | 12 x 23g | 1 |
| 6529 | Silken Tofu | 1 x 1 x 12 x 349 g pk | 1 |
| 18823 | Light Soy Sauce | 1 x 12 x 150ml | 1 |
| 8318 | Jacob's Cream Crackers | 1 x 1 x 24 x 200 g | 1 |